

Insulin Pump Travel Letter

Date

Re: Patient Name

Born: DOB

To Whom It May Concern:

Patient first name is currently a patient at **name of your clinic**. **Patient first name** requires multiple daily insulin infusion to maintain blood glucose levels. Diabetes is a complex disease that can cause many life-threatening complications within short time frames.

The two most common complications associated with diabetes are hypo- and hyperglycemic events. Hypoglycemic events happen when the patient's blood glucose falls below 70 mg/dL. When blood glucose levels fall below the previously stated value the patient can become generally confused, lose consciousness and succumb to seizures. If low blood glucose levels are not promptly treated with food, juice or glucagon, hospitalization may be necessary. The other major complication associated with diabetes is hyperglycemia. Hyperglycemia is characterized when a patient's blood glucose is above 250 mg/dL. When hyperglycemic events occur, patients experience malaise, headaches and generalized poor health. If hyperglycemia is untreated the patient could require hospitalization.

Patient first name utilizes a ***continuous insulin infusion pump***, a pager-like device which delivers insulin through a tubing or by a wireless device which infuses insulin beneath the skin. This insulin delivery is constant throughout the 24 hours of the day. The insulin pump requires its own supplies, such as infusion sets with needles, tubing, reservoirs and batteries. Additionally, the patient needs the following supplies to manage the medical condition:

Insulins: Lantus, Levemir, Novolog, Humalog, and/or Apidra

Supplies: Insulin syringes, insulin pens (self-contained dispensing devices with changeable needles), test strips, lancets, glucose meters, glucagon emergency kits for acute hypoglycemia, juice, glucose tablets, glucose gel, and other emergency foods.

Please note: This patient's insulin infusion pump cannot be exposed to magnetic x-ray equipment, including a full body scanner. Please ensure that this device be hand-checked by TSA personnel.

Please call **phone number for your clinic** should any questions or emergencies arise.

Sincerely,

Signature