

# Choline During Pregnancy Study

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Approved

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COMIRB

## Why:

- ❖ To see if giving choline supplements changes brain development in babies
- ❖ To see if genetics play a part in these differences in development.

## Who:

- ❖ Healthy women age 18-45 who are between 11 and 17 weeks pregnant

## What:

- ❖ Take choline during pregnancy (mother) and from birth to 3 months old (baby).
- ❖ Monthly visits with a study nurse.
- ❖ Ultrasound to find out baby's age.
- ❖ Interview and questionnaires about medical history, pregnancy, and baby's development.
- ❖ Tests of baby's response to audio and video recordings.
- ❖ Assessments of baby's development.
- ❖ Optional DNA (baby) - sample collected from cord blood or cheek swab

## Where:

- ❖ Developmental Research lab at the University of Colorado Denver at 9<sup>th</sup> and Colorado
- ❖ Denver Health Medical Center clinics

All supplements, blood draws, ultrasounds, and monthly visits related to the study will be free of charge.

Enrolled participants will be compensated for their time.

*For more information contact:*

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