University of Colorado School of Medicine
Graduate Medical Education

Policy: Work Environment Policy

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<th>Original Approval:</th>
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<td>April 16, 2014 (Editorial)</td>
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<td>March 17, 2015 (Editorial)</td>
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In this document, “Residents” refers to both specialty Residents and subspecialty Fellows.

Purpose and Policy
To ensure that Residents have a healthy and safe work environment that provides for:

(1) Food Service - access to appropriate food services 24 hours a day while on duty in all institutions. If the cafeteria is not open, adequate and appropriate food items must be available for on-call Residents.

(2) Call rooms – participating hospitals shall provide adequate and appropriate sleeping quarters that are safe, private, and quiet, for Residents’ assigned in-house overnight call, for naps as needed for potential negative effects of fatigue or sleep deprivation, or if the Resident is too fatigued to safely return home. Call areas shall include convenient and adequate toilet and shower facilities (cleaned daily); clean linens; security including door locks; an adequate number of lockers for storage of personal belongings; and telephone access.

(3) Security/safety – appropriate security and personal safety measures at all locations including but not limited to parking facilities, on-call quarters, hospital and institutional grounds, and related facilities. Safe transportation options must be available for Residents who may be too fatigued to safely return home. Please refer to the resource Hospital Contacts for Resident/Fellow Sleep Facilities & Taxi Fare Resources below or on the GME website.

If a Resident is not provided with the above, the Resident should contact hospital appropriate departments, Program Director, Housestaff Association and/or CU SOM GME office at 303-724-6031.
Residents and Fellows who feel they are too fatigued to safely drive home may utilize sleep facilities that are in place at the facility at which the Resident/Fellow is working. Taxi fare reimbursement is also available. Relevant contact information for each situation is below.

**Children’s Hospital Colorado**

**Sleep Facilities – Contact**
Eric Sommers  
Manager Medical Education  
Cell: (303) 246-6032  
Office: (720) 777-6884  
[eric.sommers@childrenscolorado.org](mailto:eric.sommers@childrenscolorado.org)

**Reimbursement for Taxi Fare - Contact**
Eric Sommers  
Manager Medical Education  
Cell: (303) 246-6032  
Office: (720) 777-6884  
[eric.sommers@childrenscolorado.org](mailto:eric.sommers@childrenscolorado.org)

**Denver Health Medical Center**

**Sleep Facilities – Contact**
Richard Klepper  
Facilities Management  
303-602-2392  
[Richard.klepper@dhha.org](mailto:Richard.klepper@dhha.org)

**Reimbursement for Taxi Fare - Contact**
Audrey Martinez  
Physician Contracts & Recruiting Coord.  
303-602-4962

**Denver VAMC**

**Sleep Facilities – Contact**
Thomas J. Meyer, MD  
Associate Chief of Staff/Academic Affiliations  
Pager 303-266-9636  
VA Email: [Thomas.Meyer@va.gov](mailto:Thomas.Meyer@va.gov)

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Pager 303-266-9636  
VA Email: [Thomas.Meyer@va.gov](mailto:Thomas.Meyer@va.gov)

**University of Colorado Hospital**

**Sleep Facilities – Contact**
UCH Hospital Manager  
720-848-4296 (cell)  
303-266-9180 (pager)

**Taxi Fare Voucher - Contact**
Hospital Manager/Designee  
720-848-4296