

CPC

Community and Primary Care

Course Goals

Goals

1. Develop an appreciation of the unequivocal value of Primary Care as an integral part of any well-functioning health system.
2. Develop an understanding of caring for patients and patients' families in the context of the primary care clinic and community.
3. Develop and advance the knowledge, skills and attitudes necessary to provide Ambulatory (community-based) Clinical Care for common acute and chronic conditions.
4. Develop and advance the knowledge, skills and attitudes needed to conduct well-visits and age appropriate clinical preventive services.
5. Develop and advance the knowledge, skills and attitudes necessary to provide health behavior change counseling and motivational interviewing.
6. Develop an appreciation for the importance of physician wellness and self-care.
7. Advance ability to communicate effectively with patients and interprofessional colleagues including oral presentation and written documentation of an adult outpatient encounter.
8. Develop knowledge, skills, and attitudes necessary to critically appraise the value of cancer screening within a population.

CPC

Community and Primary Care

Clinical Learning Objectives

Clinical

Interpersonal and Communication Skills

1. Provide an oral presentation and written summary of an adult outpatient encounter that appropriately communicates the data acquired and the clinical reasoning that supports the differential diagnosis.
2. Identify health behavior change language during a patient encounter and engage in health behavior change counseling, specifically using the skills of motivational interviewing.
3. Communicate effectively with patients, patients' families, health care team, and interprofessional colleagues including oral presentation and written documentation of an adult outpatient encounter.

Patient Care

1. Perform a focused or comprehensive physical exam on adult ambulatory patients as required by presenting complaint.
2. Develop a prioritized differential diagnosis, select a working diagnosis, and develop initial treatment plan following an outpatient encounter of an adult patient presenting with common clinical complaints including: abdominal pain, cough, intimate partner violence, dysuria, failure to thrive, fatigue, headache, joint pain, sprains/strains, low back pain, male genitourinary symptoms, rhinitis, and skin lesions and rashes.
3. Order appropriate diagnostic and screening tests, and perform initial management plan for chronic conditions commonly seen in the adult ambulatory setting including asthma, COPD, depression/anxiety, diabetes, dyslipidemia, hypertension, obesity, oral health, end of life care, and thyroid disease.
4. Gather a comprehensive or focused history on adult ambulatory patients as required by presenting complaint.
5. Recommend and counsel patients in an adult ambulatory setting on appropriate cancer screening tests based on the patients' age and risk factors.
6. Gather data to perform well-visits and recommend age-appropriate clinical preventive services.

CPC

Community and Primary Care

Session Learning Objectives

Asthma/COPD TBL

1. Develop basic interpretation of pulmonary function tests.
2. Develop a differential diagnosis and diagnostic approach to cough and dyspnea.
3. Identify treatment options for smoking cessation and some of their contraindications.
4. Diagnose, differentiate, and treat stable and exacerbations of COPD and asthma.
5. Describe the key historical features and physical exam findings associated with COPD and asthma.

Cancer Screening

1. Advance ability to critically appraise literature behind screening recommendations.
2. Identify benefits and risks of screening.
3. Demonstrate understanding of screening guidelines for common diseases and malignancies.
4. Demonstrate an understanding of indications for screening for common diseases and malignancies.

Common Outpatient Infections

1. Identify common infectious disease syndromes seen in primary care.
2. Generate specific differential diagnosis for common infectious syndromes.
3. Utilize point of care resources to create evidence-based treatment plans for common outpatient infections.
4. Determine appropriate use of antibiotic medications to patient cases.

Community Health Assessment and Service Learning Project and Orientation

1. Explore the community and make observations of available resources and environmental factors that may impact the health of the population you see in a clinical setting.
2. Utilize existing data sources to assess a population's health and identify areas of concern.
3. Identify and explore community resources available to your clinic's population.
4. Evaluate a communities strengths or areas of needs within the 5 domains of social determinants of health.

Dermatology & Intraoral Health Module

1. Identify common normal and abnormal intraoral lesions.
2. Identify common dermatologic conditions and skin lesions.

Evidence Based Medicine

1. Demonstrate familiarity with common biostatistics.
2. Demonstrate the ability to critically appraise literature.
3. Discuss the rationale for evidence based medicine.

Health Care System/Practice Transformation

1. Summarize how and where people seek healthcare.
2. Describe basic makeup of the US healthcare workforce.
3. Compare healthcare workforce in urban and rural settings.
4. Discuss factors that impact the high cost of healthcare.
5. Compare cost and quality of United States healthcare to that of other countries.
6. Appreciate the role of primary care in the larger healthcare system in the United States.
7. Recognize recent efforts to transform practices to improve healthcare delivery in the United States.

Introduction to Geriatric Assessment

1. Identify a geriatric syndrome or issue.
2. Perform an aspect of geriatric assessment.
3. Propose a non-pharmacologic management plan.

Introduction to Motivational Interviewing and Health Behavior Change Workshop - Part I

1. Describe causes of death related to patient behavior.
2. Identify 5 or more specific skills for facilitating health behavior change.
3. Practice skills for facilitating health behavior change with patients at clerkship sites.

Introduction to SDOH, Community, and Population Health

1. Describe how the contextual factors of patient families and their community, including social determinants of health, contribute to the health of patients seen in the clinic.
2. Define population health and how this is characterized at a clinic level and at a community level.

Motivational Interviewing and Health Behavior Change Workshop - Part II

1. Discuss experiences of attempting health behavior change counseling in the CPC clerkships sites, identifying common challenges and barriers encountered at the clinical site.
2. Describe solutions to common challenges and barriers to motivational interviewing and health behavior change counseling.
3. Practice skills using role play for facilitating health behavior change utilizing tips and tricks for challenging situations.

Orientation

1. Describe the role primary care plays in coordinated patient care.

Palliative Care Module - An In-Depth Look at Palliative Care and its Services

1. Define palliative care and the impact it has on patient quality of life.
2. Describe the characteristics of patients who can benefit from palliative care.
3. Locate resources to aid in your support of palliative care.

Palliative Care Module - Assessing Risk for Opioid Substance Use Disorder

1. Integrate routine and universal formal risk assessment for substance use disorder when considering or using opioid therapy in seriously ill patients.
2. Distinguish substance use disorder from the undertreatment of pain in the seriously ill patient.
3. Risk stratify for substance use disorder management.

Palliative Care Module - Managing Pain in Patients at Risk for Substance Abuse Disorders

1. Use safe and appropriate pain management strategies in seriously ill patients at risk for or with concurrent substance use disorder.
2. Recognize indications for specialist referral.

Preventive Care and Cancer Screening Workshop

1. Recognize the difference between screening and diagnostic tests
2. Review typical screening modalities for a given cancer/disease.
3. Review USPSTF recommendations for various cancer screening tests.
4. Reflect on the quality of evidence supporting screening recommendations.
5. Consider the trade-offs between benefits and harms of screening.
6. Describe two requirements of a successful screening program.
7. Use point of care tools to suggest age-appropriate screening tests.

Primary Care and Complex Care Coordination

1. Describe the role primary care plays in coordinated patient care.

Transitions in Care

1. Identify resources available for patients on discharge, and discuss how to determine which resources patients can benefit from.
2. Educate patients about their disease states, return precautions, and their medications.
3. Describe the important steps to an effective medication reconciliation.
4. Discuss smooth follow-up for patients during the patient transfer process.
5. Describe the role primary care plays in coordinated patient care.

Wellness Session - 1

1. Define the problem of student and physician depression.
2. Identify barriers to medical student wellness in current learning environment.
3. Observe attitudes surrounding mental health in clinical practice.
4. Recognize factors in one's own learning environment that influence wellness.

Wellness Session - 2

1. Define wellness and its importance for the practicing physician.
2. Learn adaptive strategies both in the moment and long term to enhance well-being and develop resilience.
3. Recognize the benefits of good self-care.
4. Develop an individualized wellness learning plan.