STICU Patient Care Guidelines

Orthopedic Trauma Service:

Discuss admission and/or post-operative care plans with ortho-trauma service at time of transfer or admission to ICU. Signout to include discussion on wound management, dressing, drains, and required serial neurovascular/compartment exams.

Notify service of changes in neurovascular exam, compartment or perfusion pressures, elevated drain outputs, transfusion requirements, and clinical deterioration.

Activity / Mobility:

For Patients on Primary Orthopedic Service:

1) ICU Admission Orders to Include Activity Orders and PT/OT Consultation for All Patients.
2) Post-Op Transfers – In addition to admission orders above, activity to be discussed at bedside at time of direct transfer as per ICU Handoff Guideline

For Patients on Primary Trauma Service with Ortho-Trauma Consultation:

1) ICU Admission Orders (Written By Trauma Service) To Include Activity Orders and PT/OT Consultation for All Patients
2) On Admission, ICU Team to Review and Update Activity Orders Based On Assessments of Ortho-Trauma Service and Other Consultative Services (Neurosurgery, ENT, Vascular)
   a) All consultative services to include activity orders and mobility restrictions in initial consult note
   b) ICU teams to review consult notes and call ortho-trauma or other consultative services if activity order not included in note (this should be a rare occurrence)
3) Subsequent Post-Op Transfers (After Initial Admissions) – updates/changes to activity orders to be discussed at bedside at time of direct transfer as per ICU Handoff Guideline