Human Development and Family Relations Minor

Connection to all CU Denver majors
This minor pairs nicely with a range of majors including but not limited to: Communications, Criminal Justice, Education, Ethnic Studies, Nursing, Political Science, Public Health, Psychology, Spanish, Sociology and other Humanities and Social Sciences majors.

For Future Teachers
For students considering a teaching career, our classes address many issues facing families today and are an excellent addition to the education curriculum.

Prove to employers that you know how to work with culturally and linguistically diverse individuals and families. Minoring in Human Development and Family Relations (HDFR), with its emphasis on cultural and linguistic diversity, will enhance your academic and career options.

Overview
The CU Denver undergraduate program in Human Development and Family Relations (HDFR) prepares students to effectively serve culturally and linguistically diverse individuals and families. It is the first program of its kind in the United States to offer bilingual (Spanish) HDFR courses. At CU Denver, it is the only program that focuses on family relationships within schools and communities.

Our goal is to provide a rewarding educational experience in which you will receive all possible opportunities to flourish. A dedicated team of faculty, staff and community partners will support you. You will develop a breadth of knowledge about family systems, ecological systems theories and contemporary issues surrounding what it means to be human across the lifespan.

The unique combination of coursework and service-learning opportunities provides a pathway for you to develop the knowledge, skills and tools for careers and graduate studies in:

• Family therapy and mental health
• Leadership in community-based organizations
• College advising/administration
• Social work
• Childcare and adult care
• Education
• Health care
• Gerontology
• All helping professions

To learn more, visit ucdenver.edu/education/hdfr.
Curriculum

The HDFR program is offered in a hybrid format with both in-class and online courses. We support the needs of talented students from all backgrounds, including nontraditional and underrepresented students.

Students have the option of taking courses that are delivered in a bilingual Spanish and English format. A student is not required to understand Spanish in these courses. English speaking students have been very successful in these courses.

A minimum of 15 credit hours of the following courses, with grade C or better, is required to minor in HDFR. At least nine credit hours must be completed at CU Denver.

Required

All HDFR minors must select one required course.

HDFR 2000 – Introduction to Family and Community Services

or

HDFR 2200 – Love, Family and Human Development

A student can choose to enroll in a variety of courses from the different HDFR concentration areas for the other four courses.

All University of Colorado Denver approved HDFR core curriculum courses can be used towards the HDFR minor.

Concentration Options:

BILINGUAL (SPANISH) FAMILY AND COMMUNITY SERVICES

Select four courses:

- HDFR 2110 - Child Ecology - bilingual section
- HDFR 4040 - Latino Families in Schools and Communities
- HDFR 4045 - Abuelos (Grandparents): Latino Families in Later Life
- Family Therapy with Latinos (course in development)
- HDFR bilingual elective (course in development)

FAMILY GERONTOLOGY

Select four courses:

- HDFR 4045 - Abuelos (Grandparents): Latino Families in Later Life
- Family Gerontology elective
- Academic advisor/faculty mentor approved 1 elective existing course in sociology, nursing or other social sciences

HIGHER EDUCATION ENVIRONMENTS (PRE-HIGHER EDUCATION AND STUDENT AFFAIRS)

Select four courses:

- HDFR 4003 - Leadership & Organizations, 2
- HDFR 4050 - Foundations of Student Affairs
- HDFR 4500 - Diversity, Inclusion, Social Justice and Higher Education
- Introduction to Higher Education (course in development)
- HDFR/HESA elective

LEADERSHIP AND COMMUNITY-BASED ORGANIZATIONS

Select four courses:

- HDFR 4002 - Family Life & Community Programs 1: Prog. Dev. & Evaluation
- HDFR 4003 - Leadership & Organizations
- HDFR 4004 - Family Life & Community Programs 2: Grant Writing & Fundraising
- HDFR 4080 - Global Family Resource Management
- One additional HDFR course in leadership and organizations

PRE-INDIVIDUAL, COUPLE AND FAMILY THERAPY/COUNSELING

Select four courses:

- HDFR 3400 - Love Couples and Families
- HDFR 4080 - Global Family Resource Management
- HDFR 4090 - Helping Skills in HDFR
- Family Therapy with Latinos (course in development)
- Counseling elective - 5000 level course

HDFR PARTNERS OPTION:

Early Childhood Education, Educational Foundations and Literacy, Language Teaching Programs

Select four courses:

- ECED 4030 - Nutrition, Health and Safety
- ECED 4070 - Development of Infants and Toddlers
- EDFN 1000 - Equality, Rights and Education
- EDFN 3000 - Undocumented Mexican Immigration
- EDFN 4000 - Food Justice in City and Schools
- LCRT 2000 - Children's & Adolescent Literature in the 21st Century

HDFR Experiential Learning

HDFR also offers experiential learning through service learning, research and teaching with professors in family, community and educational environments.

Courses include:

- EDHD 2050 - Current Topics in EDHD
- EDHD 2840 - Independent Study
- EDHD 2910 - Practicum/Field Experience
- EDHD 4050 - Special Topics in EDHD

To Declare this Minor

Connect with:

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Scholarships/grants

We offer a variety of scholarships and grants. For a complete list of financial aid opportunities, visit ucdenver.edu/education/scholarships.