Health Condition

Natural History:

Precautions/Contraindications:

*Participation Restrictions

Participation

T/M

*Activity/Task Limitations

Activity

T/M

Intervention

*Impairments in Body Structure & Function

Impairment

T/M

Intervention

Intervention Key

C = Compensation
R = Remediation
P = Prevention

Exercise

Prescription Key

CR = Cardiorespiratory
RE = Resistance
NM = Neuromotor
FL = Flexibility

Personal Factors

Positive

Negative

Impact or Intervention

Environmental Factors

Positive

Negative

Impact or Intervention

*List from highest to lowest priority
**Plan of Care**

**Goal(s)**
- Activity Limitation or Impairment*
- Interventions:
  - Type
  - Initial Parameters: Frequency, Intensity, Time
  - Outcome measure(s) to monitor progress
  - Criteria and Plan for Progression

*List from highest to lowest priority; **Goals must include magnitude and timeframe of expected improvement for specific outcome(s)