Facing inevitable liver transplant, young girl didn’t need to look far for a living donor

Michael Wachs, the surgical director of abdominal transplantation at Children’s who performed Peri’s surgery, says several other families have expressed interest and he hopes eventually live donors will figure in 30 to 40 percent of the hospital’s pediatric transplants.

“What’s critical is a compatible blood type — not necessarily identical, but a compatible blood type,” says Elizabeth Pomfret, the chief of transplant surgery at University of Colorado Hospital, adding that anatomical considerations rank second. “Depending on how big the recipient is dictates how much liver volume we’d need from the donor. In this case, Peri’s a little girl, so thankfully she doesn’t require very much liver volume.”

Claire notes that her daughter has recently shown an inclination to run, and Shikha Sundaram, medical director of the hospital’s pediatric transplant program, encourages the increased activity: “Kids listen to their bodies. If she’s wanting to run and play, it’s because her body is ready.”

Denver Post, May 1, 2017
Research Explores How Youth Access To Guns Is Linked To Mental Health Issues

NPR's Robert Siegel talks with Eric Sigel, a professor of pediatrics at the CU School of Medicine and adolescent medicine specialist at Children’s Hospital Colorado. He led new research that looks into how access to guns among adolescents is an indicator of more mental health issues and violent behavior.

National Public Radio, May 4, 2017

I treated Syria's chemical attack victims – antidotes should be made available on street corners

Vikhyat Bebarta, Professor of Emergency Medicine at the CU School of Medicine: “Our team is working to develop antidotes for civilians against chemical threats….Our goal is to bring new simple, effective, and safe antidotes rapidly from the research bench to the patient, specifically designed to be administered easily and simply by almost anyone before the patient reaches the hospital.”

International Business Times, April 28, 2017

The devastating impact of strokes and what you can do to help prevent them

“If someone becomes weak on one side of their body, if someone has difficulty speaking or understanding, if they are having new vision complaints, or if they are becoming numb on one side of their body, these are all signs and symptoms of stroke. So if that happens call 911 immediately,” said David Case with University of Colorado Hospital.

Fox31, May 1, 2017

Proposed NIH Cuts “Risk Losing a Generation of Scientists”

“What’s been proposed is so draconian, it's hard to even imagine,” said Peter Buttrick, senior associate dean for academic affairs at CU School of Medicine. “The NIH has historically allowed the United States to be the envy of the world … We risk losing a generation of scientists.”
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| **Park Hill resident Kevin Deane** is a rheumatologist who studies rheumatoid arthritis: “The NIH has a particular interest in these types of numbers because they’re related to the other side of government that is paying for those kinds of things. A drug company is maybe not so interested in most prevention because it is not a model of sustained drug delivery.”  
*Front Porch Stapleton, May 1, 2017* |  |
| **ER Visits for Kids Rise Significantly After Pot Legalized in Colorado**  
The number of teenagers sent to emergency rooms more than quadrupled after marijuana was legalized in Colorado — mostly for mental health symptoms, researchers reported Thursday. “The state-level effect of marijuana legalization on adolescent use has only begun to be evaluated,” said CU’s **George Sam Wang**, who led the study.  
*NBC News, May 4, 2017* |  |
| **Roger Goodell remains anti-pot, hasn’t heard convincing arguments to allow it**  
University of Colorado School of Medicine professor **Andrew Monte**, who has studied both traditional and synthetic marijuana, told *OZY.com* that pot users can become reliant on the drug from habitual use, even if it’s not physically addictive.  
*USA Today, April 28, 2017* |  |
| **Takeda’s lung cancer drug OK’d for sale**  
“We’re trying to change this disease from a death sentence to a chronic condition, and duration of control is key to doing that,” **D. Ross Camidge**, director of thoracic oncology at the University of Colorado, who was involved in clinical studies.  
*Boston Globe, April 28, 2017* |  |
Top of Mind with Julie Rose: Food is Medication

Rice and beans are a staple food around the world. They’re affordable and plentiful and an environmentally friendly source of protein. Eating a lot of beans and rice may help prevent colorectal cancer, too, which is great news. Except that not many Americans are keen to work a lot of beans and rice into their diet. Regina Brown, Medical Oncologist, Assistant Professor of Medicine, University of Colorado has a plan to change that.

BYU Radio, April 26, 2017

TV-6 Investigates: Lead in venison; Iowa health officials actions

CU medical school professor Michael Kosnett says if children eat venison with small amounts of lead regularly “they would run the risk of having elevated levels of lead that have been shown to have an adverse effect on how a child’s brain develops.”

KWQC-TV (Davenport, Iowa), May 3, 2017

Eating disorders can impact people of any age, any gender

“I don’t know a lot of parents personally who, if their 13 or 14-year-old came home and said ‘I’m going to cut out sweets,’ would be upset about that,” said Mindy Solomon at Children’s Hospital. “There’s a healthy balance and it’s hard to know when it becomes off balance and it slips into a zone of compulsion and anxiety driven out of ‘I can’t do this right now, I can’t fix that.’”

Channel 7, May 1, 2017

Ask yourself the real reason you want to lose weight

A sound diet and exercise plan are necessary, but not enough, says Holly Wyatt, associate professor of medicine at the University of Colorado Anschutz Health and Wellness Center. “Why are you going to do it? That’s the mental side. Your body will follow your mind. Even the perfect diet, without the mental part, won’t be successful.”

Chicago Tribune, April 28, 2017
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<td><strong>9 Things You Should Never Do If You Have Eczema</strong></td>
<td>&quot;Most people outgrow it in their early teens, but it can come back later in life,&quot; says Whitney High, an associate professor of dermatology and pathology at the CU School of Medicine. “For some people, atopic dermatitis continues through into adulthood and never lets up.”</td>
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<td><strong>Experts warn of increases in tick-borne Powassan virus</strong></td>
<td>Daniel Pastula, an assistant professor of neurology, medicine (infectious diseases) and epidemiology at CU: “The best thing people can do if they’re worried about Powassan or any other tick-borne virus is to prevent against all tick bites.”</td>
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<td><strong>How to get a good night’s sleep</strong></td>
<td>Katherine Green, director of the Sleep Center at the University of Colorado Hospital, offers advice.</td>
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<td><strong>Children’s Hospital Colorado gets new helicopter for newborn and pediatric patients</strong></td>
<td>Children’s Hospital Colorado has a new helicopter specially equipped for the medical needs of kids, and it’s the first of its kind in the region.</td>
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Here’s why Colorado Anschutz Medical Campus has a world-class art gallery

Column by Therese Jones, director of the Arts and Humanities in Health Care at the CU Anschutz Medical Campus, and Matthew Wynia, is director of the CU Center for Bioethics and Humanities: “The reason we have an art gallery on the Anschutz Medical Campus isn’t about luck…. [Campus leaders] understood that … important clinical skills like empathy, observation, moral reasoning, critical thinking and communication are best developed and honed by studying arts and humanities.”

Denver Post, May 1, 2017

CU Anschutz dental, medical students learn to cook for wellness from Johnson & Wales University

Nick Arlas, a first-year medical student at the CU Anschutz Medical Campus, knew the exact prescription to appease his hypothetical patient’s symptoms. “We made her spicy Brazilian fish stew because we wanted to create something that has liquid to address the dry mouth,” Arlas said. “It’s spicy and has a lot of flavor so that will help with her taste loss, and there’s a lot of healthy fats that will help her increase her weight. We’re also going to do a Vietnamese avocado shake for dessert for added nutrition.”

Denver Post, May 2, 2017