Greetings from the Rocky Mountain Multiple Sclerosis Center at University of Colorado Hospital!

The Rocky Mountain MS Center is pleased to announce that we are now enrolling patients in a study about adolescent adherence to MS medication.

We are interested in monitoring how and when adolescents take their MS medication. We want to know what works for you and what maybe isn’t working so well. We believe this information will help us provide better clinical care and support for those on treatment. We also believe this is a great opportunity for you to learn more about your own health behaviors and how to manage the disease.

We would like to emphasize that this is not a treatment study. We will enroll pediatric MS patients cared for at the University of Colorado Hospital and treated with MS medication for over 6 months. All study participants will have a standard neurological exam by their usual neurologist, and will be asked to complete a web-based self-report questionnaire at study entry. Study participants will then be provided with a MEMS (medical electronic monitoring system) device for tracking treatment adherence and trained on how to use it by a study staff.

After one month of using the MEMs device you will either get feedback about your monitoring via a scheduled telephone call with a trained professional, or you will be asked to watch an educational video on multiple sclerosis treatment options. The same interventions will occur again at two and three months. At your three-month visit and final 6 month visit, you will be asked to complete another set of self-report questionnaires on the computer.

The study will reimburse your reasonable out-of-pocket expenses related to study participation. A $15 gift card will be provided as a small token of our appreciation.

If you have any questions about this research project, or would like to participate in the study, please contact our research team at 303-724-4644. We hope that you and your family will share our enthusiasm for this project.

With Warmest Wishes,

Dr. Teri Schreiner
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