BS in Human Development and Family Relations

Dedicate your career to understanding and improving the lives of children, youth and families. The CU Denver undergraduate program in Human Development and Family Relations (HDFR) prepares students to effectively serve culturally and linguistically diverse individuals and families.

Experience a unique combination of coursework and service-learning opportunities. As a HDFR student, you will learn to write grants, engage in grassroots social justice outreach, participate in fundraising and conduct family research.

To learn more, visit ucdenver.edu/education/hdfr

Careers

The unique combination of coursework and service-learning opportunities provides a pathway for you to develop the knowledge, skills and tools for careers and graduate studies in:

- Family therapy and mental health
- Leadership in community-based organizations
- College advising/administration
- Social work
- Childcare
- Gerontology
- All helping professions

Experience a unique combination of coursework and service-learning opportunities. As a HDFR student, you will learn to write grants, engage in grassroots social justice outreach, participate in fundraising and conduct family research.

The HDFR program is the first of its kind in the United States to offer bilingual (Spanish) HDFR courses and it will lead to certification in the field. At CU Denver, it is the only program that focuses on family relationships within schools and communities.

Our goal is to provide a rewarding educational experience in which you will receive all possible opportunities to flourish. A dedicated team of faculty, staff and community partners will support you from admission to graduation. You will develop a breadth of knowledge about family systems, ecological systems theories and contemporary issues surrounding what it means to be human across the lifespan.

The HDFR program is the first of its kind in the United States to offer bilingual (Spanish) HDFR courses and it will lead to certification in the field. At CU Denver, it is the only program that focuses on family relationships within schools and communities.

Our goal is to provide a rewarding educational experience in which you will receive all possible opportunities to flourish. A dedicated team of faculty, staff and community partners will support you from admission to graduation. You will develop a breadth of knowledge about family systems, ecological systems theories and contemporary issues surrounding what it means to be human across the lifespan.
Curriculum

The HDFR program is offered in a hybrid format with both in-class and online courses. We support the needs of talented students from all backgrounds, including nontraditional and underrepresented students.

Students have the option of taking courses that are delivered 70 percent in Spanish and 30 percent in English.

A minimum of 120 credit hours is required to earn the Bachelor of Science in Human Development and Family Relations.

Requirements

- 120 credit hours including core requirements (general education), program requirements and concentration electives

We welcome transfer students from community colleges and other higher education institutions. CU Denver will work with you to accept as many credits as possible from your previous institution.

Concentrations

Our students have the opportunity to specialize in:

- Bilingual (Spanish) family and community services
- Early childhood development
- Ecology of human development and learning
- Educational foundations and social justice
- Family gerontology (working with families and their elders)
- Higher education environments
- Leadership in community-based organizations
- Literacy practices for families and the community
- Pre-individual, couple and family therapy/counseling

Apply Now

The application can be found at ucdenver.edu/education/apply. We encourage you to connect with our Office of Outreach and Admissions to assist with any questions. Please email us at education@ucdenver.edu or call 303.315.6300.

Academic advisor

Rosalinda Martinez
rosalinda.martinez@ucdenver.edu
303.315.4103

Faculty program leader

Dr. Ruben Viramontez Anguiano
ruben.anguiano@ucdenver.edu
303.315.0089

Scholarships/grants

We offer a variety of scholarships and grants. For a complete list of financial aid opportunities, visit ucdenver.edu/education/scholarships.

Academic advisor

Rosalinda Martinez
rosalinda.martinez@ucdenver.edu
303.315.4103

Faculty program leader

Dr. Ruben Viramontez Anguiano
ruben.anguiano@ucdenver.edu
303.315.0089

About CU Denver

The University of Colorado Denver provides a quality academic experience through engagement with gifted faculty members, exposure to original research and real-world learning. Located in the heart of downtown, CU Denver offers its 14,000 students unparalleled internship, career and networking opportunities. Part of the fabric of the city, CU Denver has evolved into a leading urban public campus boasting eight schools and colleges. CU Denver is committed to providing students opportunities to enhance their lives and careers and to learn with purpose. For more information on CU Denver, please visit us at www.ucdenver.edu.

The School of Education & Human Development at the University of Colorado Denver attracts students who are passionate about careers in teaching and mental health. We match their passion with an education that is rooted in diversity, technology, proven approaches and real-world practice. That’s why our graduates are prepared to make immediate and life-long impacts on people, communities and the world. Email education@ucdenver.edu for more information.