

APPROVED

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COMIRB

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TYPE 2 DIABETES AND EXERCISE RESEARCH STUDY

COMIRB 10-1393, Approved 12/21/11

Principal Investigator: Irene Schauer, MD

Adults with type 2 diabetes are needed for a research study of the effects of an investigational drug on exercise capacity and blood vessel function

You may be eligible to participate in this research study if:

- ◆ You have type 2 diabetes
- ◆ You are 30-60 years old
- ◆ You exercise vigorously less than one hour per week
- ◆ You have normal blood pressure
- ◆ You have not smoked for at least one year
- ◆ Your BMI is between 25-39.9

You Can Check your BMI at

<http://www.nhlbisupport.com/bmi/>

The research study includes:

- ◆ Physical exam, blood draws, and activity questionnaire
- ◆ Assessment of body composition, insulin sensitivity, blood vessel function, cardiac function, and exercise capacity
- ◆ Taking an investigational drug or placebo for 7-9 days on two separate occasions.

Compensation is provided.

To learn more about the research study or to find out if you are eligible to participate, please contact:

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