

# Do you want to lose weight?

**\*\*There is a new *full meal replacement* weight-loss program starting at the AMC campus. You could be one of the first participants!\*\***

## **Program highlights:**

- ◆ Self-pay program
- ◆ Weekly group meetings
- ◆ Medically-monitored by University of Colorado Anschutz Medical Campus Endocrinologists and Registered Dietitians
- ◆ Low Calorie Full Meal replacements

## **Participants must:**

- ◆ Be generally healthy
- ◆ Have ability to self-pay for meal replacements and weekly classes
- ◆ Have a BMI greater than 30 (or be about 30 pounds overweight)

[www.nhlbisupport.com/bmi/](http://www.nhlbisupport.com/bmi/)

## **For more information**

**Please call 303.724.9098 or 303.724.9088**

Center for Human Nutrition / Anschutz Health and Wellness Center  
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