1) **Introduce your topic.**
   - Clearly define the purpose of the research/problem/issue. Explain the nature of the problem, its importance and relevance to citizens. Explain what is known about the problem already, and what is not well understood. What's new about what you are doing? What answers are you trying to get? (research objective and questions). State your hypotheses and reasoning for any assumptions. Describe why you decided to do this study.

2) **Describe your research design and methodology.**
   - Describe your study design, methodology, and any methodological issues or concerns. Describe the data and/or model and analysis used in the research. Explain essential terminology. Ensure that you thoroughly understand and learn how you are investigating the research problem. Describe the techniques for analyzing data/model. Sufficiently communicate the methods in order to explain how the results were derived. Discuss your research background, aims & objectives.

3) **Tell us the results.**
   - What are the results of your study? Present the results of your investigation in a graphical format, with a brief explanation based on your data and/or model analysis. Show diagrams/figures that indicate what happened in your study. Show the most important results in the form of specific statistics, logistics, data and references. The interpretation of this information builds the argument for your conclusions. Results should be presented objectively. Be sure to integrate a discussion of the results with its implications. Remind us about the relationship to the significance, background, and "big picture" presented in your introduction.

4) **Discussion.**
   - Describe what you believe is the significance or importance of your results. Explain why physicians in primary care other specialties should care about your project findings and why the general public should care. Provide a critique of your results (strengths/weaknesses). Tell us how well you think you addressed the guiding research. Is there a central message you would like to convey? Describe why you think this will be helpful to the medical community and the general public. Describe any future work or forthcoming questions that came from your research.

5) **Additional comments**
   - Mention your mentor, what your experience was like, and any other comment you would like to make.