

Resident and Fellow Mental Health Clinic

Purpose: The Resident and Fellow Mental Health Clinic decreases barriers to care by offering evening and same-day appointments, and 24/7 on-call coverage by University of Colorado School of Medicine psychiatrists, psychologists, and an advanced practice psychiatric nurse.

When: Non-emergent appointments:
— Monday through Wednesday (8:00 am – 8:00 pm)
— Thursday and Friday (8:00 am – 5:00 pm)

Where: Department of Psychiatry at the University of Colorado Anschutz Medical Campus, Fitzsimmons Building (Building 500), 13001 E 17th Place, 2nd Floor

How: Routine appointments:
— Call 303-724-4716 or e-mail smhservice@ucdenver.edu

Urgent concerns:
— Call 303-724-4716 and inquire about same-day appointment availability
— If the same-day slot is filled, contact Dr. Rachel Davis directly at 303-724-8244 or Rachel.Davis@ucdenver.edu

Urgent concerns after-hours, on weekends, or on holidays:
— Call 303-370-9127 for the on-call psychiatry attending

If you present at the UCH Emergency Department for urgent or emergent concerns, identify yourself as a CU GME or DH resident/fellow for prioritization. To access the Fitzsimmons Building after 6:00 PM on weekdays and any time on weekends, you will need a CU badge to unlock the outside door.

FAQs

- Q:** *What services are included in my visit to the mental health clinic?*
- A:** Services include medication management, individual psychotherapy, group psychotherapy, and psychoeducational testing. Services are attending-level; psychiatry residents do not staff the clinic.
- Q:** *What if my ongoing mental health care needs exceed the capacity of the clinic (e.g. weekly therapy, specialized care)?*
- A:** The psychiatry faculty will assist in the coordination of a referral to appropriate community providers.
- Q:** *How will this work with my insurance?*
- A:** Both the DH Medical Plan and the CU GME Health Benefits Plan will be accepted. For residents/fellows who do not have coverage under either of those plans, the mental health clinic will accept most health insurance plans with a few exceptions, such as Kaiser. It is important to note that it is the resident's/fellow's responsibility to know their in-network versus out-of-network providers and understand the benefits covered by their health insurance plan. The resident/fellow and/or their health insurance plan are responsible for the payment of services received at the mental health clinic.

Attention Residency/Fellowship Program Directors: If you need help triaging a resident or fellow in crisis, please use the student/resident mental health pager at 303-266-4654 (8am-5pm M-F). If after-hours call 303-370-9127 for the on-call psychiatry attending.