1. Which of the following is an environmental factor thought to contribute to Parkinson’s disease?
   a. Head injury
   b. Pesticides and chemicals
   c. High metal exposure
   d. All of the above

2. How can you get involved in PD research?
   a. Participate in Fox Insight, a virtual research hub
   b. Enroll in Fox Trial Finder, where over 400 studies are currently listed
   c. Participate in the Parkinson’s Progression Markers Initiative
   d. All of the above

3. Clinical research is:
   a. Research that involves human participants
   b. Expand scientific knowledge of disease
   c. May compare one treatment to another
   d. All the above

4. Participating in clinical research may lead to all the potential benefits except:
   a. Access to treatments not yet available
   b. Free medical evaluations by experts in the field
   c. Feeling of not being able to take action against your disease
   d. Better outcomes than those not participating in clinical research

5. What is NOT an indication for DBS surgery in Parkinson disease?
   a. Dyskinesias
   b. Tremor
   c. Cognitive problems, dementia
   d. Intractable side effects from medications

6. DBS improves the following problems related to Parkinson disease
   a. Tremor
   b. Lightheadedness
   c. Decrease sense of smell
   d. Slowness of the movements
   e. A and D

7. Persons with PD that are at the most risk for development of problematic dyskinesia (excess movement) are
   a. Persons with young-onset
   b. Persons with early stage PD
   c. Persons with onset in their seventies
   d. Persons with more slowness than tremor

8. Exercise is an important part of therapy for PD because
   a. Evidence implies that it slows PD progression
   b. It often helps mood and sleep
   c. It may reduce falls
   d. All of the above

9. Non-motor symptoms in Parkinson's disease:
   a. Include depression, pain and fatigue
   b. Do not impact quality of life as much as motor symptoms
   c. Are rare
   d. All of the above

10. It is important to talk to your doctors about non-motor symptoms because:
    a. These symptoms are not visible or obvious
    b. There may be other causes for these symptoms that are treatable
    c. There are therapies that may help some of these symptoms
    d. All of the above

11. People with PD begin to experience lower activity levels?
    a. Early
    b. By mid-stages
    c. Only late in PD
    d. All of the above

12. Which of the following types of exercise can benefit people with PD?
    a. Flexibility exercises
    b. Aerobic conditioning
    c. Balance exercise
    d. Dance
    e. None of the above
    f. All of the above