Section One

INTRODUCTION/QUALITY/STAFF QUESTIONS

What do you think is important for us to know about the community you serve?

What do you think makes your program special?

What are the major challenges you face in providing quality substance abuse services to this community?

Probes:
- Adequate funding?
- Infrastructure, such as clinical and administrative space, computers and other equipment?
- Recruiting, hiring and retaining qualified staff?
- Staff fatigue and burnout
- Meeting regulatory requirements (JC, CARF, Medicaid/Medicare etc.)
- Lack of effective services for client population?
- Incorporating Traditional Healing into your services?
- Adapting Evidence-Based Treatment/Practices for client population?
- Coordinating services with other agencies?

Tell me about your staff.

Probes:
- Number of front-line clinical staff?
- Number that are AI/AN?
- Educational levels of staff?
- Certification levels of staff?

Are there specific training or skills that are not represented on your staff that would be helpful in strengthening your clinical program?
Section Two

CLINICAL SERVICES QUESTIONS

What kinds of services do you offer in your program?

Do you have any services/treatments that are really working for you [generate a list]? What are they?

[For each treatment/practice, ask:] You mentioned using __________ treatment.

How did you first learn about this treatment?

How did you go about considering including this treatment in your program?

   Probe:

     Did you/do you consider/use this treatment because of a grant/funding opportunity? To meet accreditation requirements? To get better reimbursement for the services you provide?

How would you rate the effectiveness of these services [try to get a rating from each participant] on a 1-5 scale [1=ineffective, 3=somewhat effective, 5=extremely effective]?

Why do you think this practice works well?

How did you prepare your program and staff to provide this treatment?

   Probes [for Euro-American treatments]:

     Did you and/or your staff take a class?
     Do you and/or your staff use a manual?

   Probes [for Traditional AI/AN treatments]:

     Did you hire a healer from the community to provide this treatment?
     Did you find a way to have your staff mentored so they could provide this treatment?

How do you decide on when you use this specific treatment?

How have you made this treatment work in your program?
Do you know if this treatment is considered evidence-based?

[for non-manualized Euro-American treatments:] Have you had to adapt this treatment for use with your AI/AN population?
   [If yes:] How have you adapted it?

[for manualized treatments:] Have you had to adapt this treatment for use with your AI/AN population?
   [If yes:] How have you adapted it?
   How true do you stay to the manual?”

Have you had any problems implementing this practice?
[If yes:] What kind of problems have you experienced?
   Probes:
      Staff attitudes?
      Funding?
      General infrastructure?
      Finding qualified staff to provide this treatment?
      Staff training?
      How have you dealt with these problems?

Do you collect any evidence on the impact of this practice?
   Probes:
      What kind of evidence/outcomes do you look at?
      Who determines what kind of evidence/outcomes you look at?
      Do you need to collect this evidence for accreditation or reimbursement purposes?
Section Three

SPECIFIC EBT QUESTIONS

[Hand the key informant the list of EBTs from page 7] Which of these treatments have you heard of? [generate a list – focus your questions on only those EBTs that you did not discuss with the key informant in Section Two]

[For each treatment/practice, ask:]

What do you know about ____________?.
How did you first learn about this treatment?

Have you ever used this treatment in your program?

[If no:] Did you ever consider using this treatment in your program?
[If yes:] How did you go about considering including this treatment in your program?

What made you decide not include this treatment in your program?

Probes:
Lack of flexibility?
Staffing concerns?
Did you/do you consider/use this treatment because of a grant/funding opportunity? To meet accreditation requirements? To get better reimbursement for the services you provide?

[If yes:] How did you go about considering including this treatment in your program?
What made you decide to include this treatment in your program?
Do you currently provide this treatment in your program?

[If no:] What made you decide to discontinue using this treatment?

Probes:
Lack of flexibility?
Staffing concerns?
Did you/do you consider/use this treatment because of a grant/funding opportunity? To meet accreditation requirements? To get better reimbursement for the services you provide?
Section Four
CLOSING QUESTIONS

Let’s talk about evidence-based treatments. How would you define evidence-based treatment?

What do you think of the push towards using evidence-based treatments?

Do you feel pressure from outside forces (i.e., people or policies from outside your program) to implement these evidence-based practices?

Probes:

- What kind of pressures have you felt or experienced?
- Where are the pressures coming from? Outside agencies? Funders of your services? Tribal councils? Clients? Community members?
- Do you think these pressures from outside forces affect the type or quality of care you offer?

Thank you for taking the time to answer all of my questions. Earlier you told me what kind of program you have. My last question is: what kind of program do you want to have?
Manualized Practices List

- 12-Step Facilitation
- Behavioral Couples Therapy
- Cognitive Behavioral Therapy
- Community Reinforcement and Family Training
- Contingency Management
- Matrix Model
- Motivational Interviewing
- Multisystemic Therapy
- Pharmacologic Interventions for Comorbid Psychiatric Conditions
- Pharmacologic Interventions for Relapse Prevention
- Pharmacologic Interventions for Withdrawal
- Relapse Prevention Therapy