The Guatemala (Trifinio) Global Health Elective will consist of a one month clinical rotation which will occur in the Southwest Trifinio area of Guatemala, at the Center for Human Development Clinic (CHD). Collaborations between the Foundation para la Salud Integral de los Guatemaltecos CU (FSIG-CU), the Regional Hospital in Coatepeque and UCSOM faculty are well established for a number of Departments including Pediatrics, OB/GYN, Laboratory Medicine, and Nursing Midwifery. The resident/fellow elective will be structured and focus on clinical, research and educational activities. The resident/fellow elective will be supervised by a faculty member from the respective department who will serve as a mentor and Dr. Marco Celada, the Director of the CHD Clinic at the Trifinio. A maximum of two residents/fellows slots are available per month. Availability is not guaranteed for all months as availability depends on faculty availability for supervision, coordination of slots among numerous other programs, and other external factors.

1. **Who is eligible for Global Health Electives?**

   Residents (after successful completion of 1 year of residency training), Med-Peds residents (after successful completion of 2 years of Med-Peds residency training), or fellows who are in good standing in programs at the University of Colorado School of Medicine may apply to do an elective in Guatemala. Residents/fellows who are on probation or participating in remediation plans are not eligible. In order to be considered for an elective in the Guatemala Trifinio site, the resident/fellow must complete and submit an application and indicate an “elective month” for the period they intend to do this rotation.

   a. **Family Medicine Residents** may apply for a one month elective. It is the responsibility of the Resident to obtain approval from the Family Medicine program Director prior to applying for this opportunity.

   b. **Internal Medicine Residents** may apply for a one month elective. It is the responsibility of the Resident to obtain approval from the Internal Medicine program Director prior to applying for this opportunity.

   c. **Obstetrics/Gynecology Residents** may apply for a 6-week research elective with 2-4 weeks spent in Guatemala. It is the responsibility of the Resident to obtain approval from the Obstetrics/Gynecology program Director prior to applying for this opportunity.

   d. **Pediatric Residents** may apply to do one international month (at any approved site) during their residency; Global Health Track residents may do two international months during their residency at the Guatemala site (no application is needed from the Global Health Track residents).

   e. **Med-Peds Residents** may apply for a one month elective. It is the responsibility of the Resident to obtain approval from the Med-Peds program Director prior to applying for this opportunity.

   f. **Pediatric Fellows** may apply for a one month elective. It is the Fellow’s responsibility to obtain approval from the Fellowship Director prior to applying for this opportunity.

All residents/fellows participating in an international Guatemala month (whether or not they are in the Global Health Track) must complete all of the pre travel requirements—see #8, bullets b through f).
2. **How are residents selected to participate in the Guatemala (Trifinio) global health elective?**

Following the application deadline, the Center for Global Health will notify your program director as to whether or not there is availability. If there are more applicants than available slots, residents/fellows will be selected on a variety of criteria including significance of a rotation to the resident’s career goals, maturity, responsibility cultural sensitivity, and strength of clinical skills. Spanish language skills are preferred, but not required. **NOTE: the Center for Global Health’s notification of an available slot does not satisfy all of the pre-travel requirements that must be completed prior to doing an international elective. The resident/fellow MUST complete all of the steps outlined in this document (and via the web links provided) and any additional resident/fellow’s program requirements.**

3. **Where is the location of the Global Health Elective?**

The Guatemala (Trifinio) Global Health Elective is currently being offered at the Southwest Trifinio site located 45 minutes south from the town of Coatepeque, Quetzaltenango, Guatemala. The area is located in the coastal lowlands, home to approximately 23,000 people from 20 different communities. The Center for Global Health and the FSIG-CU Foundation have developed a maternal-child clinic and community programs in the area where rotators will gain experience caring for children from local communities.

![Map of Guatemala showing the location of the Global Health Elective](image)

4. **Are there any costs that I will incur during my Global Health Elective and how do I get there?**

   Yes, airfare, some meals and incidental costs are the responsibility of the resident/fellow. You will fly into the Guatemala City airport. You will arrange your travel through a CU approved travel agency ([https://www.cbtravel.com/](https://www.cbtravel.com/)) as they provide push notifications and alerts before and during travel regarding your destination. The Project will cover one night of lodging in Guatemala City upon arrival and prior to departure as same-day ground transportation to the site is not feasible.

   Ground transportation from Guatemala City to the housing site is the responsibility of each resident/fellow, however, transportation to/from the clinic and housing site is provided by the Project when applicable. **Lodging and most meals in Guatemala will also be covered by the Project.** Saturday afternoons and Sundays will be considered time off for you as there is no clinical responsibilities. The cost of any weekend transportation and meals are the responsibility of the resident/fellow. Cost of additional expenses will vary with individual plans for weekend travel or shopping, but we advise you to bring a minimum of $500 USD with you. The exchange rate from US dollars to Guatemalan quetzals varies from 7.6 to 7.9. As an example, a lunch will typically cost Q. 30-40 ($5 USD).

5. **Will I earn the same salary during my rotation?**

   Salary coverage for your rotation needs to be discussed with your residency/fellowship director.
6. Where can I get more information on the Global Health site?
More information about our Global Health site can be found on the Center for Global Health’s website http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/globalhealth/Pages/welcome.aspx. We also encourage applicants to speak with previous participants to hear firsthand about the experience, and obtain more details on how to prepare.

7. What will my clinical schedule be like?
Residents/Fellows are expected to seek out every opportunity available to learn about health care delivery and education in the local health care facility, as well as give back to the hosting institution by teaching clinic staff and students, participating in journal clubs, etc. The Southwest Trifinio clinic operates from Mondays to Fridays from 8 am to 4 pm and Saturdays from 8 am to 12 pm. Depending on the number of residents/fellows, you may also accompany the tecnicas (health care workers) in the home visit program for women and children to learn about the community programs. **NOTE:** OBGYN rotations are not clinical rotations, but will instead cover a six-week curriculum in Women’s Global Health both in the U.S. and in Guatemala.

8. When can I go?
The Guatemala (Trifinio) Global Health Elective is offered every month (assuming faculty availability and open slots). Please indicate your preferred calendar slot on the application. Please do not list months that you will have other responsibilities including job/fellowship interviews or personal obligations (weddings, etc.). We expect that you will be present the entire month of the elective (with the exception of Saturday afternoons, Sundays, and Guatemalan holidays).

9. How much time will it take to prepare for my Global Health Elective?
Preparation should begin at least 9-12 months ahead of your start date. There are several things that need to be completed prior to being granted final permission to go. These are described below. **(Note:** Global Health Track pediatric residents do not need to complete bullet “b” below but must complete all of the other elements).

a. GME Residents must complete International Elective Online application. Follow this link to access the application. Applications will be sent to GME and Program Directors for approval.

b. Application and acceptance for the Guatemala (Trifinio) Global Health Elective in a designated month (see the rest of this document and the application for more details).

c. All travelers must complete all of the steps outlined on the University of Colorado Global Education website in preparation for travel.
http://www.ucdenver.edu/academics/InternationalPrograms/OIA/globaleducation/amc/medicalresidents/Pages/default.aspx

d. All University of Colorado employees (including residents and fellows) are covered for medical evacuation insurance under the GeoBlue Plan (the policy number is QHG99999UCBT). This plan includes evacuation insurance only. If a traveler wishes to have additional coverage for medical issues while in-country, this must be purchased separately. **NOTE:** If you did *not* book your
travel through Christopherson Business Travel, you will have to manually register for the insurance plan provided by the University. Follow this link and navigate to “Register online to learn more about your benefits” to enroll:

http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/globalhealth/education/Documents/University%20of%20Colorado_GeoBlue%20Traveler%20Member%20Guide.pdf

e. You will be applying for a temporary medical license to treat patients in Guatemala which will require some paperwork and preparation. Requirements include Colorado credentialing, and application through the hosting institution. The Foundation para la Salud Integral de los Guatemaltecos has agreed to serve as the requesting and holding entity for the Guatemalan medical licensing application and sponsorship with the College of Physicians and Surgeons of Guatemala. In order to provide the local temporary medical license, they will require from each applicant the following:
   i. Notarized copy of your medical school diploma
   ii. Notarized copy of your Colorado Training Medical License
   iii. You can learn further details about this process in this document:
       http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/globalhealth/education/Documents/Guatemala%20Elective%20and%20Licensure%20Documents/Temporary%20License%20Procedures%20for%20EXTERNAL%20USE%2005082015.pdf

f. When you land at the airport and enter Guatemala, the Immigration Office will issue a tourist visa (at the airport); this is free of charge and valid for three months. There is no need to apply for it in advance.

10. Where will I live during my Global Health Elective?
   There is a house located 3-4 blocks from the clinic that lodges the Center for Global Health personnel. It can accommodate up to 5 people; Center for Global Health personnel and residents/fellows get priority for housing here. The house includes 3 bedrooms (each with bathroom and a closet), a shared kitchen/dining area, and a washer and dryer. The housing location is safe and you can walk or bike during working days.

11. Should I be concerned about safety and security?
   As with any travel, you should always be aware of your surroundings. Be careful and smart. Don’t walk alone at night. Always lock your doors and don’t leave any valuables unattended. Always keep a hand on your purse or shoulder bag when in a crowd or traveling on public transportation. Always carry a cell phone with minutes on it and stored contact numbers in case you ever need to call for help. You can purchase a phone for local use in Guatemala for approximately $25 when you land in Guatemala City, but they can be also purchased in Coatepeque at any phone company store. You should check the State Department Travel website for information about travel alerts and warnings, embassy announcements, and entry/exit requirements. (http://travel.state.gov/travel/cis_pa_tw/cis_pa_tw_1168.html)

12. Will a family member or significant other be able to accompany me or visit during my elective?
   In special circumstances we can allow a family member or significant other to accompany you or visit during your elective. Your plans should be communicated to the Center for Global Health (lyndsay.krisher@ucdenver.edu) and the site well in advance. Always be considerate of the burden that may be imposed on the site by having a guest stay with you. Housing, meals and transportation for your family member or guest should be paid according to the travel policy.
13. Will I be able to travel during the elective?
No vacation time is allowed during the elective. However, residents can take advantage of the weekends and local holidays to travel the country. You may schedule vacation prior or after the month elective if approved by your program. You should clearly communicate any vacation plans to your Program Director and send the Program Director a copy of your travel itinerary. All time away from the site during the month rotation (including weekends and in-country holidays) must be approved by your in-country preceptor to ensure your safety and comply with Graduate Medical Education policies.

14. Am I required to be proficient in Spanish?
Conversational and moderate to high-level Spanish is a great advantage when participating in this elective. For residents/fellows who have a basic level of Spanish, we encourage them to take 1 week of Spanish at the University of Colorado selected Spanish School in Quetzaltenango (Celas Mayas) before their elective month. Celas Mayas also offers Skype lessons that could be good to improve your Spanish language skills and proficiency. The CHD also has a translator who helps the residents with basic level of Spanish during their rotation, but take this opportunity to learn or improve your Spanish, you will not regret it.

15. Is a Global Health Elective for me?
Residents and fellows applying to the Global Health Elective program must be in good standing with their residency program and the University of Colorado Graduate Medical Education Office. Your application must be supported by your Department and Program Director. Residents who participate in Global Health Electives should be flexible and willing to step in where needed. In many instances, set schedules are not given ahead of time. A Global Health Elective is a wonderful opportunity to understand clinical presentation and management of common diseases in a resource-poor environment, as well as understand alternative health systems in cultural settings.

<table>
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<tr>
<th>Department/Program</th>
<th>Notify when applying for elective to receive permission</th>
<th>Coordinator Application/Questions</th>
<th>Email</th>
<th>Application Due Date 2015</th>
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<tr>
<td>Family Medicine Residents</td>
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<td>Maggie Sommers</td>
<td><a href="mailto:maggie.sommers@ucdenver.edu">maggie.sommers@ucdenver.edu</a></td>
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<tr>
<td>Obstetrics/Gynecology Residents</td>
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<tr>
<td>Pediatric Residents</td>
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<td>March 23</td>
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<tr>
<td>Med-Peds Residents</td>
<td>Dan Reirden</td>
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<td><a href="mailto:kathy.urban@childrenscolorado.org">kathy.urban@childrenscolorado.org</a></td>
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<tr>
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