<table>
<thead>
<tr>
<th>Policy Title</th>
<th>Medical Student Duty Hour Policy</th>
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<tbody>
<tr>
<td><strong>Policy Intent</strong></td>
<td>The CUSOM seeks to support students in their ability to maintain their health and well-being during their medical education. While clinical experiences necessitate demands on time within a setting, excessive hours working in a clinical setting may compromise rather than support student learning. This policy specifies the parameters under which medical students may work in clinical settings for educational purposes.</td>
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<tr>
<td><strong>Policy Definitions</strong></td>
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**Duty or Work Hours**: Refers to hours spent on patient care and in required educational activities within the clinical setting. These hours do not include studying, reading academic preparation, or travel time.

**Clinical Setting providing Medical Education**: A site that a student is assigned in order to complete a clinical course.

**The Policy** | An important part of medical education involves student learning while in a clinical setting. The CUSOM has developed a medical student “duty hours” policy based on the policy requirements for second year residents (e.g., PGY-2, R-2). The CUSOM duty hour policy for medical students applies to all clinical sites providing education to medical students. Briefly, the requirement is:

1. Students will not work more than 80 hours per week when averaged over four weeks.
2. Students will have a minimum of one day in seven off, when averaged over four weeks.
3. Students will not work more than 24 consecutive hours of scheduled participation during one period of time and no more than 4 additional hours to accomplish an effective transition of patient care.
4. Students should have 8 hours free of duty between work shifts.
5. After a 24-hour shift, students should have 14 hours free of duty.
6. No more than every 3rd night on call

Duty hour activities include patient care and all required educational activities. Studying, reading and academic preparation do not count towards the work hour maximums. Travel time to rotations does not count as work hours.

**Phase III**
During Phase III required clerkships, students are required weekly to indicate whether they have complied with duty hour policy as stated above, and if unable to comply, to provide the reason(s) for non-compliance. Students should contact the clinical block or clerkship director when they are approaching duty hour limits, and discuss with block directors about how to proceed including possible schedule adjustment at the clinical site.

**Sub-Internships**
During Sub-Internships, students should contact the Sub-Internship Director when they are approaching duty hour limits, and discuss about how to proceed including possible schedule adjustment at the clinical site. Students report awareness of and compliance with duty hour policy on required course evaluations at the end of the Sub-Internship.
### Information Related to Policy Implementation

#### Related Policy
Related Policy: Logging Required Clinical Experiences during Phase III – Students are required weekly to log required clinical experiences.

#### Implementation Guidelines
**Informing students at the start:** Duty hour policy and logging should be discussed in clinical block and clerkship orientations and syllabi.

**Contact before exceeding:** Students should contact the clinical block, clerkship or sub-internship director when they are approaching duty hour limits, and discuss with the director how to proceed including possible schedule adjustment at the clinical site.

### Policy Title | Medical Student Duty Hour Policy
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**Policy Summary** | This policy specifies the parameters under which medical students may work in a clinical setting providing education.

**Policy Scope** | Students enrolled in the Medical Degree Program, at the University of Colorado School of Medicine.

**Effective Date** | Continuing from prior years, see Authorization/Change History below.

**Targeted Review Period** | Yearly

**Primary Governance Cmte** | Clinical Block Directors Subcommittee

**Unit or People Involved in Implementing the Policy** | Clinical block directors, Phase III Operations Coordinator, Assistant Dean of the Clinical Core, Office of Student Life

### Authorization/Change History of Policy

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>11/2/2016</td>
<td>Approved by the Curriculum Steering Committee on Nov. 2, 2016. Policy updated to remain consistent with existing policy governing resident duty hours.</td>
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<tr>
<td>8/4/2016</td>
<td>Added specific language regarding sub-internships at request of Assistant Dean of the Clinical Core and per conversation at CSC.</td>
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<tr>
<td>7/6/2016</td>
<td>Changes made and approved by CSC. Main changes: 1) remove “average over 4 weeks” from #6 and 2) specify notification applies to Phase III clinical blocks and clerkships.</td>
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<tr>
<td>3/21/2016</td>
<td>Existing policy formatted using policy template.</td>
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<tr>
<td>February 2016</td>
<td>Approved by CBDs electronically.</td>
</tr>
<tr>
<td>2/10/2016</td>
<td>Revised policy presented at CBD meeting. Main change: add detail and clarify work hours definition. To be approved via electronically via email.</td>
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