<table>
<thead>
<tr>
<th>Pre-Disease</th>
<th>Next Steps</th>
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<tbody>
<tr>
<td>Complete Medical Durable Power of Attorney (MDPOA).</td>
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**Definitions**

- Address depression when you see it.
- Contain and treat mental illness.
- Monitor for complicated grief and/or bereavement.

**Resources**

- Assess for complicated grief.
- Assess for depression and/or bereavement.
- Normalize grief process.

**Bereavement**

- Determine patient’s grief and loss.
- Visits from Hospice counseling.
- Consider specialty palliative care.

**End Stage of Disease**

- Review items above.
- Hospice care.
- Consider specialty palliative care.

**Advanced Disease**

- Review items above.
- Hospice care.
- Consider specialty palliative care.

**Management**

- Address patient’s pain and suffering.
- Review advance directives.
- Review goals/medication plans.

**Orphan of Disease**

- Discuss treatment plans.
- Consider family counseling to discuss goals.

**Onset of Disease**

- Initiate treatment plan.
- Suggest family conference to discuss goals.

**Disease Management**

- Update treatment plan.
- Address psychosocial needs.
- Review progress of disease.

**Advocate**

- Introduce advance directives.
- Decline clear diagnosis of disease.

**Trigger Questions**

- How are you coping?
- What do you understand about your illness?
- How much do you want to know?
- What do you want to talk about?

**Palliative Care**

- Throughout the continuum of illness involves addressing physical, intellectual, emotional, social and spiritual needs (local plan), facilitating patient autonomy, access to information, and choice.