**Side Effects: The rising costs of prescription drugs**

**Ben Miller**, Director of the Eugene S. Farley, Jr. Health Policy Center at the CU School of Medicine, said there’s no complex reason as to why so many drugs are seeing such large price increases: “It’s really up to whomever is selling, whoever is offering up the product, to decide how much you or I are going to pay.”

9News, Nov. 12, 2016

---

**More drug company cash ending up in doctor’s pockets**

The giveaways don’t necessarily mean doctors are over-prescribing certain drugs, but medical ethicists worry what even the appearance of a conflict of interest could mean in the medical field. “The quid pro quo is always a possibility, even if I don’t know it or perceive it,” said **Matt Wynia**, director of the Center for Bioethics and Humanities at CU. “It’s just human nature.”

9News, Nov. 14, 2016

---

**Autism study could help Colorado children**

“There isn’t one cause and a lot of times we really don’t have one specific reason to tell a family what has caused the autism,” said **Sandra Friedman** with Children’s Hospital Colorado.

9News, Nov. 10, 2016
<table>
<thead>
<tr>
<th><strong>Colorado’s First AIDS Baby Is Doctor’s Miracle</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>A pediatrician from Children’s Hospital Colorado has compiled a book of medical miracles, called “Miracles We Have Seen, America’s Leading Physicians Share Stories They Can’t Forget.” <strong>Harley Rotbart</strong>, Professor and Vice Chair Emeritus of Pediatrics at the CU School of Medicine and Pediatric Infectious Diseases Specialist at Children’s Hospital Colorado, has a miracle of his own.</td>
</tr>
<tr>
<td><em>CBS4, Nov. 16, 2016</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>A New Test of Pot’s Potential to Replace Painkillers</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Emily Lindley</strong>, a neurobiologist, is about to begin the first study ever to directly compare cannabis with an opioid painkiller (in this case, oxycodone) for treating people with chronic pain. “I’m not a proponent one way or another,” she says. “I think we need to do the research.”</td>
</tr>
<tr>
<td><em>The Atlantic, Nov. 10, 2016</em></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Mainstreaming marijuana</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>George Wang</strong>, a pediatrician with Children’s Hospital Colorado, said: “This is the beginning of the marijuana industry, and if it becomes as popular as alcohol and cigarettes have become and becomes just as available, I think we’re going to see numbers that are quite large. I think it’s the trend we have to pay attention to. We don’t want to wait until that point.”</td>
</tr>
<tr>
<td><em>Bend Bulletin (Bend, Ore.), Nov. 14, 2016</em></td>
</tr>
</tbody>
</table>
### Researchers find association between gene mutation and rare heart disease

“Many kinds of heart disease are caused by genetics. When that happens, the disease is often more severe and happens at an earlier age,” said **Teisha J. Rowland**, a post-doctoral fellow in the lab of Luisa Mestroni and Matthew R. G. Taylor at the CU School of Medicine and first author of the study. “So we look at the DNA in entire families to see what sort of genetic variants those with the illness have in common.”

*Medical Xpress, Nov. 15, 2016*

### Molecular Structure in Zika Virus May Lead to Disease-Causing RNAs

“The first step is stopping any process that causes disease is to understand that process in detail, preferably at the molecular level,” said **Jeffrey Kieft**, professor of biochemistry and molecular genetics, who is also a member of the CU RNA BioScience Initiative.

*Pharmaceutical Processing, Nov. 11, 2016*

### 5 Small Changes That Help Keep the Weight Off for Good

An hour of moderate activity like brisk walking or recreational exercise such as riding your bike will keep the pounds off, says **Holly Wyatt**, the associate director of the Anschutz Health and Wellness Center at the University of Colorado.

*Shape, Nov. 17, 2016*

### You Asked: What Does My Period Say About Me?

**Nanette Santoro**, chair of obstetrics and gynecology at the CU School of Medicine and a member of the Endocrine Society, says the color and consistency of a woman’s menses can vary, so in most cases, those characteristics aren’t reliable indicators of any specific health issue.

*Time, Nov. 16, 2016*
Twice-a-year shot may lower cholesterol

While drastically lowering LDL cholesterol does reduce arterial plaques, Robert Eckel, a professor of cardiology at the University of Colorado Anschutz Medical Campus, said he is waiting for the clinical trials to show whether this will actually reduce heart attacks and strokes in these patients.

UPI, Nov. 15, 2016

This high-poverty school succeeds by focusing on adventure, the arts, project-based learning

William Smith High School involves the broader community by partnering with the local University of Colorado Anschutz medical campus in health science programs, offering dual enrollments with community colleges, utilizing adjunct arts and fitness instructors, and requiring all seniors to complete a capstone learning experience, often partnering with adult mentors in the community.


Southern Colorado’s first children’s hospital set to open in 2018

Children’s Hospital Colorado-Colorado Springs, on the northeast side of town near Briargate Boulevard and Union Boulevard, is set to open by the end of 2018.

KKTV News, Nov. 16, 2016