MCH-Link Program

colorado school of public health

UNIVERSITY OF COLORADO
COLORADO STATE UNIVERSITY
UNIVERSITY OF NORTHERN COLORADO

2019-2020
Summer (6/3-8/16) | Fall (8/26-12/13) | Spring (1/21-5/15)

SCHOLARSHIP OPPORTUNITY!
Full or partial funding is available to take the following courses this Summer, Fall or Spring for those who qualify through the MCH-Link Scholarship Program. Please visit: www.mch-link.org to learn more about MCH-Link or to find out if you are eligible to apply for the scholarship program.

Contact: Elizabeth.Greenwell@ucdenver.edu

Summer Courses 2019

Early Childhood Health: Adverse Childhood Experiences (ACEs), Toxic Stress and Health Equity
Instructor: Dr. Elizabeth Greenwell, ScD
Course Delivery: Online, 1 credit hour

This 1-credit graduate-level course provides an overview of early childhood health issues in the United States. By using a child equity and public health lens, the course will address how brain development and early life conditions such as adverse childhood experiences (ACEs), toxic stress, and physical and social environmental factors affect long-term health outcomes. Each topic covered in the course will integrate a review of programs, policies, community partnerships, and evidence-based prevention strategies.

Fall Courses 2019

Adolescent Health
Instructor: Dr. Ashley Brooks-Russell, PhD, MPH
Course Delivery: Online, 1 credit hour

This 1-credit graduate-level course will provide an overview of major adolescent health issues, with a strong focus on the United States. The course will take a public health perspective and integrate a review of evidence-based prevention strategies into each health topic covered in the course.

Please visit www.mch-link.org for more information!

See next page for more Fall 2019 course offerings!
**Maternal Nutrition**  
**Instructor:** Dr. Penny Bennett, PhD, MPH, CNM  
**Course Delivery:** Online, 1 credit hour

This 1-credit graduate-level course provides an overview of nutrition issues which may affect pregnant and breastfeeding women. Using a life-course perspective, the course integrates clinical information with public health practice, and also provides insight into the impact of traditional dietary practices during this vulnerable period.

**Childhood Nutrition**  
**Instructor:** Dr. Heather Aldrich, PhD  
**Course Delivery:** Online, 1 credit hour  
**Prerequisite:** CBHS 6670 Nutrition and PH, or basic nutrition course at the undergraduate or graduate level.

This 1-credit graduate-level course provides an overview of child nutrition from infancy to adolescence. Key child nutrition topics and challenges will be covered within the context of public health.

**Current and Regional Issues in Maternal and Child Health**  
**Instructor:** Dr. Kathy Kennedy, DrPH, MA  
**Course Delivery:** In-Person course with Public Health in the Rockies, 1 credit hour  
**Dates/Location:** Aug 27-30, 2019 (*evening meeting on the 27th) | Keystone, Colorado

This 1-credit graduate-level course offered in-person convenes during the Public Health in the Rockies Conference. With guidance from the instructor, students attending the conference will explore leadership needs and actions taken at the system level. Course learning objectives include:

- Describe challenges to MCH in their state, county or tribal community.
- Access current, major sources of MCH data and information about their community.
- Explain best and promising practices in current MCH programs.
- Network with other MCH professionals about public health topics.

**Current Research in American Indian and Alaska Native Child Health and Development**  
**Instructor:** Dr. Elizabeth Greenwell, ScD  
**Course Delivery:** In-Person course with Native Children’s Research Exchange (NCRE), 1 credit hour  
**Dates/Location:** September 11-13, 2019 (*afternoon meeting on 11th | University of Colorado AMC

This 1-credit graduate-level course will be offered in-person at the Native Children’s Research Exchange Conference (NCRE). NCRE’s mission is to bring together researchers studying child and adolescent development in American Indian and Alaska Native communities in the U.S. and Canada. The conference provides insight and ideas on how to promote health equity, and showcases multidisciplinary efforts in American Indian communities. With guidance from the instructor, students attending the conference will:

- Describe challenges to child health and development in AI and AN communities.
- Access data sources and explain current research on AI and AN child health and development.
- Network with MCH professionals and researchers who work in AI and AN communities.
Intimate Partner Violence: Epidemiology, Theory and Prevention
Instructor: Dr. Ashley Brooks-Russell, PhD, MPH
Course Delivery: Online, 1 credit hour

The goal of this course is to review the topic of intimate partner violence, with an emphasis on prevention and public health practice. Topics will include: definitional issues and critiques of measurement of partner violence; overview of epidemiology, including youth and special populations; commonly used theories for etiology and prevention, with special attention to gender perspectives; and evidence-based prevention and treatment strategies.

Developmental Screening and Referral *NEW
Instructor: Dr. Elizabeth Greenwell, ScD
Course Delivery: Online, 1 credit hour

Introduction to Sexual and Reproductive Health
Instructor: Dr. Sheana Bull, PhD, MPH
Course Delivery: Online, 1 credit hour

This graduate level 1-credit course is intended to introduce students to the biology of human sexuality and reproduction, components of healthy sexual relationships, prevention of sexually transmitted infections and fertility control, and issues related to sexual orientation.

Childhood Obesity
Instructor: Dr. Heather Aldrich, PhD
Course Delivery: Online, 1 credit hour
Prerequisite: CBHS 6670 Nutrition and PH, or a basic nutrition course at the undergraduate or graduate level

This course will provide an overview of childhood obesity assessment, prevention, and treatment. Key childhood obesity topics, behavioral counseling theories, frameworks and challenges will be covered within the context of public health.

Nutrition and Public Health
Instructor: Michael Barrale, MPH, RD
Course Delivery: Online, 1 credit hour

This course begins with an overview of nutrition and its relation to health and disease. Students will learn to evaluate public health nutrition research and address theories and frameworks, food insecurity, food policies and regulations, and federal nutrition programs.