Diet Diary

Breakfast
- formula
- cereal
- fruits

Lunch
- formula
- low-protein sandwich
- salad
- fruits

Snack
- low-protein candy
- formula
- soda/juice
- low-protein bread
- low-protein donuts

Dinner
- formula
- low-protein pasta
- vegetables
- fruits

Snack
- low-protein cookies
- formula
- soda/juice
- low-protein bread
- fruits