

Your child is ill and you need help from the BDC staff

<p>Please write down answers to the following questions BEFORE you call:</p> <p>Daytime phone number: 303-315-8796 Evenings, weekends, holidays: 303-388-2626 (answering service)</p>	<p align="center">BDC staff "orders" while your child is ill:</p>
<p>1. Name and age of your child: _____ ; _____</p>	<p>1. Check blood sugar every _____ hours (<i>day & night</i>)</p>
<p>2. How long has your child had diabetes? _____</p>	<p>2. Check ketones (urine or blood) _____ hours (<i>day & night</i>)</p>
<p>3. Other infections/illnesses now? _____ Fever? _____</p>	<p>3. Give _____ ounces of fluids every _____ hour (<i>day & night</i>)</p>
<p>4. Current blood sugar _____ time: _____</p>	<p>4. Give fluids (sips every 15 minutes): if B.S. >150 → sugar-free if B.S. < 150 → with sugar</p>
<p>5. Current ketones _____ (urine or blood)</p>	<p>5. Give water with the above fluids? _____ (yes, no)</p>
<p>6. Vomiting? _____, <i>if yes:</i></p> <p>◆ When did it begin? Time: _____ Date: _____</p>	<p>6. Give _____ units of Humalog/NovoLog (extra) now</p> <p>7. Repeat the above insulin dose only if: ◆ ketones are _____ and blood sugar is _____</p>
<p>◆ How many times in the last 2 hours? _____</p>	<p>8. Give Phenergan? If yes, amount _____ how often _____</p>
<p>◆ Any fluids kept down? _____ ounces per hour</p>	<p>9. Give Glucagon? If yes, amount _____ how often _____ (Can store mixed glucagon in refrigerator for up to 24 hours.)</p>
<p>◆ When was last fluid given? Time: _____</p>	<p>10. Other medication? (over-the-counter?, antibiotic?) _____</p>
<p>◆ Last time food was kept down? Time: _____</p>	<p>11. Call BDC staff later? _____ If yes, what time? _____</p>
<p>7. Last time voided/diapers (urine)? Time: _____ less than usual? _____</p>	<p>12. Call primary doctor (PCP)? _____ (yes, no)</p>
<p>8. Rapid, deep breathing? _____ <i>If YES, call the diabetes healthcare team immediately!</i></p>	<p>Notes:</p>
<p>** During all illnesses, an adult should supervise, assist in checking blood sugars, ketones and give fluids hourly. Parents should give ALL insulin injections or do all pump care. Vomiting usually lasts 6-12 hours in children over 12 years of age, 12-24 hours in young children.</p>	