Study: Suicides, overdoses are lead causes of death in new Colorado moms

Researchers with the CU Anschutz Medical Campus are calling for more mental health care for new mothers after they give birth. “We noticed we were seeing a lot of deaths that were from suicide or overdose and so we wanted to investigate that further,” said Torri Metz, a high-risk obstetrician who is also a member of the Colorado Maternal Mortality Review Committee.


In Rare Disorder, Woman’s Immune System Attacks Her Own Brain

Although the disease is rare, it’s “not as rare as people think,” said Susan Mathai, an assistant professor of medicine who teaches pulmonary science and critical care at the CU School of Medicine. She noted that there have been multiple cases at CU, and that this autoimmune disorder is “increasingly being recognized as a cause of encephalitis.”


Patient safety may drop during doctor rotations

“Our results show that patients exposed to this type of transition in care were at a greater risk of death in the hospital as compared to those not undergoing this type of transition,” said Joshua Denson, a fellow in the division of pulmonary sciences and critical care medicine at CU.

Promising new AIDS research taking place at University of Colorado Hospital

“It’s not a vaccine. It’s a medication that is used to prevent infection,” said Tom Campbell, the Medical Director of the Clinical and Translational Research Center. “So it’s still a pill, which has to be taken every day while someone is at risk.”

Fox31, Dec. 1, 2016

Marijuana derivative CBD may help with hard-to-treat epilepsy

“It’s always a good day when we have a potential new option to offer these patients,” said Amy Brooks-Kayal, a pediatric neurologist at Children’s Hospital Colorado. She had another caveat, however: The CBD used in the trials is a “purified, pharmaceutical-grade” pill. “This is very different from medical marijuana,” she said.

UPI, Dec. 6, 2016

Many Kids’ Headphones Carry Risk of Hearing Loss, Study Finds

“These are terribly important findings,” said Cory Portnuff, a pediatric audiologist at the University of Colorado Hospital. “Manufacturers are making claims that aren’t accurate.”


Health Watch: Many Children With Asthma Don’t Use Their Inhalers Correctly

“We see children who just don’t know how to use it at all, and so they take breaths in a totally different way that doesn’t help get it into the lungs, which is where the medicine needs to go,” said B.J. Lanser, a specialist at National Jewish Health.

**Why behavioral health is the new frontier in primary care**

Private practitioners also find it difficult to get financing for integration, notes Ben Miller, director of the health policy center and associate professor in the department of family medicine at the CU School of Medicine: “There’s very little incentive for small and medium-sized primary care practices to onboard or integrate a behavioral clinician, because the payment structure doesn’t support that.”

*Medical Economics, Dec. 6, 2016*

**Denver nonprofit funds pediatric cancer research**

“Levi had one of the most hard to treat tumors that we have,” said Jean Mulcahy-Levy, a pediatric neuro-oncologist at Children’s Hospital Colorado. She’s been by Levi’s side since surgery. “That’s the whole point, to get them from the worst day of their life to these really great day,” she said.

*9News, Dec. 6, 2016*

**Cancer Patient Ecstatic Over Special Visit From Denver Broncos**

Medical Oncologist Thomas Flaig of UCH said, “What we’d like to do is encourage men themselves to come forward to address these issues and really start a dialogue with their physicians about men’s health and cancers that affect men.”

*CBS4, Nov. 29, 2016*

**These Drinks Are Most Likely to Give You a Terrible Hangover**

“You get a faster rate of absorption, higher blood alcohol levels — and brain levels — if you drink champagne as opposed to something non-carbonated,” said Boris Tabakoff, pharmacology professor at the University of Colorado. “Around two thirds of people get drunker faster when they drink champagne, or other carbonated drinks like Prosecco or Cava.”

*Esquire, Dec. 4, 2016*
Common nutrition myths

Column by Lauren Ott, a registered dietitian at the CU Anschutz Health and Wellness Center: “What is true and what is false when it comes to nutrition? The following will hopefully help clear up some common facts and myths.”