Section One

INTRODUCTION/QUALITY QUESTIONS

What do you think is important for us to know about the community you serve?

What kind of clinical work do you like the most?

What do you think makes your program special?

What are the major challenges you face in providing quality substance abuse services to this community?

Probes:

  Client’s keeping appointments?
  Drug testing?
  Housing?
  Vocational/Job training?
  Referring to mental health services?
  Referring to medical services?
  Lack of effective services for client population?
  Incorporating Traditional Healing into your services?
  Adapting Evidence-Based Treatment/Practices for client population?
  Coordinating services with other agencies?
Section Two

CLINICAL SERVICES QUESTIONS

What kinds of services do you offer in your program?
Do you have any services/treatments that are really working for you? What are they?

[For each treatment/practice, ask:]

[For each treatment/practice, ask:] You mentioned using __________ treatment.

How did you first learn about this treatment?
How did you go about considering including this treatment in your program?
How would you rate the effectiveness of these services [try to get a rating from each participant] on a 1-5 scale [1=ineffective, 3=somewhat effective, 5=extremely effective]?
Why do you think this practice works well?

How did you prepare to provide this treatment?

Probes [for Euro-American treatments]:
Did you take classes?
Do you and/or your staff use a manual?

Probes [for Traditional AI/AN treatments]:
Did you hire a healer from the community to provide this treatment?
Were you mentored by a healer so you could provide this treatment?

How do you decide on when you use this specific treatment with a client?

How have you made this treatment work with your clients?

Do you know if this treatment is considered evidence-based?
[for non-manualized Euro-American treatments:] Have you had to adapt this treatment for use with your AI/AN population?

[If yes:] How have you adapted it?

[for manualized treatments:] Have you had to adapt this treatment for use with your AI/AN population?

[If yes:] How have you adapted it?

How true do you stay to the manual?”

Do you experience any difficulties in using this practice?

[If yes:] What kind of difficulties have you experienced?

Probes:

Time?

Rigidity?

Fit to clients’ needs?

Fit to clients’ culture?

How have you dealt with this/these difficulties?
Section Three

SPECIFIC EBT QUESTIONS

[Hand out copies of the list of EBTs from page 7 to the focus group members] Which of these treatments have you heard of? [generate a list – focus your questions on only those EBTs that you did not discuss with the key informant in Section Two]

[For each treatment/practice, ask:]

What do you know about ______________?

How did you first learn about this treatment?

Have you ever used this treatment with clients?

[If no:] Did you ever consider using this treatment?

[If yes:] How did you go about considering using this treatment with your clients?

What made you decide not include this treatment?

Probes:

Time?

Rigidity?

Fit to clients’ needs?

Fit to clients’ culture?
[If yes:] How did you go about considering using this treatment?
What made you decide to use this treatment?
Do you currently use this treatment with clients?

[If no:] What made you decide to discontinue using this treatment?

Probe:

Time?
Rigidity?
Fit to clients’ needs?
Fit to clients’ culture?
Section Four
CLOSING QUESTIONS

Let’s talk about evidence-based treatments. How do you define evidence-based treatment?

What do you think of the push towards using evidence-based treatments?

Do you feel pressure to use these evidence-based treatments?

Probes:

From whom?

What kind of pressures have you felt or experienced?

Do you think these pressures affect the type or quality of care you offer?

What do you think are the best ways to learn about new treatments for your clients, including evidence-based treatments?

Probes:

The internet?

Books?

Treatment Manuals?

Attending out of town meetings and/or trainings?

Supervision from someone trained to provide the treatment?

Does it matter if it is someone working in your program or someone working elsewhere?

Thank you for taking the time to answer all of my questions.
Manualized Practices List

When asking Specific EBT Questions (Section 2), please refer to the list of EBTs below.

- 12-Step Facilitation
- Behavioral Couples Therapy
- Cognitive Behavioral Therapy
- Community Reinforcement and Family Training
- Contingency Management
- Matrix Model
- Motivational Interviewing
- Multisystemic Therapy
- Pharmacologic Interventions for Comorbid Psychiatric Conditions
- Pharmacologic Interventions for Relapse Prevention
- Pharmacologic Interventions for Withdrawal
- Relapse Prevention Therapy