Where will your trail take you?

The individualized portion of the Trek Curriculum, the Alpine and Summit phases, allows students to forge their own path and explore their interests. Through a highly tailored curriculum, students will develop and select an individual learning plan in conjunction with their COMPASS guide and specialty advisor. Goals for this part of the Trek curriculum are for students to: deepen their knowledge and skills as well-rounded physicians-in-training, prepare for their chosen residency, and enhance their ability to positively transform the health of their future community through outstanding patient care and beyond. In order to accomplish these goals during the Alpine phase, students will complete an individualized learning plan that includes:

- A required Acting Internship
- A required Critical Care experience
- At least 24 weeks of electives tailored to their interests
- Two individualized Integrated Science courses
- A flexible, longitudinal outpatient preceptorship experience
- Flexible coursework in a Trail (see below)
Each student in the Trek curriculum will select a Trail, or leadership area of concentration, in which they will work in a learning community of faculty and peers that prepares them for leadership opportunities to transform the health of society. Students in each Trail will complete a combination of required courses and activities, and select electives within the specific area of concentration that are tailored to their interests.

Proposed Trails currently include:
- Advocacy
- Bioethics, Humanities, and Law
- Health Systems Leadership, Patient Safety, and Business of Medicine
- Medical Education
- Research

If you are interested in collaborating on the proposed trails or the Alpine Phase of the Trek Curriculum, please reach out to Dr. Chad Stickrath at Chad.Stickrath@cuanschutz.edu

**Recent Website Questions:**

Q: Will tracks and threads exist in the new curriculum?

The threads will not exist as threads in the new curriculum. Content from previous threads and a couple of tracks (Urban Underserved and LEADS) will be incorporated into curriculum delivered through our Health and Society pillar. The Global Health and Research tracks will remain. The Rural Track is transitioning into an expanded longitudinal Rural Program.

Q: How are basecamps different from trails?

Basecamps are the courses in the curriculum that will prepare students for the next phase of the curriculum. These are similar to ICC but modified to span all four years of the curriculum as transition point content. The trails are individualized areas of focus planned for the third and fourth year where students will be able to have a focused concentration on a particular content area. Final trail categories are still being discussed but the current plan is for four trails: Medical Education, Physician Scientist, Bioethics and Humanities, Health Systems and Community Leadership.