H.I. = Having InterDependence

Live Interactive Arts Workshops with Acting, Improv & Movement Games for people with and without disability

By Brian Bernard, Self-Advocate & Diversity Fellow 2017-18

H.I. workshops co-developed with Be Arts Wellness and Phamaly.

Visit JFKpartners.org/HI

Mentor others such as Self-Advocates who co-facilitate H.I. Live Arts Workshops.

Name Game - Say & repeat names with a movement.

Message: Use others names.

Show creative style.

Grow a sense of community.

Share a unique “HI” (llama kiss, hug, etc.)

Message: As we say “HI,” we share our story.

3-4 Story Floor

Fill in around each other.

Message: Everyone has something to contribute.

So...What’s your story?

Workshop Breaks

Message: Get to know people with different abilities...you might make a new friend.


What’s Next?

Brian Be, LEND graduate
Contract H.I. Workshop Facilitator

All Dance

“Life is a door - you don’t know what’s on the other side.” - Sean, self-advocate, selects a song for us all.
**Participate**

What game(s) did I Do / Join / observe?

Name of activity:
Description:

Name of activity:
Description:

Name of activity:
Description:

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What do I Notice?
About - Myself - Others?

- Do I / others hesitate to join?
  circle > Yes - No - Both

Why? (or why not) & What helps?

- What challenges surfaced?

- Did folks start having fun? When?

- Did inter-connected happen? How?

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Next Steps

- Is this useful? - for me personally? Family/friends?

- If yes, How is this useful? For self? For people I work with?

- Will I help the H.I. classes grow?

- What groups could use this? – and - Who can I connect Brian Be to?

- Thanks for playing!

CONTACT ME

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