Let’s Talk about...Building Healthy Families From the Start.
An inside look at how experts at the Colorado Institute for Maternal & Fetal Health are bridging research to care to enhance your pregnancy journey and the care of your newborn.
Join us for an evening of learning as our experienced physicians and researchers provide you with a greater understanding of your role in building a healthy family from the start. Whether you’re already pregnant or still considering the journey, this event will cover the latest information about pregnancy and newborn care.

Who: Women and couples seeking information about healthy pregnancy

Date: Tuesday, November 11, 2014

Time: 6:00 pm- 8:30 pm

Where: Anschutz Inpatient Pavilion 2
Conference Center Auditorium
12605 E. 16th Ave.
Aurora, CO 80045

Cost: $10 per person (light dinner included, 100% of the registration fee donated to Fetal Health Foundation)

Parking: Free valet parking will be available and information will be emailed to you closer to the event.

RSVP: Space is limited; please RSVP by November 3, 2014 at uchealth.org/BuildingHealthyFamilies or call Talia Kay at 720-848-7378

Agenda
5:15pm// Registration, Light Dinner, Information Fair
6:00pm// Introduction by Mary Beth Martin, Executive Director, Colorado Institute for Maternal & Fetal Health
6:10pm// Being Proactive About Your Fertility by Nanette Santoro, MD
6:30pm// The Roadmap to a Normal, Healthy Pregnancy by Joe Hurt, MD and Patient
6:50pm// Origins of Health: Long-Term Impacts of Pregnancy Experiences By Paul Rozance, MD
7:10pm// Expecting Twins? An Inside Look at What You Should Know to Help Achieve the Best Possible Outcomes By Timothy Crombleholme, MD and Patient
7:30pm// Questions/Answers and Panel Discussion
8:30pm// Adjourn
Speaker Topics

“Being Proactive About Your Fertility”
Nanette Santoro, MD, Professor and Chair, Obstetrics and Gynecology
Learn to navigate the unspoken world of fertility. Dr. Nanette Santoro will guide you so that you can have the information you need to set the stage for the off chance that things don’t go as planned. Learn about the importance of starting off with a healthy weight, how long to wait if you are having trouble getting pregnant, guidelines for fertility preservation, men’s health and endocrine disruptive issues.

Speaker Bio: Dr. Nanette Santoro has been an active clinician and researcher in Reproductive Endocrinology since 1986. Her current research involves treatment of menopausal symptoms in women and training of Reproductive Endocrinologists in clinical research. Her laboratory has specialized in the development and measurement of reproductive hormones using state-of-the-art methodologies. She developed techniques to perform field studies that allow for daily hormone assessments without the inconvenience of blood drawing by using urine sampling.

“The Roadmap to a Normal, Healthy Pregnancy”
Joe Hurt, MD, PhD, Assistant Professor, Obstetrics and Gynecology
In this presentation, Dr. Joe Hurt will answer the question of what to expect when you’re expecting. He’ll provide an overview of what lies ahead along the prenatal journey for both mom and fetus, and equip attendees with the knowledge to ask smart questions at milestone visits with care providers. Dr. Hurt will be joined by a patient to help bring the experiences of pregnancy to life through her own personal story of having things go from nothing like she planned, to everything she hoped for.

Speaker Bio: Dr. Joseph Hurt completed his MD, PhD, and residency training in Gynecology & Obstetrics at Johns Hopkins University School of Medicine. He is the director of the Preterm Labor Research Laboratory at the University of Colorado School of Medicine, investigating the biology of labor and delivery with the goal of developing treatments to prevent preterm birth and the problems of prematurity. Clinically, he is a Maternal Fetal Medicine fellow, seeing high risk patients within the Colorado Institute for Maternal & Fetal Health.

“Origins of Health: Long-Term Impacts of Pregnancy Experiences”
Paul Rozance, MD, Associate Professor, Pediatrics; Neonatologist, Colorado Institute for Maternal & Fetal Health
We are learning more and more each day about the impact a baby’s experiences in utero can have on its long-term, metabolic health. And we’re also coming to understand more about the metabolic stress that pregnancy can have on a woman’s body and the importance of proactive health management in preventing future health problems. Dr. Paul Rozance will review his latest findings on developmental origins of maternal and fetal diseases and discuss what’s currently being explored to break the cyclical nature of these risks.

Speaker Bio: Dr. Paul Rozance received his MD from Georgetown University and completed a Pediatric Residency at Stanford University. This was followed by sub-specialty training in Neonatology at the University of Colorado Denver. He is currently an Associate Professor of Pediatrics and practices Neonatology at the University of Colorado Hospital and Children’s Hospital Colorado within the Colorado Institute for Maternal & Fetal Health. His research focus is on determining the impact that complications of pregnancy, such as placental insufficiency, have on fetal growth, metabolism, and development.

“Expecting Twins? An Inside Look at What You Should Know to Achieve the Best Possible Outcome”
Timothy Crombleholme, MD, Director, Colorado Fetal Care Center; Director, Colorado Institute for Maternal and Fetal Health; Professor, Pediatric Surgery; Ponzio Chair for the Surgeon-in-Chief Children’s Hospital Colorado; Vice Chair, Department of Surgery
Finding out that you’re pregnant with twins can be exciting…and overwhelming. The pregnancy journey with twins is very different from carrying just one and there are many things moms need to be aware of along the way. Hear from a mom of not one, but two sets of twins, as she talks about her experiences. And gain key insights from internationally-renowned fetal surgeon, Dr. Crombleholme, as he shares the latest information about fetal care to help moms and babies achieve the best outcomes possible when expecting twins.

Speaker Bio: Dr. Timothy Crombleholme is a leader in the field of fetal surgery. Prior to becoming the director of the Colorado Institute for Maternal & Fetal Health, he founded and oversaw the Fetal Care Center of Cincinnati. Previously, he helped found the Center for Fetal Diagnosis and Treatment at Children’s Hospital of Philadelphia and he was the co-founder of the Fetal Treatment Program at the Tufts Medical School.