Meet the Colorado doctor helping Hispanic families with Type 1 diabetes

As director of the Barbara Davis Center’s Hispanic/Latino Diabetes Care Team, Andrea Gerard-Gonzalez develops and expands culturally appropriate ways to improve the delivery of diabetes care for the 800 youngsters with whom her team works, and to educate family members about the disease, eliminate stigmas and build a sense of community.

*Denver Post, July 21, 2016*

UCHealth providing stroke treatment faster than ever

“We know that every minute without oxygen to areas of the brain, billions of cells are lost in the brain,” said Sharon Poisson, vascular neurologist and co-medical director of the University of Colorado Hospital’s stroke program.

*9News, July 20, 2016*

Why Kicking the Opioid Habit Can Be So Tough

Opioid withdrawal is a highly disturbing experience, added Joseph Frank, professor of medicine at the University of Colorado. He said withdrawal typically involves a deep malaise, severe pain, nausea, vomiting, diarrhea and abdominal cramps.

*The Bismarck (Mont.) Tribune, July 20, 2016*
**Telemedicine at heart of HHS’s anti-opioid grants**

HHS announced at this weekend’s National Governors Association meeting $9 million in grants to improve opioid-addiction treatment in primary care practices. The grant money announced at the NGA meeting will apply Project ECHO to 28 counties in Oklahoma, 24 in Colorado and 23 rural Pennsylvania counties to extend opioid-abuse training there.

*Politico, July 18, 2016*

**Fats vs Carbs: What’s the Best Fuel for Athletes?**

“For performance, low-carb diets do not work,” says Iñigo San Millán, director of the exercise physiology lab at the CU Sports Medicine and Performance Center in Boulder. “We have more and more people coming in eating low-carb, and their performance is horrible. Restore their diets to normal and things improve.”

*Men’s Journal, July 21, 2016*

**Millions of Women are Injured During Childbirth. Why Aren’t Doctors Diagnosing Them?**

Kathryn Witzeman, an ob-gyn at Denver Health, found that the doctors-in-training felt “overwhelmed” by patients with chronic pelvic pain because they did not feel prepared to care for them: “If things look normal, there may not be an understanding of what else is going on.”

*Cosmopolitan, July 18, 2016*

**Making sense of new rules for nutrition labels**

“It’s almost archaic that we haven’t changed the labels much in 20 years,” said Lauren Ott, a registered dietitian at the University of Colorado Anschutz Health and Wellness Center.

*KPRC-TV 2 (Houston), July 18, 2016*

**Colorado awards 1st grants for collaborations with Israeli companies**

The Colorado Economic Development Commission awarded a grant of $100,000 to Taiga Biotechnologies, a company located on the CU
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<th>Title</th>
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<td>Anschutz Medical Campus that's working with Hebrew University of Jerusalem to add a protein to donated blood to extend its shelf life.</td>
<td><em>Denver Business Journal, July 20, 2016</em></td>
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<td><strong>SafeCare transforms home struggles into child support for Aurora family</strong></td>
<td>The Department of Human Services works with the Kempe Center at the CU School of Medicine’s Department of Pediatrics on the Anschutz Medical Campus to facilitate the SafeCare program.</td>
<td><em>Aurora Sentinel, July 20, 2016</em></td>
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<td><strong>#9Neighborhoods: The transformation of “Original Aurora”</strong></td>
<td>On the ground where the Fitzsimons Army Hospital stood, one of the nation’s foremost medical facilities now delivers world-class health care and innovation. The CU Anschutz Medical Campus is an economic powerhouse for the region, drawing millions of medical tourism dollars each year and serving as home-base for countless inventions and breakthroughs in the medical industry.</td>
<td><em>9News, July 21, 2016</em></td>
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