Dear Patient,

Thank you for coming to see us today at the University of Colorado Lowry Internal Medicine clinic. We want to tell you a few things about our philosophy before our visit.

**Our job:**
We believe that doctors should work with patients, not do things to patients. We believe that it is your body and your life and you are free to do with them as you please. We strive to practice medicine based on the best available information.

**Your job:**
We know from research that patients who take control of their health do better in the long run. We want you to be in control. When you come to see us, we would like you to set the agenda so that your needs are met.

Please take a moment to write down what you are hoping to get out of today's visit.

**Your top 3 main goals, fears, or worries for today:**

1)  

2)  

3)  

**Some common concerns:**
1. Please never feel pressured to agree with us.
2. Please don’t feel that we will be upset if you have more questions.
3. Please let us know if you are particularly worried about something

While time is often short, we will do everything we can to address your concerns:

Sincerely, Your Team 1 Providers: Eva Aagard MD, Adam Abraham MD, Scott De La Cruz MD MPH, Nivi Mahidhara MD, Dan Matlock MD MPH, Lisa Schilling MD, Wagner Schorr-Ratzlaff MD, Carmen Lewis MD