President’s Council on Fitness, Sports & Nutrition
Science Board

**Purpose:**
As per the President’s Council on Fitness, Sports & Nutrition’s (hereon “the Council”), ‘the Council, with approval of the Secretary, may establish subcommittees, as appropriate to provide assistance in carrying out its work. The subcommittee shall be composed of Council members and/or non-member special consultants. The subcommittees shall make reports to the Council for consideration, as appropriate. Subcommittees may not report directly to the President or another Federal official unless there is specific statutory authority for such reporting.

The Science Board was established in 2003 as a subcommittee to the President’s Council on Fitness, Sports & Nutrition (hereon “the Council”) to assist the Council in the development of scientifically sound programs and materials by providing scientific guidance and advice to the Council relative to Council initiatives.

**Functions:**
The Council shall advise the President, through the Secretary, concerning progress in carrying out the provisions of Executive Order 13545. The Council shall advise the Secretary on ways to promote regular physical activity, fitness, sports participation, and good nutrition. Recommendations may address, but are not necessarily limited to, public awareness campaigns; Federal, State, and local physical activity; fitness, sports participation, and nutrition initiatives; and partnership opportunities between public- and private-sector health-promotion entities. The Council shall function as a liaison to relevant State, local, and private entities in order to advise the Secretary regarding opportunities to extend and improve physical activity, fitness, sports, and nutrition programs and services at the local, State, and national levels. The Council shall monitor the need to enhance programs and educational and promotional materials sponsored, overseen, or disseminated by the Council, and shall advise the Secretary as necessary concerning such need.

The Science Board’s primary function is to provide draft recommendations and advice to the Council for the Council’s deliberation. All recommendations of the Science Board must be presented to the Council for deliberation and approval by the Council. The Science Board may not make any recommendations directly to a Federal Agency. The Council-approved Science Board recommendations will be presented to the Secretary as part of all Council recommendations to the Secretary. The Science Board does not have any authority over the appointment of Council members or the daily operations of the Council.

The Council will periodically provide a specific charge to the Science Board that designates the substantive topics or areas in which the Council would like research and draft recommendations for their deliberation. The charges can vary over time.

As directed by the Council, the Science Board will:
- Provide scientific advice and guidance on the Council’s programs and policies to ensure alignment with current research and best practices
- Serve as a resource on new or existing research to the Council. Activities will include:
Select topics, authors, and editors for future *Elevate Health* issues or other publications as appropriate, and ensure timely publication and present them to the Council for deliberation and approval. Review special publications of the Council and some of the products that result from partnerships with public and private entities. Provide information on new research as it becomes available.

- Recommend the recipient(s) of the annual Science Honor Award.

If the Science Board members serve on external advisory committees or panels, serve as speakers at annual professional conferences, or authors to publications, they do so in their personal capacities. They can provide factual information about the Council recommendations and activities. However, Science Board members may not speak on behalf of the Council.

**Structure:**
Members serve a three-year term. New members are nominated by current members, but nominations from federal and nonfederal organizations can also be accepted. The Science Board is comprised of sixteen leading researchers in fields that include:

- Exercise Science, Kinesiology, Physical Activity
- Fitness Assessment and Measurement
- Physical Education Pedagogy
- Sport Psychology and Sociology
- Physical Activity Promotion
- Nutrition
- Energy balance and weight control
- Public Health
- Medicine

**Tasks:**
The Chair serves a one-year term. The Chair is nominated by current members or the Office of the Council and is approved by the current members. The Chair will:

- Guide the identification and implementation of the Council-directed activities of the Science Board
- Conduct ongoing communication with the Council staff
- Develop Science Board meeting agendas with the Council staff assistance, as appropriate
- Preside at Science Board meetings and ensure that the agenda is as closely adhered to as possible
- Call on individuals for opinions and comments and terminates any unnecessary discussion during Science Board meetings
- Approve all Science Board meeting notes
- Report to the Council in person (or with a designee) at their annual meeting

The Members will:

- Serve as a source of independent scientific expertise and advise on policy and program activities carried out by the Science Board and the Council
Attend scheduled meetings of the full Science Board in their entirety and, as appropriate, any meetings of Science Board working groups of which s/he is a member

Review required material before meetings to allow for effective discussion, commenting, and voting on issues brought before the Science Board

Adhere to required actions and timelines on activities of the Science Board

Provide input on the identification and implementation of the Council-directed activities of the Science Board

Participate in working groups, as appropriate

The Council will:

- Inform the Science Board of the Council’s priorities
- Provide the charges for the Science Board
- Provide time in the Council’s annual meeting for the presentation of and deliberations on the report of the Science Board

The Designated Federal Officer will:

- Provide direction and assistance to ensure that the Science Board operates as required and in accordance with good management practices
- Ensure necessary staff support
- Approve or call the Science Board meeting, approve the agenda, attend the meeting, and when necessary, adjourn the meeting
- Ensure preparation of materials for consideration by the Science Board
- Initiates all nominations and personnel actions for all new members
- Initiate letters of invitation, appreciation, and certificates of appreciation, when appropriate

**Meetings and Reporting:**

The Science Board will meet quarterly, or as needed, to ensure scientific guidance and advice is provided to the Council in a timely matter. Science Board working groups will meet as needed. The Science Board will report to the Council annually.