

Healthy Women Needed for Cardiovascular Research Study

Purpose:

- ◆ The purpose of this study is to investigate how the menopause transition and the loss of estrogen impact the health and function of arteries in women.

Qualifications:

- ◆ Premenopausal women 18-49 years and Perimenopausal women 40-55 years
- ◆ Non-smokers
- ◆ Volunteers should NOT currently be taking Birth Control, Hormone Replacement Therapy (HRT), Blood Pressure medications, or exercising vigorously more than 2 days per week.

Benefits for study volunteers include:

- ◆ Physician supervised exercise stress test
- ◆ Ultrasound of the blood vessels and heart
- ◆ Blood cholesterol profile
- ◆ Comprehensive dietary analyses
- ◆ Measurements of bone mineral density and body composition
- ◆ Compensation for your time

If you are interested in participating

Please email Shape.Study@ucdenver or

call (720) 848-6377

PI Kerrie Moreau

COMIRB 06-0537, Approved 6/10/11