

APPROVED

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COMIRB

## **Is your memory not quite what it used to be? Are you having trouble with your memory?**

We are looking for men and women to participate in a research study examining whether six months of exercise training or a medication (Pioglitazone) can improve memory.

### **We need men and women who are:**

- Over the age of 55 years
- Have mild memory problems
- Slightly overweight
- Non-smoker
- Not regularly exercising

Participants will receive at **no cost**, information regarding their health status, including testing for memory function, diabetes, cholesterol, body fat, and bone density. Eligible participants will also receive monetary compensation.

For more information, contact Toby at:

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