Management of the Injured Rodeo Athlete
December 11-12, 2017
The South Point Hotel
Las Vegas, Nevada

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University of Colorado School of Medicine
Office of Continuing Medical Education

Course Directors
Mike Rich PTA, ATC, Steven J. Morgan, MD

Faculty
Tandy Freeman MD, Clark Duchene MD
Frosty Moore MD, Jason Stoneback MD
Trigg McClellan MD, Steve Morgan MD
Rick Foster MS, ATC, Tony Marek PT, ATC
Brendan MacKay MD, Paul Schwartz MD
Shayla Foster ATC, Rob Hunter MD,
Mandi Elder EdD, ATC, David Holman MD,
Nick Tolsma PAC, Jason Mogonye MD
Shawn Ready ATC, Justin Laird, ATC,
Kristy Eastman ATC, Shawn Scott DC,
Mike Stratton PT, ATC, Ty Pechek D.D.S., MS
Sheri Lampin ATC, Kate Farner ATC,
Bob Larsen DPT

Course Description
This program will provide attendees with the knowledge to provide care for common injuries sustained by the rodeo athlete. It will cover acute care, late reconstruction and preventative methods to limit injury in the rodeo athlete. The meeting is intended for physicians, athletic trainers, and allied health personnel who participate in the medical care of the rodeo athlete in their local community, or provide medical coverage at local, regional and national rodeos. The meeting will have a special emphasis on case based learning with the addition of case based panel discussion as well. Ample time for questions and discussion guided by experienced moderators is also provided.

Learning Objectives
This CME activity is designed to help the attendee reach a baseline knowledge level about a wide variety of injuries seen in the rodeo athlete. This will help the attendee develop treatment protocols and prevention strategies when caring for these athletes that is consistent with other providers participating in the care of the rodeo athlete. At the conclusion of this program, the participants should be able to:

1. Evaluate the shoulder and its surrounding tissue to identify various shoulder injuries and potential available treatment options.

2. Summarize the properties and therapeutic use of different types of athletic tape and their appropriate application in the rodeo athlete.

3. Organize a plan for reducing dislocated joints in the training room or rodeo arena.

4. Implement post concussive evaluation to determine ability to return to sport for the athlete who has sustained a concussion as part of their post concussive rehabilitation program.

5. Utilize an educational strategy with athletes and their companions who have sustained a mild traumatic brain injury to appropriately inform them of the potential for change in severity of the injury and the subsequent need to seek follow up care.
Accreditation
The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 9.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certified Athletic Trainers may claim up to 9.0 contact hours (CEUs) through the BOC under Level II – category D.

PTs, NPs and PAs may also claim continuing education hours through their respective boards and licensing organizations with the provided Certificate of Participation.

All healthcare professionals are responsible for claiming only those hours actually spent participating in the continuing education activity.

Registration Fee -  
MD, DO, DC, PhD: $250.00
PA, PT, NP, RN: $150.00
ATC, LAT, OTC, EMT, LMT: $100.00

The registration fee includes syllabus and CME certificate or certificate of attendance for non-physicians. Registration Form Attached.

Cancellation/Refunds: The full conference tuition is refundable, less a $50 processing fee, if your cancellation is received, in writing, by 11-30-17. (The $50 processing fee is nonrefundable regardless of the reason for cancellation.) Refunds will not be granted after this time or for non-attendance.

Rodeo Sports Medicine Conference reserves the right to cancel this conference in the event of an unforeseen circumstance, or if the minimum acceptable registration is not attained. In the event of cancellation, Rodeo Sports Medicine Conference is obligated to refund the registration fee only.

For More Information
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2017 Management of the Injured Rodeo Athlete

Day 1
7:55 to 8:00: Opening Comments/Review of Objectives/Disclosures

8:00am to 9:00am: Rodeo Injury Registry and General Health
Mandi Elder, PhD, ATC – Review of National Rodeo Injury Registry Specific to Knee Injuries. Brief Overview of Risk Rate of Injury in Pro Rodeo (15 Min)
Rick Foster MS, ATC— National Rodeo Specific Injury Registry – Mechanics of Onsite Data Entry (10 Min)
Justin Laird, ATC– Dealing with the Diabetic Rodeo Athlete (15 min)
Shawn Ready ATC – Exercise Physiology for the Rodeo Athlete a Rodeo Specific Exercise Program (15 Min)
Q&A 5 Min

9:00am to 9:50am: Head and Cervical Spine
Shayla Foster, ATC and Kate Farner, ATC – Case Presentation Bull Rider with Vestibular Dysfunction 2 Year Follow up (15 Min)
Trigg McClellan, MD – Original Research: G- Force Evaluation to the Head and Cervical Spine in Rough Stock Athletes (15 Min)
Frosty Moore, MD – “When Can I Compete?” New Concussion Testing Tool (15 Min)
Q&A 5 Min

9:50am to 10:20am Panel Discussion
Case Based Discussion Led By the Moderator: Shoulder Instability Treatment Options
Moderator: Robert Hunter MD
Prospective Panel

10:20am to 10:45 Refreshment Break Visit Exhibitors

10:45am to 12:05pm Shoulder, Chest and Spine
Sheri Lampin ATC – Thoracic and Issues and Rib Dysfunction Diagnosis and Treatment (15 Min)
Nick Tolsma PA and David Holman MD– Case Study: Hemopneumothorax in a Steer Wrestler (10 Min)
Q&A 5 Min
Mike Stratton DPT, ATC – Lumbosacral and Hip Dysfunction Diagnosis and Treatment (15 Min)
Jason Mogonye MD – Doctor Tricks for Low Back Issues (15 Min)
Q&A 5 Min
Shawn Scott DC – Case Report: Pelvic Dysfunction in a Bareback Rider (10Min)
Q&A 5 Min

12:05pm to 12:50pm: Lunch Visit Exhibitors

12:50 pm to 1:00pm Special Announcements Tandy Freeman MD

1:00pm to 2:00pm: Extremity Trauma
Jason Stoneback MD – Case Report : Stirrup Injury in an Adolescent Female Rodeo Athlete (10 Min)
Rick Foster ATC – Case Report : Forearm Fracture In a Bareback Bronc Rider (10 Min)
Mike Stratton, DPT ATC- Case Report: 5th Metatarsal Fracture (Jones) Fracture (10 Min)
Kristy Eastman MS/ATC- Case Study: Superfi cial Knee Laceration In A Bull Rider. Is This a Simple Problem? (10 Min)
Clark Duchene MD – Reduction of Dislocated Joints at the Rodeo Arena: How to accomplish without Systemic Sedation? (15Min)
Q&A 5 Min
2:00pm to 2:30pm: Refreshment Break Visit Exhibitors

2:30pm to 4:00pm: Treatment and Panel Discussion Breakout Session Section 1
- Participants separate into 4 groups and rotate to the four breakout demonstration sections
  - Tandy Freeman MD – Physical Examination of the Shoulder (20 min)
  - Shayla Foster ATC – Post Concussion Testing for Return to Sport (20 min)
  - Sheri Lampin – Rib Mobilization Techniques (20 MIN)
  - Tony Marek PT – Muscle Energy Techniques for SI Dysfunction (20 MIN)
- Group reconvenes for Panel Discussion Q&A
- Panel Q&A – Instructors and Moderator (10 Min)

4:00 Adjourn for Day

Day 2
7:55 to 8:00: Opening Comments

8:00am to 9:15am: Arthritis, Diagnostic Aides, Decision Making and Dental Emergencies
- Paul Schwartz MD – Case Study: Post Traumatic Arthritis of the Knee Treatment Options? (15 min)
- Steve Morgan MD – Case Study on Fractures in the rodeo athlete. What needs immediate attention what can wait till they get home (15 min)
- Brendan MacKay MD – Common Hand Injuries In Rodeo (15 Min)
- Jason Mogonye MD – Use of Ultrasound in Diagnosing Extremity Injuries what are the limitations and Indications? (15 Min)
- Ty Pechek D.D.S., MS - Common Dental Emergencies (15 Min)

Q&A 5 Min

9:20am to 9:45 Break Visit Exhibitors

9:45am to 11:15am: Treatment and Panel Discussion Breakout Session Section 2
- Participants separate into 4 groups and rotate to the four breakout demonstration sections
  - Tandy Freeman MD – Training Room Knee Examination (20 MIN)
  - Rick Foster MS, ATC – Rodeo Equipment and the How It can Cause Injury (20 MIN)
  - Bob Larsen PT – Rigid Tape Strapping for Injury (20 MIN)
  - Shawn Ready ATC – Dry Needling Demonstration (20 MIN)
- Group reconvenes for Panel Discussion Q&A
- Panel Q&A – Instructors and Moderator (10 Min)

11:15am to 11:30am – Course Wrap UP, Q&A, Evaluations

11:30am: Course Adjourns