The path to recovery for a man with burns covering 90 percent of his body

“I would say he’s one in a million. He was near death so many times…and I’m not exaggerating that,” said Arek Wiktor, who was on the team of providers at University of Colorado Hospital. “I wouldn’t call him unusual; I’d call him special, extraordinary. There isn’t a textbook that you can read about this. It takes a whole hospital of people to get them better.”

9News, Dec. 26, 2018

“Numb it away”: Substance use in LGBTQ community is high as people cope with marginalization, discrimination

Alexis Chavez, a psychiatrist with the Imagine Clinic, an LGBTQ mental health facility at the University of Colorado, said it’s a combination of structural and what’s called de facto discrimination. “For instance, you can't buy a cake,” she said, referencing the Masterpiece Cakeshop case from Lakewood. “These are attitudes and behaviors that tell people they're not really people.”

Denver Post, Dec. 26, 2018

The psychology of eating during the holiday season

Christine Reinhard from the digestive health institute at Children’s Hospital Colorado talked about the stress of the holidays for parents and kids with allergies: “Anxiety is definitely one of the feelings that kids dealing with a restrictive diet have to manage, but also disappointment, sadness, frustration.”

9News, Dec. 26, 2018
<table>
<thead>
<tr>
<th>Title</th>
<th>Text</th>
</tr>
</thead>
</table>
| **Number Of Flu Cases May Peak Soon In Colorado**                   | “Last year we peaked around New Year’s so we’re hopeful we’ll peak soon but haven’t yet,” said **Heather Young**, who works in the Infectious Disease department at Denver Health. “So we anticipate still a lot more cough, cold and influenza symptoms.”  

*CBS4, Dec. 27, 2018*                                                                                                                                                                                                 |
| **Detecting skin cancer: Is a handheld magnifying tool better than the naked eye?** | **Whitney High**, professor of dermatology and pathology at the CU School of Medicine, said dermatoscopy can be very useful in the right circumstances but doesn’t replace the naked eye exam. “The naked eye has been serving us for a long period of time in dermatology,” he said.  

*ABC News, Dec. 22, 2018*                                                                                                                                                                                               |
| **UCHealth Trauma Docs Rebuild Bodies & Lives**                     | **Robert McIntyre**, the hospital’s trauma medical director and CU School of Medicine professor, adds that UCH’s volume of patient care has also increased by about 10% each year in the past four years. UCH sees between 275-300 patients a day coming through its emergency room.  

*Front Porch, Jan. 1, 2019*                                                                                                                                                                                              |
| **‘What if someone was shooting?’**                                | “There was once a time where we could say schools are the safest place for a child to be, and they would agree,” said **Steven Berkowitz**, a psychiatrist who has worked with kids for 25 years. “They wouldn’t now, even though it’s still true. The perception of safety is no longer there.”  

*Washington Post, Dec. 26, 2018*                                                                                                                                                                                          |
| **What’s Wrong If You Have a Red, Shiny Nose?**                    | **Vijay Ramakrishnan**, Director of Rhinology Research, CU Anschutz Medical Campus: “This type of problem could be attributed to disorders of the skin. Redness is a classic sign of inflammation, and it can either result from skin irritation or from underlying medical disorders.”  

