Notice to Enrollees in The CU GME Health Benefits Plan, a Self-Funded Nonfederal Governmental Group Health Plan

RE: CU GME Health Benefits Plan Exemption (opt-out) from Mental Health Parity and Addiction Equity Act

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, the law also permits State and local governmental employers to elect to exempt a plan (opt-out) from the requirements listed below for any part of the plan that is “self-funded” by the employer, rather than provided through a health insurance policy.

The CU GME Health Benefits Plan will opt-out the following requirement:

Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.

The exemption from these Federal requirements will be in effect for the Plan Year beginning July 1, 2016 and ending June 30, 2017. The election may be renewed for subsequent plan years.

The CU GME Health Benefits Plan Document is posted at www.medschool.ucdenver.edu/gme for further information on all plan provisions.

If you have questions regarding this notice or the subjects addressed in it, you may contact:

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