Growing Healthy Colorado Kids
Wed., May 9, 2018 – 10:00-11:30 AM

Colorado families are bombarded by various health messages every day. We maximize our messaging when all public health programs, health care providers, early care and education professionals, families and others work together to deliver consistent, accurate and consumer-tested messages. Speaking with One Voice provides nine audience-tested and Spanish trans created early childhood obesity prevention messages and supporting content that address important healthy lifestyle behaviors found most promising in preventing overweight and obesity before it begins among Colorado’s youngest children. This presentation will have additional focus on healthy maternal weight and active play for early childhood.

Following this event, the audience will better understand:

- The development of the Speaking with One Voice: 9 Ways to Grow Healthy Colorado Kids consistent messaging campaign and supporting resources.
- The importance of healthy maternal weight as an early childhood healthy weight strategy.
- Using movement as a learning tool in early childhood and modifications for children with special health care needs.

**Speaker:** Emily Bash, MPH, RD, CLC, Nutrition Specialist, Early Childhood Obesity Prevention Unit, Colorado Department of Public Health and Environment.

Register at: [www.jfkpartners.org](http://www.jfkpartners.org) - click on the Events tab

Pre-registration by Fri., May 4, 2018 is required due to space limitations for both the live site and a webinar connection.

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**Live Site Attendance**

**LIVE Site Location:**
Anschutz Medical Campus, Education 2 North
13120 E. 19th Ave., 2nd Floor, Room 2102
Aurora, CO 80045

A map with directions and PARKING information will be emailed along with a reminder a few days before the event. We strongly recommend you print and bring them with you to make finding parking and the room easier for you.

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**Webinar Attendance**

**ONLINE connection:**
Be sure to register as a web participant in order to receive an email 2 business days before the event with a link and instructions for connecting.

There are limited numbers of webinar licenses available, so you are encouraged to collaborate with others in your agency to watch together so only one or two connections per agency are reserved.

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Questions regarding web connection or other logistical questions can be directed to Dina Johnson at 303-724-7673 or dina.johnson@ucdenver.edu.