## Another Cause of Doctor Burnout? Being Forced To Give Immigrants Unequal Care

“It’s very, very distressing,” says Lilia Cervantes, an internal medicine specialist and a professor medicine at CU. “We not only see the suffering in patients, but also in their families.” Cervantes’ newest study, published Monday in the Annals of Internal Medicine, shows these cyclical emergencies harm health care providers, too.

*NPR, May 21, 2018*

### Kidney docs worry over no dialysis for undocumented immigrants

Instead, they can only get dialysis when they land in an emergency room at death’s door, explained study lead author Lilia Cervantes, a hospitalist with Denver Health. The consequences are obvious. When the kidneys stop working, fluids build up in the body, including the lungs. “People arrive in the emergency room feeling like they’re drowning.”

*HealthDay, May 21, 2018*

### Doctors distressed by ‘unethical’ dialysis rules for undocumented immigrants

“Undocumented immigrants that rely on emergency-only hemodialysis are near-death and critically ill weekly and so we form personalized relationships with the patients and their families,” said Lilia Cervantes of Denver Health and the CU. “We are invited to their weddings, quinceaneras, and other family events because they become friends. Sadly, we are also invited to their funerals.”

*Reuters, May 22, 2018*
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<th><strong>This digital pill wants to make following your prescription easier</strong></th>
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<td><strong>David Wyles</strong>, head of infectious diseases at Denver Health where the digital pill is being trialed, said the information gathered from the study may help convince insurers to expand access to the new but more expensive Hepatitis C drugs.</td>
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<td><em>PBS NewsHour, May 23, 2018</em></td>
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<th><strong>Asthma Doesn’t Take a Vacation</strong></th>
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<td>“Asthma is quite a variable disease; there’s not a one-size-fits-all,” said <strong>Stanley Szefler</strong>, the director of pediatric asthma research at Children’s Hospital Colorado, and the author of a <a href="#">recent review</a> of asthma across the life span. “It’s a careful balance between symptoms and prevention and then the underlying things that may be going on.”</td>
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<td>“The vast majority of kids with asthma, if we treat them appropriately and they take their medications, they can do whatever they like,” said <strong>Heather Hoch</strong>, a pediatric pulmonologist at Children’s Hospital Colorado. “I like to remind families we have Olympic athletes” with asthma.</td>
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<td><em>The New York Times, May 21, 2018</em></td>
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<th><strong>To better counsel patients, doctors try handling firearms themselves</strong></th>
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<td>“I haven’t changed probably my own views on whether I'll ever own a gun or not,” said <strong>Marian (Emmy) Betz</strong>, an associate professor of emergency medicine at the CU School of Medicine. “But I think it really helped me understand like, OK, I get why people go to the range for fun with their friends and enjoy target shooting or competitive shooting and so forth. It really helped me cross the bridge.”</td>
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<td><em>WHYY, May 24, 2018</em></td>
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<th><strong>Career-saving surgery keeps local hero in the cockpit</strong></th>
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<td>Just a few weeks ago, <strong>Evalina Burger</strong>, orthopedic surgeon at UCH, attended the Brigadier General’s retirement ceremony, where they played a video detailing his amazing career, and showing all the places he’s served his country all over the world. Only then did she realize... she’d been operating on a military heavyweight. But the general says, she’s the one worthy of a salute.</td>
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**Nonprofit Opens New Mental Health Clinic For Struggling Veterans**

Military service is in Tiffany Morgan’s blood. “Everyone on my dad’s side of the family was in the Navy. On my mom’s side of the family, everyone was in the Army. Because you’re no longer serving your country the way you can do that is by serving your fellow veterans,” says Morgan, a veteran who is now a case manager at the Steven A. Cohen Military Family Clinic at University of Colorado Anschutz Medical Campus.

**CBS4, May 24, 2018**

**Experts question claims stem cells can treat Alzheimer’s disease**

Jonathan Woodcock, an associate professor of neurology at CU’s Anschutz campus, said there is no proven therapy using stem cells for Alzheimer’s right now. “Alzheimer’s is a very complex disease. It’s been looked at with a number of different hypothetical, theoretical models that have led to various kinds of experimental treatment approaches and none of those have yielded substantial results as yet.”

**Channel 7, May 18, 2018**

**Vendors Say Pot Eases Morning Sickness. Will Baby Pay a Price?**

“We expected a higher proportion to say they couldn’t make a recommendation or that the caller should talk with their health care providers,” said study author Torri Metz, a perinatologist at Denver Health.

**HealthDay, May 21, 2018**

**All the ways marijuana can hurt your health**

“If you start smoking pot as a teenager, you have a four times higher likelihood of getting addicted,” says Christian Hopfer, a professor of psychiatry at CU School of Medicine. “The brain of a teenager is more sensitive to the effects than the brain of an adult would be. [Marijuana] is likely to have a more detrimental effect on kids.”

**New York Post, May 22, 2018**
Scientists compared bacterial levels in chimps’ and humans’ beds – here’s what they found

“The naturally occurring bacteria that live on our skin are typically protective and dead skin cells, and dust mites are not known to cause infections,” said Michelle Barron, medical director of infection prevention and control at UCHealth University of Colorado Hospital. “Certainly, they can sometimes aggravate allergies, but so can pets, carpets, or sitting out on a windy day.”

LiveStrong.com, May 22, 2018

Stereotactic radiosurgery alone improves survival for patients with brain metastases from small cell lung cancer

“One of the historic reservations regarding the use of stereotactic radiosurgery in small cell lung cancer has been the concern that, by omitting whole-brain radiation therapy, a patient could be at a higher risk [for] a diffuse progression of brain metastases, and that this could negatively affect prognosis,” Chad Rusthoven, assistant professor of radiation oncology at University of Colorado Cancer Center.

Healio, May 19, 2018

Metabolic changes make weight loss maintenance difficult, but not impossible

“The message I give patients is this is not an easy thing to do,” said Daniel H. Bessesen, professor of medicine and endocrinology fellowship program director at the CU Anschutz Medical Campus. “This is almost like trying to get someone to drink less water than they want or to breathe less. It’s hard to do, but humans can do hard things if they are highly motivated to do them.”

Healio, May 21, 2018

Warfarin Class Tied to Higher Death Rate in COPD

Steven Lommatzsch, of the National Jewish Hospital/University of Colorado, said that the findings were interesting but “I wouldn’t change anything about my practice based on this single study. It is still way too early to make recommendations.”

MedPage Today, May 23, 2018
**Lulu’s grand opening was a grand event to benefit colon cancer research**

The evening was a benefit for Christopher Lieu's colon cancer research taking place at the CU Anschutz Medical Campus and the owners were able to donate $1,000 to Lieu’s research. Co-owner Christy Brant’s son Nick Brant is a colon cancer survivor and is under the care of Lieu.

*The Villager, May 23, 2018*

**PHOTOS: Brass Ring Luncheon and Fashion Show for The Guild of the Children’s Diabetes Foundation**

The Diabetes Foundation, headed by Dana Davis, supports the Barbara Davis Center for Diabetes by raising money for the center’s groundbreaking research, education and clinical services. Dana’s parents, Barbara and the late Marvin Davis, started the Barbara Davis Center in 1977 after Dana was diagnosed with Type 1 diabetes. It is headquartered on the Anschutz Medical Campus.

*The Know, May 18, 2018*