While the University Police Department Emergency Management Division is here to support all of your preparedness needs, there are many other organizations that can also provide valuable preparedness-related information. Here are just a few:

READYCOLORADO
www.readycolorado.com

READY.GOV
www.ready.gov

NATIONAL WEATHER SERVICE (NWS) & NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION (NOAA)
www.weather.gov

GOVERNOR’S OFFICE OF HOMELAND SECURITY
www.dhsem.state.co.us

AMERICAN RED CROSS
www.redcross.org/co/denver

FEDERAL EMERGENCY MANAGEMENT AGENCY (FEMA)
www.fema.gov

COMMUNITY EMERGENCY RESPONSE TEAMS (CERT)
www.fema.gov/community-emergency-response-teams

CENTERS FOR DISEASE CONTROL (CDC)
www.emergency.cdc.gov

At the Anschutz Medical Campus contact University Police:

Emergency: (303) 724-4444
or
Dial 911 from a campus phone
Non-Emergency: (303) 724-2000

Campus Emergency Info:
(877) INFO-070
www.ucdenver.edu/alert

Web: www.ucdenver.edu/police

Scan the QR code above to save the University Police contact information to your cell phone or other mobile device.

At the Auraria & CU Denver Campuses:

Denver Police at 911
To reach the AHEC Police Department call:
Emergency: (303) 556-5000
or
911 from any Auraria campus phone

Campus information line: (303) 556-2401
Before an emergency or disaster strikes, we must all take responsibility for our preparedness and safety. The first-responder community will always come to our aid, but in the time leading up to, and immediately after, a calamity occurs we should all strive to be aware, be prepared, and be ready. Some of the critical things that each of us can do to increase our personal preparedness and resiliency include:

- **Stay Alert!** Pay attention to your surroundings, and if you see something suspicious, out of place, or potentially dangerous, contact campus police.

- **Be Aware.** Know what potential hazards and threats might impact you, your office, the campus, your home, etc. Knowing what the threats and hazards are will lead to better training, planning, and reactions in the face of danger.

- **Have a plan & know your plan.** Know how to evacuate and how to shelter in place, and know when it’s appropriate to do one or the other.

- **Build a personal preparedness kit.** Have prepared kits readily available in your office, vehicle, and your home, so that you can just grab and go during an emergency. Kits are surprisingly inexpensive to build, and can make a big difference during and after an emergency.

- **Know the numbers to call.** Have contact information for friends, family, your doctor, the daycare, and of course, campus police.

We All Have a Role in Personal Preparedness

**Build a Kit**

WHAT’S IN A PREPAREDNESS KIT?

A personal or family preparedness kit should be tailored for you and your family’s needs. While there are many great pre-packaged kits available in stores and on-line, it can be significantly less expensive to build your own, and this allows you to make your kit work best for you.

SUGGESTED EMERGENCY KIT ITEMS:

A FEW ESSENTIALS
- Water
- Granola Bars
- Fruit Snacks
- Flashlight & Batteries

FIRST AID SUPPLIES
- Band-Aids
- Wet Ones Sanitizing Wipes
- Large Gauze Pads
- Small Gauze Pads
- Antibiotic Ointment

PERSONAL HYGIENE ITEMS
- Facial Tissues
- Toothbrush & Toothpaste
- Hand Sanitizing Wipes
- Bar Soap

OTHER GOOD ITEMS TO INCLUDE:
- Hand-crank NOAA weather radio
- Glow sticks
- Safety whistle
- Prescription medication
- Tylenol and/or Ibuprofen
- Extra clothing & good shoes
- Blankets
- Cell phone charger
- Extra cash
- Copies of personal documents
- Identification
- Family/Emergency contact information

Make a Plan

BE PREPARED, PLAN FOR EMERGENCIES, AND STAY INFORMED ABOUT EMERGENCY CONDITIONS.

Having a plan before disaster strikes is critical to keeping you and your family safe when the unthinkable happens. Knowing where you will meet, how to make contact with each other, how you will reunite, and what other actions you might take, can go a long way to ensure that you and your family are safe. Once you have a family or personal plan in place, make sure everyone understands the plan, knows the plan, and practices the plan, in order to stay safe.

It is also important to know the plans that are in place at work and school. Talk to supervisors and co-workers to find out what plans exist, where to go during an evacuation, where to go to shelter-in-place, and how to determine which is appropriate. Make sure that you know the best routes out of your work area, and the best areas to hide if there is an instance of workplace violence, active shooter, or severe weather incident.

Maintain Awareness

KNOW WHICH THREATS AND HAZARDS YOU ARE LIKELY TO FACE.

Being familiar with the threats and hazards in your area is critical to being prepared. Don’t overlook the value of alerts and warning services for your mobile phone that can tell you when severe conditions are coming. The National Weather Service and Red Cross are suggested mobile apps to consider.