General Information

This program is designed to meet the educational needs of physicians, physician assistants, nurse practitioners, nurses, medical students, cardiac rehabilitation specialists, diabetes educators, and many others involved in women's health.

Accreditation

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of 4.25 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Learning Objectives

At the conclusion of this activity, participants should be able:

1. To evaluate and review recent evidence on biological differences in cardiovascular disease and heart failure in women.
2. To implement appropriate cognitive screening in patients as part of the global cardiovascular risk assessment.
3. To understand that there are sex differences in many health and disease processes that require different methods of diagnoses and treatment.
4. To acquire a solid foundation of knowledge regarding how physical activity can improve skeletal health.
5. To use guidelines and algorithms to triage and navigate general complaints in the aging woman with spine issues.
6. To identify how sleep and circadian disruption contribute to metabolic disease, including sex differences.
2016 14th Annual Women’s Health Symposium
Saturday, February 27, 2016

SCHEDULE

7:00 AM  Registration and continental breakfast
8:00 AM  Introductions and Welcome
          Judith Regensteiner, PhD, and Jane Reusch, MD

SESSION I

8:15 AM  Women are Different: New Findings Regarding CVD in Women
          Jane Reusch, MD
8:45 AM  The Role of Vascular Health in Cognitive Impairment and Dementia
          Kerry Hildreth, MD
9:15 AM  Why Sex Differences Matter
          Judith Regensteiner, PhD
9:45 AM  Panel: Questions and Answers
10:15 AM Break

SESSION II

10:45 AM Exercise and Bone Health: Conventional Wisdom, Contemporary Ideas
        Wendy Kohrt, PhD
11:15 AM Spine Issues in the Aging Woman
        Eve Burger, MD
11:45 AM Metabolic Consequences of Sleep Disorders in Women
        Kenneth Wright, PhD
12:15 PM Panel: Questions and Answers
1:00 PM  Conference adjourns

PRESENTED BY:
Center for Women’s Health Research
Divisions of Internal Medicine and Cardiology
University of Colorado School of Medicine

SPONSORED BY:
University of Colorado School of Medicine
Office of Continuing Medical Education
and Professional Development
FEATURED PRESENTERS
University of Colorado School of Medicine

Jane Reusch, MD
Professor of Medicine
Division of Endocrinology, Metabolism, and Diabetes
Department of Medicine
Denver Veterans Affairs Medical Center
Associate Director, Center for Women’s Health Research

Wendy Kohrt, PhD
Professor of Medicine
Division of Geriatric Medicine
Department of Medicine
Director, IMAGE Research Group
Associate Director, Center for Women’s Health Research

Kerry Hildreth, MD
Assistant Professor of Medicine
Division of Geriatric Medicine
Department of Medicine

Evalina Burger, MD
Professor of Orthopedics
Vice Chair, Department of Orthopedics
University of Colorado Health Spine Center

Judith Regensteiner, PhD
Professor of Medicine
Judith and Joseph Wagner Chair
in Women’s Health Research
Director, Center for Women’s Health Research

Kenneth Wright, PhD
Professor
Department of Integrative Physiology
University of Colorado, Boulder

REGISTRATION
This symposium will fill to capacity. Early registration is encouraged.

Registration is $25. NOTE: To register online and pay using your credit card, please visit www.cwhr.org.

Last Name_________________________________________First Name_________________________MI________
(Please print name as you would like it to appear on your CME certificate)

Degree____(Necessary for CME Certification) Practice name/organization: ____________________________

Mailing Address____________________________________________________________________________________

City________________________________________State________Zip________________________

Phone____________________________________E-mail________________________________________

Please indicate if you have any special assistance needs:

Please enclose check payable to the University of Colorado/CWHR with the completed form and mail to:

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AMERICANS WITH DISABILITY ACT STATEMENT
Please indicate if you have any need for auxiliary aids or special assistance services:

QUESTIONS?
Call 303-724-0305 or email cwhr@ucdenver.edu

If you need to cancel your registration, full refunds will be issued through February 10, 2016.
The registration fee cannot be refunded after February 10, 2016.
Directions and Parking

**From Downtown Denver:**
Head East on Colfax. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. Proceed North on Quentin and turn right at the 3rd stop sign. Park at the Cheyenne Wells Lot. The Krugman Conference Room is located in the Research Complex 2 Building. Additional visitor lots (Monte Vista, Snowmass, and Ignacio lots) are close by.

**From the North:**
From I-70, take the Peoria exit traveling south to Colfax. Turn left on Colfax heading east. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. For parking, follow the directions above in the Downtown Denver section.

**From the South (via I-225):**
Take I-225 North to the Colfax exit. Turn left at the light on Colfax heading west. Turn right on Quentin St. (last street before the intersection of Peoria and Colfax). For parking, follow the directions above in the Downtown Denver section.