



## PRE-SURGERY CHECKLIST

- Read** all information in the surgery packet

- Physical Therapy:**

Be sure to schedule your post operative physical therapy appointments. You should begin your physical therapy \_\_\_\_\_ days after surgery. On the day of surgery the doctor will give you a black folder which contains your physical therapy prescription. We advise that you bring this folder to your first therapy session. It is your responsibility to schedule physical therapy with a location accepted by your insurance. Please do this in advance; many physical therapy clinics will need several days advance notice to schedule a post-op initial evaluation.

- Any FMLA/Disability forms or forms the provider needs to fill out:**

Please do not bring paperwork for the provider to fill out on the day of surgery.

Please fax to 720-848-8204 or call 720-848-8200 press "2" and leave a message regarding the forms you will need including the following information:

- Date of surgery
- Specific job duties, i.e. walking, heavy lifting, sitting, etc.
- Dates you discussed with physician to be off of work after procedure

- Post-op Appointment:**

If not already done, be sure to schedule your post-operative appointment after surgery by calling 720-848-8200 press "4".

- Ice Machine:**

If you would like to order cold therapy equipment for after the procedure please see the information in the surgery folder and call the appropriate company to set up delivery at least a week prior to your surgery date.