Reflective Practice In Consultation: Working with Teachers

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What we'll do today
- Review of some key concepts of reflective practice
- The role of the consultant
- Teacher/Provider buy in
- Teacher/Provider issues and concerns
- Other dilemmas

Key concepts of Reflective Supervision
- Regularity
- Reflection
- Collaboration (Main concepts described by Zero to Three)

Key concepts of Reflection Supervision
- Trust
- Safety
- Containment of emotion, regulation
- Perspective taking
- Keeping baby / child in mind
- Considering what's (or who) missing
- A relationship for learning

Role of the consultant
You likely play many roles throughout your day but there are just as likely some common, organizing goals you are striving towards:
- Building the capacity (knowledge and skills) of the child care providers to understand and respond to the needs of young children
- To support parents
- To model effective strategies in response to challenging behaviors

Role of the consultant
- Help consider environments
- Professional development for staff &
- Staff support,
- all provided through a reflective perspective or , as stated by Kadija Johnston & Charles Brinamen, the Consultant Stance
Supervision or consultation, Reflective style

What might be similar?
- Regularity, collaboration, reflection?
- Trust, safety, regulation
- Perspective-taking, keeping the baby or child in the room
- A relationship for learning

Some obvious differences
- Performance appraisals
- Agency or organizational expectations
- Productivity
- Teaching about specific interventions
- Anticipation for and about supervision

So, that sounds good. Think back now…
- How did this relationship get started?
- What was the first meeting like with this consultee?
- What do you remember thinking/feeling about how the relationship was going?

Other considerations about the teacher/consultant relationship
- Consulting around teacher’s own concerns
- Gauging Buy In
- Using your own reactions to inform the process
  - What am I feeling?
  - What do I do when I feel that way?
  - What else might this be telling me?

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- Regional trainings & TA about Kid Connects
- Thank You!