

## MATERIALS POST CONFERENCE FOR WEBSITE:

The Movement Disorders Center's Huntington Disease Society of America Center of Excellence hosted its second Huntington's Disease (HD) Patient and Family Education Conference on May 4, 2019 on campus. The theme this year was The Art of Self Care. Topics included The Art of Medication Management (with Dr. Sarah Fischer and Dr. Jacqui Bainbridge), Art of Living Well: Improving QOL in HD through Supportive Care with Dr. Christina Vaughan, Art Therapy with Amy Jones, State of the ART in research (Dr. Lauren Seeberger and Isabelle Buard. Attendees asked direct questions in the "Picture of Health Interactive Q & A Panel" with (Dr. Kirsten Rapp, Meghan Smith-Cunningham, LSW, and Chaplin Ryan Kahn, and enjoyed a presentation on "Huntington's Disease: The Long View" with key Note speaker Dr. Martha Nance, and free resources such as Caregiver Lifehacks and art therapy samples. The free program was possible with the financial support from Huntington Disease Society of America and TEVA Pharmaceuticals.

### [A List of Helpful Assistive Technology](#)

Shower nozzles (provide hot water at constant temp.)  
Automatic gas/electricity/stove/water shut-off (infrared)  
Automatic refrigerator door closer  
Simple remote control with large and clear buttons  
Electronic medication reminders  
Wristband HR and blood pressure monitors  
Toilet seat with automatic lift assistance  
Photo button telephone  
Verbal prompting devices about essential items before leaving

### **Websites with various assistive products and information:**

[www.Medicare.gov](http://www.Medicare.gov) or call 1-800-MEDICARE

[www.assistivetechpartners.org](http://www.assistivetechpartners.org) UC Denver Organization

[www.thehumansolution.com](http://www.thehumansolution.com)

<http://www.thehumansolution.com/footimemouse.html>

The Eye Tribe Tracker <https://theeyetribe.com/>

[www.macupdate.com/Prizmo](http://www.macupdate.com/Prizmo)

<http://www.handsfreetouchpad.com/>

The AirBar – [www.air.bar](http://www.air.bar) (available for Mac & PC)

[www.tbloc.org/brain-education](http://www.tbloc.org/brain-education) this list of sites

Tobii I-Series (eye tracking SGD) <http://www.tobiidynavox.com/>

Eyegaze Edge Talker (eye tracking SGD) <http://www.eyegaze.com/>

### **Other Helpful Sites**

www.ucdenvermovement.org and [www.neuropalliative.org](http://www.neuropalliative.org)

[www.coloradotrespitcoalition.org](http://www.coloradotrespitcoalition.org)

www.HDSA.amwell.com

### **Colorado Long Term Care Facilities for Residents with Huntington 's disease**

Rowan Community Care Center

Spearly Care Center -Juniper

Cotton Care Center (Brighton)

Mesa Vista (Boulder)

North Star Community Care Center

Sierra Community

Castle Rock Nursing and Rehabilitation

Holly Heights Nursing Center

Colorado Assisted Living Facilities who are Familiar with Huntington's Disease

MaryCrest Assisted Living

The Retreat at Highlands

Manor on Marston Lake

Decatur West

Melody House

Sterling House of Longmont

Union Printers Home

Solange Apple Tree Assisted Living

Aurora Residential Alternatives

**A Class for Caregivers:**

Strategies & Techniques for  
Successful Communication

Jill Lorentz, President of Summit Resilience Training

This FREE event is for those who are experiencing or are anticipating memory loss in a loved one due to neurologic disease (including Parkinson's disease, atypical Parkinsonism, Alzheimer's disease, etc.)

Tuesday June 11th 1:15-3:15pm  
UCHealth Outpatient Pavilion, room 2006

To register please visit  
<https://caregiverclass.eventbrite.com>  
For more information please call  
Julie Berk, MS, PA-C (303) 724-0510