UNDERSTANDING INSULIN PUMPS & CONTINUOUS GLUCOSE MONITORS
by H. Peter Chase, MD

with the help of
Jana Gaston, MS, CDE, RD
Laurel Messer, RN, BSN

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DEDICATED

TO MY WIFE, LINDA,
WHO PROVIDES A LOVING,
SPIRITUAL
AND SUPPORTIVE
ENVIRONMENT
FOR MY LIFE’S ENDEAVORS
APPRECIATION

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OUTLINE:

INSULIN PUMPS AND CONTINUOUS GLUCOSE MONITORS (CGMs) FOR PEOPLE WITH TYPE 1 DIABETES

1. WHO SHOULD USE A PUMP?
2. ADVANTAGES AND DISADVANTAGES OF INSULIN PUMPS
3. INITIATING INSULIN PUMP THERAPY
4. PUMPS AND INFUSION DEVICES
5. BASAL INSULIN RATES
6. BOLUS INSULIN DOSAGES
7. BLOOD SUGAR (GLUCOSE) MONITORING
8. FOOD MANAGEMENT AND THE PUMP
9. EXERCISE AND THE PUMP
10. PREVENTING HYPOGLYCEMIA
11. PREVENTING DIABETIC KETOACIDOSIS
12. SPECIFIC ASPECTS OF PUMP USE AND TROUBLESHOOTING
13. INSULIN PUMPS IN SCHOOL AND WORK ENVIRONMENTS
14. PSYCHOLOGICAL ASPECTS OF INSULIN PUMP USE
15. WHO SHOULD USE CONTINUOUS GLUCOSE MONITORING (CGM)?
16. CGM COMPONENTS, TYPES, AND WEAR
17. HOW TO USE CGM RESULTS
18. DIABETES MANAGEMENT IN THE FUTURE
I think I’m ready for an insulin pump.