Excellence in human caring celebrated at Nightingale Awards

“Each of us has a spark of life inside us and our highest endeavor ought to be to set off that spark in one another.”

-- Florence Nightingale

By Kenna Bruner

When the 19th annual Nightingale Awards for Excellence in Human Caring were presented May 8, the University of Colorado Health Sciences Center, the School of Nursing and their affiliates were well represented.

Two SON alumae, Roxie Foster and Jane Anne Hollandsworth, were selected as recipients of the prestigious award for their contributions to the profession of nursing. Among the finalists were Lynne Hedrick, an

SON alumna, and Elaine Cohen, who works at the University of Colorado Hospital.

Roxie Foster, MS '81, PhD, '90, FAAN, is associate professor at the School of Nursing and holds a endowed chair in Pediatric Nursing at The Children’s Hospital, where she is also clinical director of Pain Consultation Services.

Jane Anne Hollandsworth, BS, '66, retired in January 2004 as director of Family and Community Health for the Pueblo City/County Health Department. Read her interview on page 9.

Elaine Cohen, EdD, FAAN, is director of Case/Utilization Management, Quality and Outcomes at University of Colorado Hospital and an associate professor adjunct at the School of Nursing. See interview with her on page 4.

Lynne Hedrick, MS, '90, is senior vice president of Patient Care Services and chief nursing officer at The Children’s Hospital. Turn to page 4 for an interview with her.

The award honors outstanding Colorado registered nurses who strive for the highest ideals in the profession of nursing. They epitomize the philosophy and passion of Florence Nightingale, a 19th century nursing pioneer.

Awards were presented at a black tie event held at the Renaissance Hotel in Denver. Six award recipients were chosen from 15 finalists, who were selected from 309 nominees. Each recipient received The Nightingale sculpture created by Colorado artist Jan Searle-Kubby.

The awards were presented by Sara Jarrett, EdD, president of the Colorado Nurses Foundation, and

Continued on page 6

2004 Convocation ceremony showcases student and faculty talent

More than 700 family and guests joined graduates and SON faculty and staff for the 2004 Convocation ceremony held May 28 in the campus quadrangle.

Of the 171 graduates receiving degrees, there were 119 bachelor's degrees; 11 Doctor of Nursing (ND) degrees; 37 masters degrees; and four PhDs.

In addition, 42 ND students were awarded the BS degree midway through their program, which will provide them with a universally recognizable credential for applying for employment in nursing prior to their completion of the ND degree.

Faculty awards at Convocation included:

Cathy Thompson, PhD, assistant professor, was recognized as the recipient of the President's Excellence in Teaching Award, which she received earlier in the day at the campus Commencement Exercise.

Mary Beth Makic, MS, senior instructor, was recognized as the recipient of the Chancellor's Teaching Recognition Award.

The Dean's Award for Leadership went to three faculty members:

Gayle Preheim, EdD, associate professor and director of the BS Program, made major contributions to the SON through outstanding leadership as chair of the School's 2004 steering committee for accreditation by the Commission on Collegiate Nursing Education;

Jurate Sakalys, PhD, professor, made major contributions to the SON through her outstanding and continuous leadership of accreditation and, in particular, as chair of the School's 2003 NLNAC Accreditation Steering Committee. Her leadership ensured ongoing accreditation by the National League for Nursing Accrediting Commission, Inc. Dr. Sakalys also provided guidance and mentorship of other faculty who will continue the School's accreditation efforts;

Marlaine Smith, PhD, FAAN, professor and associate dean for Academic Affairs for major contributions to the SON through her outstanding leadership as chair of the

A Family Affair —

Jill Olvey received her master's degree and her daughter, Ashley Olvey, received her bachelor's degree at this year's convocation.

Read more on page 4.

Continued on page 6

Hall of Fame Bound!

See back page
Message from the Dean

Dear Colleagues,

The University is undergoing some important changes and I want to share them with you.

As of July 1, 2004 the University of Colorado Health Sciences Center (HSC) and CU-Denver (UCD) were merged under a resolution passed unanimously by the university’s Board of Regents on June 30. Our new entity will be called the University of Colorado at Denver and Health Sciences Center.

The merge holds the possibility of substantial gains for the two campuses, according to Chancellor James Shore and other officials. This includes plans for the first school of public health in the Rocky Mountain region and we expect there will be gains for nursing, including easier cross registration for our students who have been taking courses at UCD, with easier transferability of course credits, increased interdisciplinary research and joint initiatives, and opportunities for faculty to have joint appointments.

Another important change in the University of Colorado System was the granting of Enterprise Status to the University by unanimous approval of Colorado’s Legislative Audit Committee on August 24 of 2004. Enterprise status is allowed for government agencies that receive less than 10 percent of their revenue from state and local governments and that have the ability to raise revenue bonds.

In 2004-05 the university’s state appropriations are $153 million, representing only 8.76 percent of the University’s total budget of $1.8 billion. This is well under the 10 percent threshold.

According to Betsy Hoffman, the president of CU, enterprise status will allow the university to move forward with important business opportunities, including construction of academic facilities at our Fitzsimons campus. It also will allow the university to raise tuition above the 11 percent inflation factor allotted in 2004-05 to non-enterprise state colleges and universities. Such an increase makes scholarship support for our students increasingly important. It is ongoing gifts to the school from our alumni and friends that provide these needed funds.

Looking ahead, the year 2005 marks two important milestones: the School of Nursing's 30th anniversary of the National Primary Care Nurse Practitioner (NP) education in the U.S. and the 40th anniversary of the National Primary Care NP Symposium. The first NP program in the U.S. was here at CU! It prepared Pediatric NPs and was started here at our school by then faculty member Loretta Ford, EdD, FAAN, and her colleagues in the Division of Community Health Nursing in collaboration with (the late) Henry Silver, MD, of the Department of Pediatrics in the School of Medicine.

The NP Symposium has been held annually by the School of Nursing since the school first initiated it in 1975.

In October, the school held a kick-off dinner to begin planning events to celebrate these 2005 anniversaries. Attendees included early NP graduates, practicing NPs, School of Nursing faculty and special friends of Dr. Ford, who was the honored guest of the evening. The 2005 events will include two events at the July 2005 NP Symposium, a festive Friday night alumni reception and a Saturday evening gala filled with NP history, camaraderie, and surprises. Please stay tuned for future announcements about these and other NP events in 2005 and join the School of Nursing in celebrating these important anniversaries for NP education in the U.S.

SON Receives Accreditation from AACN’s Commission on Collegiate Nursing Education (CCNE)

It is now official! The School of Nursing has been granted an initial five-year accreditation from CCNE for the school’s BS, ND and MS degree programs, extending to December 31, 2009. This is the maximum number of years granted for a school receiving CCNE accreditation for the first time and there were no citations.

In 2003, the SON received a full eight-year re-accreditation from the National League for Nursing Accrediting Commission (NLNAC) for the three academic programs.
School receives Helene Fuld Endowment Grant for BS student scholarships

Earlier this year the School of Nursing was awarded a $547,500 endowment grant from the Helene Fuld Health Trust. The grant will fund financial aid for students enrolled in the school’s baccalaureate nursing program, according to Marlaine Smith, PhD, FAAN, professor and associate dean for Academic Affairs.

The Helene Fuld Health Trust Scholarship Fund for Baccalaureate Nursing Students will provide $500,000 over a three-year period to be held as a permanent endowment fund, from which only the annual income from the fund may be expended. The endowment will provide approximately $25,000 a year in scholarships to support students seeking a BS degree in nursing.

“We submitted a competitive application for this award,” said Dr. Smith. “The application asked for detailed information about our BS program and faculty so this award is a recognition of all of us.”

Nine of the first 12 scholarship recipients were honored at a reception held Dec. 3 at the school. They received scholarships varying from $2,000 to $2,500.

The 12 recipients include seven traditional BS nursing students: Stephanie Hagdorn, Robert Gaiser, Kyung Min, Carmencita Lorenzo, Helen Gebre, Stephen Booth and Tamara Trinder; two accelerated BS students: Andrew Jacobi and Robert Renfroe; one RN to BS student: Beverly Gamu; and two ND students in the preBS curriculum: Nancy Fiator and Cari Wiley.

Patricia Moritz, PhD, FAAN, dean, commented, “It is just delightful that these awards are available to our students to help facilitate their education so they can be active and productive nurses when they graduate.”

The Helene Fuld Health Trust, administered by HSBC Bank USA, Trustee, of New York City, is the nation’s largest private funder devoted exclusively to nursing students and nursing education. In June 2003, the trust sent out requests for proposals to 15 selected nursing schools with well-respected baccalaureate nursing programs, with the intent of awarding up to 10 endowment grants. The grants are intended to create endowments that will provide continuing financial aid to students seeking a baccalaureate degree in nursing.

The School of Nursing is honored to have been selected as one of the 10 grant recipients.

Paralyzed Veterans Association awards scholarship to master’s student

The first recipient of a Paralyzed Veteran’s of America (PVA) Scholarship to the School of Nursing is Kelly Mowrey, an adult nurse practitioner student in the school’s Master of Science program. She will receive a $2,000 scholarship to support her education.

PVA has been providing an annual gift to the School of Nursing to build a Paralyzed Veterans of America Scholarship Endowment Fund to award scholarships to master’s students who have a clinical focus of working with spinal cord injury or disease; whose research interest is in critical care, trauma, or rehabilitation care of spinal cord injury or disease; or who is employed or has an employment assignment at a Veterans Administration Hospital.

Mowrey was presented the scholarship at a reception held Dec. 8 in the school’s Community Room. James Sack, President (right, front row) and Dr. Marlaine Smith, Dean Pat Moritz, and Dr. Kathy Magilvy (back row).

Kelly Mowrey is a nurse on an acute spinal cord injury (SCI) unit at Craig Hospital. She is a leader at Craig, working to improve nursing practice through creating evidence-based practice policies and procedures and encouraging her work group to obtain certification in neuroscience nursing. Kelly is at the “top” of Craig’s clinical ladder, elected to the Nursing Practice Council, a member of key hospital committees, a clinical expert related to symptom management in SCI, and an active participant in several nursing organizations. She shares her expertise with others through precepting undergraduate nursing students and writing educational pieces for the monthly hospital newsletter. She is interested in nursing research related to decreasing the rate of urinary tract infections for those with SCIs and plans to pursue doctoral education in the future.

Friends of Nursing (FON) awards 2004 scholarships

The School of Nursing is pleased to announce the 2004 Friends of Nursing (FON) Student Scholarship recipients. Seven students from the school received scholarships for the 2004-05 academic year. Recipients included:

Deborah Awoniyi-Obrimah, MS student, Lila B. Kinney Scholarship
Tanya Dodge, BS student, FON Scholarship
Gary Laustsen, PhD student, Ruth Harboe Memorial Scholarship
Jaami McClellan, ND student, FON Scholarship
Jennifer Neumann, BS student, FON Scholarship
Cynthia Thomas, PhD student, St. Luke’s Alumni Scholarship
Christina Walker, recent ND graduate and current MS student, FON Scholarship

Clare Sandekian, MS ’69, past president of FON and the current liaison to the SON, commented, “The Friends of Nursing has given nearly one million dollars in student scholarships to Colorado nursing schools since the beginning of its 20-year scholarship program and will continue to provide annual scholarships to students in Colorado’s seven baccalaureate and higher education nursing institutions.”

The 2004 scholarships were presented at the Friends of Nursing Scholarship Awards Luncheon held April 3 at the Pinehurst Country Club and emceed by CBS4 news anchor Molly Hughes.

Dean Patricia Moritz, PhD, FAAN, attended the luncheon and commented, “Friends of Nursing provides an incredible benefit to nursing by awarding scholarships to currently enrolled students of Colorado nursing programs. This support makes it possible for some students to be able to attend school and others to go full-time and finish in a timely manner and be active in clinical practice quicker.”

The mission of the FON is to advance professional nursing by providing scholarships for quality education in baccalaureate and higher degree programs in Colorado schools of nursing.
A Passion for Case Management

For Elaine Cohen, being named a finalist for this year’s Nightingale award was the highlight of her career. The awards banquet was made even more special because her mom, a retired nurse, traveled from New York to celebrate with her.

A nurse for 30 years, Cohen, EdD, FAAN, is director of Case/Utilization Management, Quality and Outcomes at the University of Colorado Hospital and an associate professor adjunct teaching case management at the School of Nursing. She credits her mom with getting her started on her own nursing career.

“It just being nominated by my peers and staff was such an honor and a phenomenal experience for me,” said Cohen. “At the banquet they asked all the nurses in the room to stand and be acknowledged. When my mom stood up, I got really emotional. It was such a special evening to have her there and to be surrounded by all those nurses celebrating along with me.”

To say Cohen is passionate about her work in case management is not an overstatement. She was one of the first nurses in the country to come up with a cost accounting methodology to look at the cost effectiveness of this particular approach to patient care. Cohen has written numerous publications and textbooks on nursing case management and has received two American Journal of Nursing Book of the Year Awards. She and her team are recognized for playing an integral part in the delivery of excellent patient service.

Case management has been my life’s work,” said Cohen. “I’m very passionate about care delivery models and the way we deliver care to patients.”

Her multidisciplinary approach to nursing case management program, Triad Case Management Model, received the American Organization of Nurse Executives’ Organizational Innovation Nurse Director Award. She considers her professional role to be that of a bridge between academia and service. Another area of concentration for Cohen is nursing leadership.

“It’s so crucial to have good leaders, to mentor leaders and bring nurses along the leadership route so that we can make more of the contributions and gains we’ve already made to health care,” she said. “I love the leadership role that I have.”

Leadership by example

No bones about it, Lynne Hedrick is passionate about nursing. Her passion shows in the way her words tumble out in a rush when she talks about being an advocate for patients and their caregivers.

Feisty and outspoken, Hedrick, MS, 90, punctuates her comments with a chuckle, immediately putting people at ease. If there’s a common thread running through her work, it would be her dedication to the nursing profession.

“What keeps me going is the mission of what we do and the people who accomplish it,” she said. “That just jazzes me. It really does. I care about people. That’s why I went into nursing.”

As senior vice president of Patient Care Services and chief nursing officer at The Children’s Hospital, Hedrick is part of the hospital’s executive management team. She’s responsible for nursing and patient services which includes pharmacy, respiratory care and family services.

Hedrick was thrilled to be a finalist for the Nightingale award in this year’s group of outstanding nurses. She considers herself a champion of nursing, willing to go to the mat for a cause. She is persistent in finding solutions to tough issues and works to promote legislation that will have a positive impact on the nursing profession.

“I’m a straight shooter and I don’t pull punches, but I care deeply about people,” she said. “The minute you don’t have a strong sense of caring then you’re in the wrong place.”

As she rose in leadership roles during her 30-year nursing career – from manager to director to executive – Hedrick realized that each new position became more service-oriented. Her leadership skills earned her the Children’s Choice Award from The Children’s Hospital.

At the end of the day, what still matters most to her are the people, whether patients, nursing staff, family or friends.

“Nursing is relationship-based,” she said. “You can’t be a nurse unless you have a loving care for people. That’s what motivates me to do all I can to help the nurses who truly do the direct care for our patients.”

Mother and daughter graduate together

By Kenna Bruner

This year’s convocation was a family affair for two School of Nursing students. At the May event, Jill Olvey received her master’s degree as a family nurse practitioner and her daughter, Ashley Olvey, received her bachelor’s degree in nursing.

The two Olveys were more than mom and daughter in school; they were study buddies with a 24-hour, help-desk relationship. Although they did not attend the same classes, Jill and Ashley were on-call for each other for homework help or tech support. From physiology to computers, together they rejoiced in their academic accomplishments and commiserated during the difficult days.

Since Jill had the benefit of prior experience as an undergraduate, she was able to share her nursing school experiences with Ashley.

“I knew what she was going through, because I’d been there and could help her,” said Jill.

After graduating, and coming up against a limited year in her acute care nursing career working in an intensive care unit, Jill was ready to make a change. Getting her master’s degree seemed the logical next step. It just so happened that Ashley began working on her bachelor’s degree at the same time.

While Jill helped her daughter navigate the complexities of nursing school, Ashley helped her mom learn to use a computer.

“Now I can look back and laugh, but learning the computer was a real issue for me. It was quite stressful,” said Jill. “Going back to school after being out for so long was a challenge, too.”

As a nurse practitioner at Pike’s Peak Nephrology Clinic in Colorado Springs, Jill enjoys the responsibility and autonomy of making decisions about patients’ care, diagnosis and treatment, in collaboration with a physician.

Ashley is working in medical oncology at Rose Hospital and starts work this fall on her own master’s degree. Her longrange plan is to specialize as an acute care nurse practitioner. She credits her mom for her decision to go to graduate school.

“A nurse practitioner is a true champion of nursing, willing to go to the mat for a cause. She is persistent in finding solutions to tough issues and works to promote legislation that will have a positive impact on the nursing profession.”

She’s been an amazing role model for me,” Jill said. “If mother and daughter graduating at the same time wasn’t cause enough for celebration, Jill’s son, Tyler, graduated from high school that same weekend. Graduations were made even more special for the Olveys, as Ashley was co-president of her senior class and accepted the diploma for her class; Tyler graduated third in his class and is now at the U.S. Naval Academy; and Jill was chosen to accept the diploma for her class.

“We pushed each other to succeed,” said Jill.

Guidance that Jill would like to give her daughter about pursuing a career in nursing is the same advice that she would pass on to any nurse: Find your passion, whether it is patient care, quality assurance, teaching or management.

“Nursing is a field where you just can’t be there if you’re unhappy,” she said. “When the joy is gone, it’s not good for anybody. That’s why I went back to school and it’s made all the difference. I hope Ashley finds her own niche where she can have that kind of passion in her career.”
Kowalski is 7th Annual Lola M. Fehr Lecturer

Karen Kowalski, PhD, FAAN, is well educated, bright and passionate—and she's a great storyteller.

Her April 29, 2004, lecture for the 7th Annual Lola M. Fehr Lectureship, titled "Storytelling: A Tool to Communicate the Intellectual Work of Nursing," gave the audience of nearly 100 insight into a masterful tool for education, training—and understanding.

"Stories used in training, teaching or sharing of a vision should call people to action," said Dr. Kowalski. And that's exactly what her stories do.

One of her favorite stories is about her first day as an Army Nurse Officer at the Third Surgical Hospital in South Vietnam in 1966.

"This was the first time I remember an awareness and understanding of confidence in the face of incredible obstacles," said Kowalski. "After spending the first 10 months of my nursing career in labor and delivery at Indiana University, I volunteered for Vietnam. In basic training no one ever asked me if I could start an IV or draw a tube of blood. At that time, Indiana University had the largest medical school class in the U.S., and nurses did nothing that interfered with medical education. Thus, I had never started an IV or drawn blood.

"When I arrived in Saigon, they sent me and another nurse to the Third Surgical Hospital, in the 173rd Airborn Brigade. On our way, an MP wanted to know where we were going and assured us if there was anything he could do for us we should just give him a call. He saluted smartly and said, 'CAN DO.'"

"I found out later that the 173rd was known as the 'CAN DO' brigade. After we got to the hospital, a sergeant yelled out, 'Incoming wounded.'"

"When the chief nurse said, 'Come on,' I tried to explain that I only knew how to deliver babies, but she led me by the arm over to Preop."

"There were more than 30 incoming wounded, some seriously. She told the sergeant to call headquarters and tell them the Third Surg needed blood. She said to me, 'Lieutenant, you are responsible for drawing 50 units of fresh whole blood.'"

"I was shocked, since I had never drawn a tube of blood, but found a soldier in PreOp who was already putting up IV poles. I started to help and soon heard trucks out back.

"Out of two huge Army trucks jumped kids, 17, 18, 19, and 20 years old, covered with mud. I looked at them, at the clean cement floor, and said, Where have you boys been?"

"One soldier saluted and said, 'Ma'am, we just came in from 30 days in the field and we have not had a hot meal or a shower, but Sergeant Major said the Third Surg needs blood!' He saluted smartly and said, 'CAN DO!'"

"After 30 days of chasing and being chased by the Viet Cong, giving a unit of blood was easy. At that moment, I knew if they 'CAN DO' — I CAN DO!"

"Life requires confidence; with confidence, you can make your dreams come true," concluded Dr. Kowalski.

Throughout her career in nursing, Dr. Kowalski certainly has exuded a "CAN DO" attitude.

Following her time in Vietnam she spent 24 months in Germany, where she met her husband. They came to Denver and Kowalski got the last job in Labor & Delivery at Colorado General Hospital.

Kowalski went on to obtain her MS and PhD degrees, and along the way held positions as head nurse, and director of maternal/child health nursing and continuing education.

Later, she was recruited to Rush-Presbyterian-St. Luke's Medical Center in Chicago as Assistant VP/Administrator of Women & Children Services, and chair of Maternal Child Nursing. She commuted weekly from Denver because it was such a great job.

Dr. Kowalski currently serves as president of the SON Alumni Association. She runs her own consulting business and is project director of a federal grant looking at nurse retention.

According to Dr. Kowalski, nurse retention has to do with leadership.

And to bring the story back around — "Storytelling is another way to convey leadership. It's a way to make communication personal and to enroll listeners. When they listen, they will remember, and when they remember, they will take action," concludes Dr. Kowalski.


In Memoriam: Kathryn Smith Lastreto, SON Dean 1965-1974

Faculty and staff of the School of Nursing were saddened to learn that Kathryn Smith Lastreto, EdD, professor and former dean of the School, passed away on March 17, 2004.

Dean Kathryn Smith was the SON dean from 1965-1974. Among her many accomplishments, she was the first dean of the SON to be doctoral-prepared. She was also instrumental in the remodeling of the outpatient clinics at the former Colorado General Hospital into the “new” School of Nursing in 1966-1967.

During her tenure as SON dean, Dean Smith was an active member of the Western Institute Commission for Higher Education and the Western Commission on Higher Education in Nursing, which is now known as the Western Institute of Nursing. She also was involved in establishing the local Alpha Kappa Chapter-at-Large of Sigma Theta Tau, the nursing honor society, in 1966, becoming one of its charter members.

In 1967, Dean Smith received U.S. Senate confirmation of President Lyndon Johnson’s nomination of her to a four-year term as the first woman member of the Board of Regents of the National Library of Medicine in Bethesda, Maryland. She truly was a pioneer in nursing.

School faculty offered many tributes to former Dean Smith: Jurate Sakalys, PhD, professor: “She was known as one of a handful of distinguished and pioneering deans in the western states in the 1960s and 70s. Although she has been, and will be, missed, her important legacy lives on.”

Marlyn Krajeck, EdD, FAAN, professor: “It is an honor for me to be one of this year’s recipients of the Kathryn Smith Lastreto Mentorship Award from Sigma Theta Tau, Alpha Kappa. She was indeed a pioneer in the development of the direction for the future of the School of Nursing.”

Judith Igoe, MS, FAAN, associate professor: “She was an impressive leader who represented the School of Nursing well during her tenure.”

Jean Watson, PhD, FAAN, distinguished professor: “She had a remarkable life and career and was a remarkable person.”

Dean Smith is survived by her husband, Donald E. Lastreto, MD, of Napa, two nieces and a great-niece.
International visiting professors welcomed

At an all-school lunch held Sept. 27, the School of Nursing welcomed international visiting professors Mee-Young Im, PhD, and Yoavadee Suwannaka, PhD.

Dr. Im is assistant professor and chief of the nursing department at Seoll College in Seoul, South Korea. Dr. Suwannaka is an instructor at Boromarajonani College of Nursing at Phra-Pathah Praborommarachanok Institute for Health Workforce Development, Ministry of Public Health in Thailand. Both professors arrived at the SON in August to begin their year-long visiting professorships.

Dr. Im is undertaking research on the health and safety needs of elder clients in community-based care settings with associate professor Hae-Ok Lee, PhD. She also will complete a research project on children with special needs with Marilyn Krajecek, EdD, FAAN, professor.

Dr. Suwannaka is conducting year long postdoctoral studies in nursing with Jean Watson, PhD, FAAN, distinguished professor, and Francelyn Reeder, PhD, associate professor, in the area of caring theory, curriculum, new pedagogies for nursing education and professional practice models of healing.

“We are very pleased to have Dr. Im working with us this year as a Postdoctoral Fellow. She received funding for her fellowship from the National Institute of High Science and Technology in Seoul, South Korea. It is difficult for nurse scholars to receive postdoctoral funding from this national institute so this fellowship is a testament to her outstanding level of achievement in the nursing field,” said Dr. Lee.

“In addition to her own studies, Dr. Suwannaka comes to us with her own expertise as a leader in the Ministry of Health in Thailand, providing new directions to nursing education through models of caring as the moral, ethical, philosophical and theoretical foundation for the discipline and profession of nursing,” said Dr. Watson. “It is an honor and privilege to learn with her. We are delighted that she selected the School of Nursing and the school’s caring science activities for her postdoctoral study.”

Friends Make a Difference

The School of Nursing was saddened to learn that Linda Hoc he, BS ’61, died in December 2003. Linda has not only touched and influenced the lives of the many who knew her both personally and professionally, but she has also been generous in her annual support for the School of Nursing.

Additionally, Linda exhibited gratitude for the meaningful opportunities that her CU Health Sciences Center nursing training provided, by designating a thoughtful gift to the school in her will. Linda’s desire to “give back” to the school reaffirmed her commitment to the school’s academic excellence and to help train today’s students to become tomorrow’s leaders in nursing education, research and clinical care. See related article on page 10.

Convocation
Continued from page 1
School’s 2004 UCDHSC Academic Program Review.

Ingeborg Mauksch, PhD, FAAN, longtime friend of the School of Nursing was recognized as the recipient of the Alumni Association Award.

Dr. Mauksch died unexpectedly a few days after the Convocation Ceremony. See related article on page 15.

Graduates selected by faculty for Student Leadership Awards were: Yvonne Reischneider, BS graduate; Molly Hemenway, MS graduate; Trisha Vaughn-Dole, N.D graduate; and Yaowaluk Limpanichkul, PhD graduate.

Among the many highlights at this year’s Convocation were three international students receiving degrees. Sek Ying Chair Ng from Hong Kong, JeongHwan Park from South Korea and Yaowaluk Limpanichkul from Thailand all received the PhD degree. They plan to return to their respective countries to take up leadership positions in nursing.

It was a family affair for a mother and daughter completing their nursing degrees. Jill Olvey graduated with an MS degree and her daughter Ashley Olvey received her BS degree. See related article on page 4.

Nightengale
Continued from page 1
Tonie Galiz, event chair. Kim Christiansen, 9NEWS, was master of ceremonies.

According to Dr. Foster, receiving the Nightengale Award is not so much a personal accomplishment on her part as it is an accolade for all nurses and the nursing profession.

“It takes all of us working together to create a culture in which individual accomplishments happen,” she said. “Someone needs to be nominated, to carry that lovely sculpture off the stage, but it’s on behalf of all of us.”

Carin’ Clinic cares for uninsured kids

Sick children in Jefferson County who come to the community-based Carin’ Clinic are assured of help in accessing health care regardless of their parents ability to pay.

Distressed by the number of uninsured parents, the clinic was started in 1993 with a $25,000 grant from the Arvada City Council by two Jefferson County school nurses who wanted to give parents a place to take their children for immunizations, well-care visits, sports physicals and treatment for simple ailments. Victoria Erickson, PhD, associate professor at the SON, is the executive director of the clinic.

The clinic is located in Arvada Middle School and provides low-cost and free health care to uninsured and underinsured children three days a week. The clinic is staffed by faculty and master’s students from the SON pediatric nurse practitioner option, ranked number one by U.S. News & World Report. They see upwards of 1,700 patients a year.

Lynn Gilbert, PhD, assistant professor at the school, has worked at the clinic for 10 years.

“Working at the clinic gives RNs coming back for their master’s degree in the nurse practitioner option the opportunity to practice what we teach – evidence-based, cost-effective, theory-guided care,” she said.

International visitors Dr. Yoavadee Suwannaka (left) and Dr. Mee-Young Im are welcomed at the SON Dean’s Office.
Alumni of 1948 & 1954 honored at reunion weekend

Reunion weekend was a resounding success. It began Thursday afternoon, April 29 with the Seventh Annual Lola M. Fehr Lectureship. Dr. Karen Kowalski gave a talk on Storytelling: A Tool to Communicate the Intellectual and Professional Work of Nursing. (See related story on page 5) The lecture was followed by a reception attended by faculty, students, alumni and honored guests.

On Friday morning, April 30, the alumni, with a special focus on the Class of 1954, heard presentations from Dr. Patricia Moritz, dean of the School of Nursing, and members of the faculty including Roxie Foster, PhD, FAAN, associate professor, and Gayle Preheim, EdD, associate professor and director of the BS Nursing Program. Student panelists Christine Michaels, Shelley Deal and Karlee Chapman talked about the various programs at the undergraduate and graduate levels. This presentation is always well received during Reunion Weekend as alumni are eager to see how things have changed from when they were in school. Thank you to faculty and students who participated.

Morning presentations were followed by a luncheon in which members of the Classes of 1954 and 1948 were recognized and honored. The Class of 2004 was also recognized and welcomed into the Alumni Association. Dr. Ingeborg Mauksch was introduced as the recipient of the Honorary Alumni Award for 2004. Members of the School of Nursing Alumni Association board of directors acknowledged the hard work and accomplishments of Clare Sandekian, MS ’69, Alumni Association president.

On Saturday morning, May 1, about 30 alumni enjoyed a tour of the Fitzsimons campus in Aurora and then met in the bright and cheerful Courtyard Café in the Anschutz Center for Advanced Medicine for a continental breakfast. Diane Lenfest with the SON gave a presentation on the future School of Nursing facilities and then led a tour of the outpatient and inpatient areas, including the lovely patio garden in the infusion area of the UCH Anschutz Cancer Pavilion. Everyone marveled at the patient-centered architectural approach to providing health care.

Another architectural highlight was the visit to the Nighthorse Campbell Native Health Building, which houses the American Indian and Alaska Native Programs, Public Psychiatry, and TeleHealth/TeleEducation Programs. Many Native American cultural elements are reflected in the design of the facility. The group then walked to historic building 500, the former Fitzsimons Army Hospital, for a fascinating presentation by Dr. Victor Spitzer on the Visible Human Project - a three-dimensional, high-resolution database of human male and female anatomy. The tour concluded with a visit to the Eisenhower Suite, recently restored in historical detail to the way it was when president Dwight D. Eisenhower was a cardiac patient there.

School of Nursing
2005 Reunion Weekend Schedule of Events

| Thursday, April 28 | 3:00 PM | 8th Annual Lola M. Fehr Lectureship and All School Reception in the Nursing Auditorium & Galleria, UCHSC |
| Friday, April 29 | 11:30 AM | Alumni Luncheon in the Skaff Conference Room, School of Pharmacy |
| | | Honoring Classes of 1955 & 2005 Spouses/guest welcome |
| | GrayLine Tour (Optional) | 2:00 PM |
| | Tour of the City of Denver | 2:00 PM |
| Saturday, April 30 | 9:00 AM | Dean’s Update on the School in the Nursing Auditorium & Galleria, UCHSC |
| | And tour of Fitzsimons campus | |
| | Fitzsimons Campus | Individual class reunions in the afternoon or evening |

Looking back
Graduate program in Fort Collins fondly remembered

By Mary McMahon, MS, ’84, Community Health Nursing

The year was 1982, the location was Colorado State University, and the room was filled with nurses registering for graduate nursing classes at the University of Colorado Health Sciences Center. Thanks to efforts of the School of Nursing, the outreach program for a master’s level education was actually coming to Fort Collins.

Beginning in the Fall of 1982 through 1984, two complete graduate programs were offered in Fort Collins through the outreach program - Nursing Administration and Community Health Nursing. Some students were able to complete all their course work without attending classes on the Denver campus, while others complemented their graduate programs in Maternal Child Nursing, taking a few courses in Fort Collins and the majority in Denver. Some classes even found Denver-based students commuting to Fort Collins to take courses offered by UCHSC on the CSU campus.

Students in the program fondly referred to it as “The Phyllis Schultz” School of Nursing. Phyllis Schultz, PhD, taught courses almost every semester of the program, beginning with Nursing Research the first semester. Dr. Schultz was the connection between the students, the other faculty members and the School of Nursing in Denver. Her dedication and commitment was essential to the success of the outreach program and the nurses who were working diligently to achieve professional goals and ambitions. Another faculty member was Kathy Magilvy, PhD, FAAN, professor, assistant dean for graduate programs at the school.

Many of the students were employed by Poudre Valley Hospital in Fort Collins, Larimer County Health Department, and other healthcare organizations in Loveland and Greeley. Friendships and professional relationships developed among the participants in the program. Participants have kept in touch over the years, maintaining strong ties that developed in graduate school while continuing in progressive nursing careers.

It has been 20 years since the first participants of the Northern Colorado Outreach Program received their diplomas for graduate degrees from UCHSC. As alumni of the School of Nursing, graduates of all the UCHSC School of Nursing outreach programs are thankful for the strategic planning that resulted in taking education to the students as an alternative to students commuting to Denver for classes.

Participation in the Alumni Association is one way that those who benefited in outreach programs can demonstrate their gratitude. Involvement in the Nursing Alumni Association continues to benefit graduates and the role they play in health care.
Dear Alumni,

The board of directors and I are energized by this new year and new possibilities for the Alumni Association. Each of you is an integral part of the success of the school. Last year under the able leadership of both Carol Alexander and Clare Sandekian we attempted to find alumni to help the faculty with guest lecture ships for students. As most of you know, practically every state has been coping with serious financial shortfalls and Colorado is no exception. Consequently, the school has had to respond to the decrease in support from the state. We appreciate all the help from members — and certainly can use help from more of you.

We want to renew our dedication to increasing membership in the association and participation in the activities of the school.

So...What's in It for You (in business that is known as WIIFY)? Or, what does the Alumni Association do? How can you get involved?

- We are committed to programs and services that stimulate interest in the School, in order to attract the most qualified students to the profession. These students are the practitioners of the future and will help with the profound nursing shortage.
- We want to significantly increase the number of scholarships available to students and help future nurses acquire an outstanding education. A portion of dues goes to that effort.
- Dean Patricia Moritz has worked diligently to increase the undergraduate enrollment of the school and increase the flexibility of the programs. Now the challenge is to recruit qualified applicants, many of whom need financial assistance.
- We want to support necessary projects in the school. Our School of Nursing is a state supported school; however, currently the state budget only provides 11 percent of the school’s annual budget. The remainder comes from tuition (which is capped by the legislature), research funding, and gifts to the school.
- We want to continue ongoing support of the Nursing Archives and History Centre at the School. If you have never had the opportunity to see it, please do. It reflects the history of nursing in the state of Colorado.
- As graduates of the School, we have the opportunity to play an important role in the future of nursing for the State of Colorado and the nation. If you are interested in joining in our efforts to support the school, please contact us and indicate in what area you would like to work.

I look forward to working with each of you in creating the kind of future for nursing the state of Colorado needs and deserves.

Sincerely,

Karen Kowalski, PhD, FAAN, MS, '71, president, School of Nursing Alumni Association

Gifts to the School

Due to limited funding that the university receives from the state, private support from our alumni and friends makes a significant difference for the School of Nursing to be able to recruit and retain the best and brightest students and faculty. We are most grateful for the private support the school receives and would be delighted if you might be inspired to “give back” as well.

There are many gift options that you and your financial advisors may wish to consider that will meet your charitable purposes and tax circumstances. Examples are outright gifts of cash, appreciated securities or real estate, life income-producing gifts such as charitable remainder trusts and charitable gift annuities, gifts of retirement plan assets or life insurance, to name a few. One of the most popular options of “gifts to fund the future” is a bequest in your will.

The following examples of wording may be helpful to you to share with your advisors:

“I give, devise and bequeath to the University of Colorado Foundation, a Colorado nonprofit corporation, (insert dollar amount, percentage (%) of estate or exact description of property to be devised) for the benefit of (specific program/purpose) in the School of Nursing at the University of Colorado at Denver & Health Sciences Center (UC D HSC).”

If you inform the school or foundation of your bequest designation in your lifetime, you would be recognized in the foundation’s Heritage Society which honors alumni, faculty, staff and friends who have made a commitment to the future of the University of Colorado with gifts through your wills, life income arrangements and other estate (or planned) gifts. Heritage Society members are invited to an annual event hosted by the university campus and school leadership.

To learn more about giving opportunities, we invite you to visit the CU Foundation website at www.cufund.org. Click the “Giving” box and then “Giving Strategies” and you will find a wealth of information to help you consider the many options available to you.

For more information contact:
Marsha J. Dawe, Senior Gift Planning Officer
University of Colorado Foundation
303-735-9029
Marsha.dawe@cufund.org
Finding her niche in public health

By Kenna Bruner

As Jane Anne Hollandsworth listened to the biographies of her fellow finalists during this year's Nightingale Awards ceremony, she marveled at their accomplishments and wondered about the impact their presence had on their patients and community. She found herself mentally questioning whether her career measured up to the impressive list.

To her surprise and delight, Hollandsworth heard her name called as a recipient of the prestigious award. She received the award because of her career achievements and dedication to public health.

"I didn't see myself in the same category as the others," she said. "It's a great accomplishment to be honored by your peers for things you've spent quite a length of your life doing. I feel extremely honored."

In January of 2004, Hollandsworth, BS '66, retired as director of Family and Community Health for the Pueblo City/County Health Department.

Hollandsworth's many and varied responsibilities included routine procedures, budgets and staff development, and serving as liaison with various health agencies and the community. She managed some 28 programs that spanned a wide range of public health concerns, from maternal/child health and immunizations to genetic screening and bio-terrorism planning.

With her innovative and pioneering spirit, Hollandsworth played a key role in establishing, sustaining and improving child health services where none had existed or where available services fell shy of meeting the needs of the Pueblo population. She worked to meet the preventive health care needs of low-income, uninsured families and individuals, and promote positive health behavior.

Her nursing career of 43 years began as a staff position in a small county hospital in Indiana, followed by a venture into public health nursing as a general staff nurse. She then combined her public health nursing with the role of a pediatric nurse practitioner before moving into the field of administrative public health.

In 1971 she returned to CU as a student in one of the first classes of pediatric nurse practitioners.

Even in a complex social milieu, Hollandsworth adhered to the fundamental public health precept of the greatest good for the greatest number of people. From her patients she experienced the dynamic interaction within family structures and learned how families handle illness; how to be patient and not expect everything to happen all at once; and how to let go.

In the few months since she retired, Hollandsworth has been too busy to miss working.

"One of the most important lessons in life is to keep learning," she said. "No matter what kind of degrees you have behind your name. Never stop learning."

School of Nursing Alumni Association

2005 Calendar of Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board of Directors meeting</td>
<td>January 17, 2005</td>
</tr>
<tr>
<td>CU Night at National Western</td>
<td>January 20, 2005</td>
</tr>
<tr>
<td>Stock Show &amp; Rodeo</td>
<td>February 21, 2005</td>
</tr>
<tr>
<td>Board of Directors meeting</td>
<td>March 21, 2005</td>
</tr>
<tr>
<td>April 28-30, 2005</td>
<td>April 29, 2005</td>
</tr>
<tr>
<td>Reunion Weekend</td>
<td></td>
</tr>
</tbody>
</table>

All other business will be conducted via committee.

Become a member of YOUR Alumni Association

Membership in the School of Nursing Alumni Association helps provide programs and services that stimulate interest in, build loyalty for, and increase support for the School of Nursing. Your membership will involve you in the life and growth of the School of Nursing and helps the Nursing Alumni Association financially support class reunion activities and educational seminars, student scholarships and providing a CU Nursing pin for the graduating class each year.

Membership Benefits include:
- eligibility for membership in the U of C Federal Credit Union,
- special privileges at the Denver Memorial Library,
- Frontier Airlines, Alamo auto rental and Pearle Vision discounts,
- admission to pre-football game activities in Boulder, and
- invitations to special events for alumni members only.

Please fill out the membership form below and mail or fax it back to us.

Please sign me up for membership in the CU School of Nursing Alumni Association

<table>
<thead>
<tr>
<th>Payment Options</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$35 Annual membership</td>
<td></td>
</tr>
<tr>
<td>$500 Lifetime membership</td>
<td></td>
</tr>
</tbody>
</table>

Enclosed is a check (payable to CU SON Alumni)

Please charge my (payable to CU SON Alumni)

MasterCard

We hope you'll join the growing list of new and renewing members!
1940s

Evelyn Gustafson Eggebotten, BS, ’48, Mission Viejo, Calif., recently moved from cold, snowy Boulder, Colo., to sunny Mission Viejo, Calif. She is enjoying her new home at Sunrise Senior Living where she is less than a mile from her daughter, Emily, and an hour from her other daughter, Anne. Sunrise Senior Living provides around-the-clock, staff-assisted living that she feels she needs. This past summer she spent a month at Trout Lake. She enjoyed visiting many friends and old classmates. Now that she has moved to California she will miss her friends from PEO, DAR, The Children’s Hospital, CU Nursing Alumni and the Meridian, but she invites you to call or visit her. Evelyn is fondly remembered as the author of Adventures of a Telluride Native.

1960s

Pat (Shannon) Barnett, MS, ’63, Buena Vista, Colo., received the Colorado Public Health Association Lifetime Achievement Award for outstanding contributions to Public Health. The award was given at the annual joint meeting of CPHA and the Public Health Association of Colorado in Steamboat Springs. Ms. Barnett recently retired after 45 years in Public Health Nursing primarily spent in rural settings in Colorado and New Mexico. She is a past recipient of the Roy M. Clare Award for achievements in public health in Colorado, the Colorado County Nursing Association Nurse of the Year award and the Nightingale Award for Excellence in Human Caring from the Colorado Nurses Foundation and the Colorado Area Health Education Centers.

Lois Anne (Sewell) Mener, BS, ’60, Victoria, B.C., Canada, works in the ER on the Psychiatric Emergency Response Team at Royal Jubilee Hospital, Victoria, British Columbia. Lois is a member of a professional volunteer search and rescue team and has six grandchildren.

1970s

Denise (Fimbel) Coppa, MS, ’79, N. Kingstown, R.I., earned a PhD from the University of Rhode Island and since 1991 has been the Director of the Family Nurse Practitioner Program at the University of Rhode Island. Dr. Coppa is also an Instructor of Pediatrics at Brown University’s School of Medicine. She attended the annual Nurse Practitioner Symposium in Keystone.

Sandra Jones, MS, ’70, Denver, Colo., retired from Denver VA Medical Center December 2002 after working for 10 years as an NP in Orthopedics.

Rosanna Reyes, NPA, BS, ’78, Milliken, Colo., has been selected as the new Executive Director of the Clínica Teyac.

Thelma M. Robinson, MS, ’70, Boulder, Colo., is adjunct faculty with the University of Wyoming in the flexible enrollment project, working on historic research projects and is active with the American Association for the History of Nursing.

1980s

Eileen Ann Greb, MS, ’88, Butte, Mont., recently received the St. James HealthCare “Standing Ovation” award for her fund raising on behalf of the American Diabetes Association. Greb is a nursing supervisor for St. James HealthCare and has been recognized for the fifth year in a row for her work on behalf of the Montana and American Diabetes Associations.

1990s

Rosie Garner, MS, ’92, Northglenn, Colo., retired from VA Medical Center in 2001. She was the Quality Manager for the hospital. Elected to the Northglenn City Council in November 2003, Rosie says, “Nurses in government can make a difference.”

Kathy Malloch, PhD, ’97, Glendale, Ariz., has been selected for Fellowship in the American Academy of Nursing and will be inducted Nov. 13, 2004, in Washington, D.C. Congratulations from all of us!

In Memoriam

Robin Lee (Masik) Colton, BS, ’78, Niwot, Colo., died May 9, 2004. She was a real estate broker at Spear and Co. Previously, she was a practicing RN, CCRN at Boulder Community and Longmont United Hospitals, where she worked in the ICU, post-anesthesia, and as a nursing supervisor. Her life’s work was devoted to her children and her family. She was involved in her children’s sports and school activities at Niwot Elementary and The Alexander Dawson Schools. She was a tireless event organizer and fund-raiser and an avid volleyball mom. An accomplished skier and tennis player, she will be missed by her family, her many friends, and the community. She is survived by Dr. Albert H. Colton and her daughters Rachel and Meryl, and stepdaughters Kendra and Susannah.

Nellie McClean Davidson, BS, ’59, Bethel Park, Penn., died May 3, 2004. Ms. Davidson provided medical care, support and referral services for thousands of homeless and disadvantaged people in the Pittsburgh area—work she began more than 35 years ago as a young nurse in Denver. For the past nine years she worked with an outreach program for the transient and homeless, eventually becoming its first staff nurse. Over the years, the program has provided care to more than 8,000 individuals. In 1998, Nellie Davidson started the Hill District Initiative, making visits to abandoned buildings and drug dens to provide health care. During this time, she was also on the Allegheny County Health Department’s public health outreach team. In 1995, she won the Pittsburgh Mercy Health System’s Sam Brunette Award for a lifetime of service to the poor, homeless and disadvantaged. In an interview with the Pittsburgh Post Gazette shortly after receiving the award, Ms. Davidson said her life’s highlights included visiting hospitals in Russia and China to exchange knowledge: serving as a Eucharistic minister at St. Thomas More Church; delivering babies; and her recovery from alcoholism, “which taught me to treasure my life and others,” and the homeless people to whom she makes “house calls.” Mix all of these together with a little sadness, humor for balance, and season with time to make hope, faith and love the sum of my life,” she said. Nellie Davidson was a volunteer for the Head of the Ohio Rowing Regatta and the Pittsburgh Marathon.

Linda Marie Hoche, BS, ’63, San Francisco, Calif., died in December 2003. Ms. Hoche dedicated her life as a psychiatric nurse to helping war veterans and others in emotional and mental need to live fuller, richer lives. She lived every minute of her life to its fullest advantage, pursuing numerous interests and activities including skiing, tennis, bridge and extensive travel adventures. She is survived by her sister Kristine Hoche and many friends and will be intensely missed by all who knew her. See related article on page 6.


Marie M. Milliken, PhD, MS, ’68, of Centennial, Colo., died Aug. 9, 2004, as the result of a car accident. Dr. Milliken was dean of nursing at Regis University from 1988 until her retirement in 1991. She served on the faculty of Loretto Heights College, including an appointment as director of nursing from 1979-1986 and acting vice president for Academic Affairs until the school closed in 1988. Dr. Milliken served as president of the Colorado Board of Nursing, was a representative to the Western Council for High Education in Nursing, and served on advisory committees to the Colorado Commission on Higher Education. Dr. Milliken held a master of nursing degree from Yale University in addition to her master’s degree in psychiatric/mental health nursing from UCHSC School of Nursing. She earned her PhD from the University of Denver. Dr. Milliken is survived by her husband, J. Gordon Milliken, children Karen (Nosca), Douglas, David and Anne, and grandchild Lydia Milliken.

Marilyn J. Stanek, RN, BS, ’55, Modesto, Calif., died Nov. 12, 2004. A Denver native, Marilyn Stanek was a nurse at Presbyterian Hospital; then a school nurse at Hill Jr. High in Greeley, Colo. Before retiring she worked as a visiting nurse at senior clinics in Denver and Aurora. In 2000, she moved to California. She is survived by her sister and brother-in-law, Carol and Charles Edwards; and a brother and sister-in-law, Alan and Janette Stanek; and nieces and nephews.
Mary Diaz receives Service Excellence Award

Mary Diaz, an IT professional I in the SON Office of Student Services & Diversity since 1998, was one of five staff members at the University of Colorado to receive the 2004 Staff Council Service Excellence Award for outstanding volunteer service by a classified or professional-exempt staff employee. Diaz, who has worked for the school since 1977, is also the assistant to the director of the Student Services & Diversity office, where she administers day-to-day activities of the office and maintains a Web site for all student services programs and events.

Diaz has served as chair of the SON Staff Executive Committee and is a former member of the Chancellor’s Technical Advisory Group. She received the Dean’s Special Recognition Award for Leadership and Service in 2000 and a campus Diversity Award in 2001. Diaz also has assisted the Hispanic Nurses Association with a flu shot program, volunteered with KUVO Radio’s fundraisers and music festival, and with the Dia de la Mujeres one-day clinic for underserved women, just to name a few volunteer activities.

She has been active with the CU-Boulder Hispanic Alumni Association since 1988, serving as board president from 1999 to the present.

Ruby Martinez, PhD, associate professor and director of the Office of Student Services and Diversity, nominated Diaz.

“While her job requires her to provide customer service to students wishing to apply for admission and to assist matriculated students in registration and other administrative functions, Ms. Diaz goes above and beyond what is required when it comes to student advocacy,” wrote Dr. Martinez. “She is a caring, confident person who holds high standards for herself and for the people who represent this university. Mary walks the talk.”

Diaz was presented with the award at the system-wide All Staff Council Conference on April 30 at the CU–Colorado Springs campus.

Timothy Martinez a finalist for 2004 Employee of the Year

Timothy Martinez, an IT professional II in the school’s Information Systems office, was selected as a finalist for CU’s Employee of the Year Award and recognized at the Governor’s 2003 State Top Achievement Recognition awards banquet held May 12.

Tim was nominated by Marie Hastings-Tolsma, PhD, CNM, associate professor, Amy Barton, PhD, CNM, associate professor and associate dean for clinical affairs, and Chancellor James Shore, MD.

Dr. Hastings-Tolsma commented, “Tim is energetic, articulate, well-respected,” and “has made enormous contributions to the functioning of the school, as well as the larger community. He has a work ethic and a sense of service to others that is unsurpassed.”

Martinez also contributes many hours to a variety of other University organizations. These include the campus IT Diversity Group where he has served as its president. Last year he spearheaded the group’s effort to “adopt” six families in the local community, providing them with food and gift certificates. In addition, Tim volunteers on the campus Staff Council where he currently serves as president and is the council’s webmaster.

SEC is finalist in Governor’s STAR Awards

Eight staff members comprising the school’s Staff Executive Committee (SEC) were selected as one of three finalists for the Rudy Livingston Award given for an employee or group of individuals providing ongoing assistance or encouragement to fellow state employees above and beyond what is expected as part of the job.

The SEC staff members honored at the event were: Eileen Rollo, SEC chair, program assistant I; Cathy Futch, administrative assistant III; Roberta Matheson, program assistant I; Wendy McCullar, professional research assistant; Sue Felton, MA, professional research assistant/project coordinator; Bernie Johnsen, IT professional II; Cory Sites, practice manager; and Jessica McCoy, MBA, director of Human Resources and Facilities.

In nominating these individuals for the award, Roxie Foster, PhD, FAAN, associate professor, said that they all “contribute well beyond their job expectations by donating their efforts and personal time to encourage and mentor others. Their enthusiastic, caring attitudes and actions have a tremendous impact within the school.

The SEC has successfully organized numerous events and activities to benefit everyone at the School of Nursing, including an annual all-school picnic; a spectacular winter gala and greetings to staff members on their birthdays and for other special life events.

Eileen Rollo, chair of SEC, said, “The experience of being nominated and validated by our peers reflects what we hope is true - that we are achieving our goal of providing activities and programs that foster team-building and community, and significantly enhances the working/learning environment for staff, faculty and students.”

Long-time staff member Janet Holcombe retires

Janet Holcombe, general professional II in the School of Nursing Graduates Programs Office, retired this year after 25 years with the school. Janet came to the SON in 1979, working first in the Continuing Education Department, then in Academic Affairs, and in the BS program office.

In 1993, she was promoted to program assistant, in 1997 to administrative program specialist I, and then in 1999, Janet was promoted to general professional II and began a new position in the Graduate Programs Office. In 2001, she continued her work in the graduate office, with Kathy Maglvy, PhD, FAAN, professor, the newly appointed assistant dean.

Janet retired in 2004 and an all-school reception was held for her on July 26 at the school. “Janet was one of the most professional and kind hearted advocates of students,” said Dr. Maglvy. “She was always willing to help a student in need and also had a calming presence in the office and with those with whom she worked.”
Faculty Honors, Awards and Recognitions

Judith Barton, PhD, professor emerita, received the Award for Outstanding Contributions to Public Health Nursing Education from the American Association of Community Health Nursing Educators at the ACHNE conference awards ceremony in June.

Mary Blegen, PhD, FAAN, professor and associate dean for research, has been appointed as an associate editor for the journal Nursing Research.

Lauren Clark, PhD, FAAN, associate professor, has been elected a fellow in the American Academy of Nursing, nursing's highest honor. She was inducted during the November AAN meeting.

Susan Hagedorn, PhD, associate professor, was awarded a 2004 Helen Phelps Award for the Partners-N-Prevention Program at Gove Middle School. The award and a check for $1,000 were presented to Dr. Hagedorn at the Denver Public Schools 47th Annual Denver Teachers Awards Banquet in May. The Helen Phelps Award is given for volunteer efforts that help the Denver Public Schools.

Ernestine Kotthoff-Burrell, MS, senior instructor, has been elected a fellow in the American Academy of Nurse Practitioners.

Kathy Magilvy, PhD, FAAN, professor and assistant dean for Graduate Studies, was awarded a fellowship from the Japan Society for the Promotion of Science to undertake research, lecture, and consult at the University of Tokyo, Faculty of Medicine, Public Health Nursing Department, Sept. 28 to Oct. 13.

Mary Hastings-Tolsma, PhD, CNM, associate professor, has received a Book of the Year Award from the American Journal of Nursing for the 2003 book she co-authored with D.Y. Brockopp, titled Fundamentals of Nursing Research. AJN also chose the book as one of the most valuable textbooks of 2003.

Ruth O'Brien, PhD, associate professor, has received a five-year research grant (Cooperative Agreement) from the Centers for Disease Control and Prevention for her proposal, “Competency Training: Staff Performance and Family Outcomes” for the period Sept. 30, 2004 to Sept. 29, 2009.

Marlaine Smith, PhD, FAAN, professor and associate dean for academic affairs, received the Distinguished Alumni Award from New York University, where she received her PhD.

Lena Sorensen, PhD, associate professor, was awarded a grant by the National Cancer Institute, entitled Latina Breast Cancer Survivors' Informational Needs, and she was appointed to the Fulbright Senior Scholar Review Committee for Scandinavia.

Pamela Spry, PhD, senior instructor and Midwifery faculty, has received the American College of Nurse Midwives Teachers' Award.

Longtime professor, Dr. Marilyn Stember, retires

Marilyn Stember, PhD, FAAN, a professor in the School of Nursing since 1974, retired on Jan. 21, 2004. A celebration was held in her honor on Aug. 30, where guests heard glowing remarks about Dr. Stember's service to the school and university.

Professor JoAnn Congdon, PhD, FAAN, served as master of ceremonies and hosted the afternoon reception.

Dr. Stember came to the School of Nursing in 1974 as a senior instructor. She was assistant professor and chair of the Graduate Program in Community Health Nursing from 1976 to 1977, and was promoted to associate professor in 1978. In 1980, Dr. Stember was tenured in the school and became associate dean for Research and Evaluation, as well as founding director of the Center for Nursing Research in 1984. In 1987, she was promoted to full professor. From 1987 to 1993, she held the post of executive associate dean, and from 1993 to 1996, she was associate dean for research.

Dr. Stember was elected a fellow in the American Academy of Nursing, received the Nightingale Award for Excellence in Nursing, and was awarded the Medal of Appreciation from the Public Health Service at DHHS. She was awarded leadership medals for serving as president of the Western Social Science Association, chair of the national board of directors for Good Samaritan nursing homes, and chair of the Board of Regents for Augusta College.

"Marilyn Stember mentored me during the entire seven years I worked for her," said Jeanette Regas. "I credited her for much of my advancement within the school. I also watched her mentor and encourage young faculty, many of whom are now prestigious researchers. She clearly provided outstanding leadership to the school."
29th Nurse Practitioner Symposium held in Keystone

by Kenna Bruner

More than 1,000 participants and 300 exhibitors gathered at Keystone Resort near the mountain town of Silverthorne, Colo., for the four-day National Primary Care Nurse Practitioner Symposium held July 15-18.

Presented by the University of Colorado at Denver and Health Sciences Center School of Nursing, the 29th annual symposium featured a diverse array of sessions and talks. Among the dozens of topics this year were trends in infectious diseases, gang activity, medical implications of tattooing, bioterrorism and cardiovascular risks in preschoolers.

Drawn by the breadth and quality of information presented at the annual symposium, participants came from every state in the U.S., as well as foreign countries, including Japan and France.

There were several highlights at this year’s symposium, according to project director Mary Wagner, MS, an instructor at the UCDHSC School of Nursing.

“We spend considerable time identifying the hot topics to present,” Wagner said. “Also, we survey our audience about what they would like to have incorporated into the program and we always try to have the very best speakers.”

Keynote speaker, Marianne Neifert, MD, pediatrician, author and nationally recognized as “Dr. Mom,” kicked off the symposium with panache.

Another highlight, according to Wagner, was an all-day session on botanicals. The use of botanicals across the lifespan was presented by Tieraona Low Dog, MD, chief medical officer for Integrative Medical Education Associates in Albuquerque, New Mexico.

She discussed herbal remedies with a scientific base, such as the role of soy and tea in prostate, skin and breast cancer, and botanicals used for diabetes and menopausal complaints.

New this year was an ethics forum presented by a panel of experts who discussed ethical dilemmas that nurse practitioners might encounter in clinical practice.

Some basic topics in the primary health care setting are perennial symposium favorites, according to Wagner, such as updates in cardiac care, diabetes and hypertension, as well as changing regulations. Topics on emerging trends and new research findings are always of interest.

Loretta Ford, EdD, FAAN, the symposium’s honorary chairperson and co-founder of the first nurse practitioner program, presented a popular session on the role of nurse practitioners, past, present and future. Dr. Ford is professor emeritus at New York’s University of Rochester School of Nursing.

“Nurse practitioners have become embedded in every aspect of health care in this nation and in other countries as well,” said Dr. Ford. “In a great sense, nurse practitioners have transformed the profession of nursing.”

Nursing students conduct community health needs surveys

Nursing graduate students have collaborated with faculty, local public health nurses, and state public health nursing consultants to conduct community health assessments with three rural Colorado counties this fall.

Nursing doctorate students and master’s degree students who are enrolled in the public health nursing program, conducted a community health assessment Oct. 6-9 in partnership with Kiowa and Cheyenne counties.

The purpose of the community health assessment was two-fold. First, the assessment will provide an evaluation of the health and human services of the communities surveyed and will identify and describe strengths, resources, risk factors and problem areas affecting community health. Second, the assessment team will recommend community-driven actions to improve the physical, psychosocial, and cultural health of the Kiowa and Cheyenne County communities.

The nursing students approached county residents in public areas, including the streets, and places of commerce and parks, to ask for their perspectives regarding health in the community. Students invited citizens to complete surveys and are analyzing existing health, census, and community service data. Students also conducted 45-minute interviews with community leaders and experts on specific aspects of community services and activities.

Following data analysis, the student team and professors Gene Marsh, PhD, and Lauren Clark, PhD, FAAN, will present the community leaders with the findings and recommendations of the community health needs assessment.

SON hosts international conference on aging

Several international visitors were welcomed to UCHSC and the School of Nursing to participate in the International Network for Studies Concerning Older Adults (INSCOA) aging studies conference held June 16-18.

The primary goal of INSCOA is to increase understanding of the needs of older adults by fostering international collaboration in research, education and practice among the members who are drawn from a variety of countries and institutions. INSCOA meets every 18 to 24 months in host countries to present papers on aging studies, network, and visit aging health and social service agencies in the community surrounding the conference.

Participants in the networking conference included 18 researchers, educators, and clinicians from England, Finland, Japan, Sweden, the U.S. and Wales.

After welcomes from Dean Patricia Moritz, meeting conveners JoAnn Congdon, PhD, FAAN, Kathy Magilvy, PhD, FAAN, and Gene Marsh, PhD, and a keynote presentation by Marlaine Smith, PhD, FAAN, participants heard 15 scientific papers and discussions on a variety of aging studies topics. Other activities included a membership meeting and visits to community long-term care facilities, followed by a weekend trip to the mountains to network and relax.

Assisting faculty with the conference were SON staff Cathy Futch, Janet Holcombe and Ellen Janasko. Serving as moderators and ambassadors were several PhD students interested in aging topics, including Angelina Arnold, Tracy Clay, Lory Maddox, Karen Pennington, and Kay Wagner. The UCHSC Bookstore participated with a special display of books on aging and by making contributions to the participant packets.

The School of Nursing was honored to host the first INSCOA conference and Drs. Congdon, Magilvy, and Marsh appreciated the support of faculty, staff, and students in making visitors feel welcome. The next conference will be held in May 2006 at the University of Maldalen in Sweden.
Yamagata University has third exchange program at SON

Fourteen baccalaureate students and four of their faculty visited the SON from Yamagata Prefectural University of Health Science in Yamagata, Japan, in September to have a first-hand look at nursing education and practice in the U.S. The students attended three days of special presentations by SON faculty and visited some of the school's clinical sites, including University of Colorado Hospital and The Children's Hospital, where they had tours of the facilities and presentations by nursing administrators.

SON faculty presenters included Marlaine Smith, PhD, FAAN, Joan Nelson, ND, Judy Igoe, MS, and Kathy Magilvy, PhD, FAAN, just to name a few, in topics ranging from an introduction to the university, caring science, community health nursing, and child health care, to caring for the elderly and chronic disease.

The three faculty visitors were Professor Yoshiko Sekito, Ed.D, Professor Kouko Yamada, PhD, and Mutsuko Watarai, MSN. In addition, Tomoko Kataziri, MSN, who helped bring the first Yamagata students to the school in 2002, joined the group. Interpreter Yumiko Emoto, who has assisted with previous visits, provided assistance at the faculty presentations and other events.

The SON looks forward to Yamagata's visit next year.

New PhD Nursing Web Site www.NursingPhD.org

Two regional nursing organizations, WICHE (Western Interstate Commission for Higher Education), and WIN (Western Institute for Nursing), have partnered to launch a new web site, www.NursingPhD.org as a first step in addressing the increasing nursing faculty shortage in Western states. Through the website, they hope to attract more nurses into pursuing advanced degrees and joining the ranks of nursing faculty.

The site includes information about nursing doctoral programs in the west, both on-campus and through distance technologies; advice on choosing a doctoral program that matches the student's interests; and articles about the challenges facing adults going back to school. Future expansion plans for the web site include a section focused on nursing master's degree programs.

Japanese exchange student visits SON

Maiko Hayashi, senior baccalaureate nursing student at Tokyo Medical and Dental University, Tokyo, Japan, was an exchange student at the SON last spring.

She passed an eventful month at the school, attending BS and ND nursing courses, participating in a nursing interventions arts and skills lab, and meeting with faculty to learn about nursing education and practice in the U.S.

Maiko observed at BS clinicals at University of Colorado Hospital where she “shadowed” baccalaureate student Natasha Wilson. She was impressed with the high level of the students and felt they “could discuss equally with the nurses and the instructor and do almost the same tasks as a nurse.”

Maiko found it interesting that many BS students have bachelor's degrees in other fields, which is uncommon in Japan. She was impressed with the level of class participation, the close relationship of students and faculty, and confident attitude and independent nature of SON students, which she found to be somewhat different from students in Japan.

The SON was pleased to have Maiko visit and looks forward to a continuing educational exchange with Tokyo Medical and Dental University.
Gateway to the Future leads to advanced nursing degrees

More than 150 well-wishers turned out to celebrate with 16 graduating students during the School of Nursing’s 10th Annual Doctor of Nursing Student Conference on Research and Inquiry held May 27.

Keynote speaker was Janet Quinn, PhD, FAAN, whose talk, "Revisiting the Nursing Shortage A Call to Caring and Healing the Health Care System, was an inspiring and visionary look at what ails the health care system and what changes are needed to make it successful.

The high light of the Gateway to the Future conference was the presentation of research papers by each student.

"It's the culmination of their four-year program when they can feel like they've finally arrived as professionals," said Lauren Clark, PhD, FAAN, associate professor and director of the ND program.

For Jana Berryman, ND, one of the 2004 graduates, it was an emotional time for her and her classmates, as well as for those who came to celebrate with them. Dr. Berryman is now a project director at the Colorado Center for Nursing Excellence, where she works on strategies to help with the nursing shortage.

"To finally reach that goal of actually being up there presenting my own paper was amazing," she said. "It was a proud moment for all of us."

SON student scholarships, 2004-05

The School of Nursing is pleased to announce the awarding of $89,500 in student merit and diversity scholarships for 2004-05:

- Carrie L. Stark - ND student Anastasia Krajeck

In Memoriam: Ingeborg Grosser Mauksch, Distinguished Nurse Leader

Ingeborg Mauksch, a native of Vienna, Austria, who helped guide the development of nurse-physician teamwork as one of the earliest nurse practitioners in this country, died June 20 following a brief illness. She was 82.

She was this year’s recipient of the Distinguished Honorary Alumnae Award given by the School of Nursing Alumni Association for her many contributions to the state of Colorado. She served as a visiting professor at the school during the summer of 1970 where she significantly influenced the careers of many graduate students. She has spoken many times at the Keystone Nurse Practitioner Symposium. She can be remembered for the skits she and Dr. Loretta Ford performed.

Mauksch was living in Ft. Collins, Colo., near her daughter, having moved there from Ft. Myers, Fla., where she had been owner and president of Redi-Care, a hospice home care services company.

During her 50-year career in nursing and education, she worked as a bedside nurse, a primary care nurse practitioner, and a distinguished faculty member.

Mauksch held one of the first endowed professorships in nursing in the United States and held appointments at The University of Missouri School of Medicine. She also was appointed to the Valerie Pober Distinguished Professorship in Nursing at Vanderbilt University, and, late in life, continued to lecture at Florida’s Gulf Coast University, where she helped to found the nursing program. She later earned masters and doctoral degrees in education at the University of Chicago.

Mauksch’s professional recognitions were numerous. She was elected a Fellow in the American Academy of Nursing and to membership in the Institute of Medicine of the National Academy of Sciences. She received dozens of awards including a Doctor of Science, Honors Causa from Syracuse University, induction to the Women’s Hall of Fame, and the Honorary Membership Award from the American Nurses Association, one of her highest honors. She was appointed to the National Health Insurance Advisory Committee during the Carter administration.

She held board positions with Planned Parenthood and the Junior League and was president of the Jewish Federation chapter in South Florida.

She was the former wife of the late Dr. Hans Mauksch, a sociologist and faculty member at the University of Chicago at the time of their marriage in 1946. They divorced in 1974. She is survived by two children: Valerie Mauksch of Ft. Collins, Colo., and Larry Mauksch of Seattle, Wash. and five grandchildren.
Seven School of Nursing alumni are among the 15 Colorado nurses who have been selected as charter members of the Colorado Nurses Association (CNA) Hall of Fame. They were inducted at the Centennial Gala Banquet Sept. 30 in Westminster as part of the 2004 CNA Centennial Convention.

CNA's Centennial Committee determined that current and past members, whose dedication and achievements have significantly affected the Colorado nursing profession, should be honored for their contributions. Therefore, the year 2004, the Association's Centennial Year, was selected for unveiling the CNA Hall of Fame.

Patterned after the American Nurses Association (ANA) Hall of Fame, the CNA Hall of Fame will be permanent and serve as a lasting tribute to nurses whose dedication and achievements have significantly impacted the Colorado nursing profession through the years.

Charter inductees who are alumni of the UCDHSC School of Nursing include:

- Marilyn E. Doenges, BS ’68, of Colorado Springs.
- Lola M. Fehr, MS ’78, CAE, FAAN, Greeley, Colo., and Albany, New York; former executive director of Association of periOperative Registered Nurses (AORN) and current executive director of the New York State Nurses Association (NYSNA).
- Deloris M. Giltner, BS ’59, PhD, Pueblo, Colo.; former UCDHSC School of Nursing associate professor and associate dean for Student Affairs.
- Ruth M. Steinfurth Harboe, MS ’67 (deceased), Lakewood, Colo.
- Karren Kowalski, MS ’71, PhD, FAAN, Larkspur, Colo.; project director, Colorado Center for Nursing Excellence, and president, UCDHSC School of Nursing Alumni Association.
- Elda I. Staver Popiel, MS ’59 (deceased), Denver, Colo.
- Jean Watson, BS ’64, MS ’66, PhD, FAAN, Boulder, Colo. CU Distinguished Professor, Murchison-Scoville Chair in Caring Science, former Dean, longstanding faculty leader at UCHSC School of Nursing, and noted author.