Pregnant Participants needed!

Your health – your baby’s future!
Join the Healthy Start study!

The goal of Healthy Start is to understand what factors during pregnancy and early life influence a child’s healthy growth and risk for obesity and future diseases.

We are looking for pregnant women with 23 weeks or less of gestation.

Participating mothers will have:

- Two in-person visits during pregnancy, one survey at delivery and one telephone survey after delivery.
- Each in person visit will include: a fasting blood draw (blood sugar, lipids and other blood markers); answering of study related questions; height, weight, blood pressure and skin fold measurements

Baby measurements at delivery:

- Length, weight, skin folds
- Body composition (no radiation involved)
- Cord blood collection after delivery (not from the baby)

You will be compensated for your participation!

If you are interested, please call us or e-mail us at:

**Tel: 303-724-4871**

Email: healthystart@ucdenver.edu

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Dana Dabelea, MD, Ph.D. Principal Investigator